

# Oral Health Self-Assessment

	Yes	No
Has it been <b>longer than 12 months</b> since your last dental cleaning?	<input type="radio"/>	<input type="radio"/>
Do your gums bleed when you brush your teeth?	<input type="radio"/>	<input type="radio"/>
Are your gums red or swollen?	<input type="radio"/>	<input type="radio"/>
Do you often have bad breath?	<input type="radio"/>	<input type="radio"/>
Have you noticed any loose teeth or changes when you bite down?	<input type="radio"/>	<input type="radio"/>

If you have answered “Yes” to any of these questions, you may be at risk for gum disease and should see your dentist for a check-up. Gum disease is often found in people with diabetes and needs to be treated to stay healthy.

1.2020

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