



Faith Haehy

"I am so sad when I think about the way I used to feel when I was overweight. I am so much happier now!"



Anita Moore

"I couldn't be more thrilled with the results!"



Jeremy Butler

"My joint pain has disappeared and I no longer have acid reflux. I've even exceeded my weight loss goal!"



Chase Roller

"I'd refer my mother to Dr. Eibes if she needed this surgery - that's how much I trust this team."

Visit iowaweightloss.com for more success stories!



Learn More

An educated patient is the best patient. We offer many resources so you can learn more about bariatric surgery and if it's right for you.

Informational Classes

We offer free informational classes. You'll be able to meet Dr. Eibes and his team and ask important questions.

5 Questions to Ask About Bariatric Surgery eBook

Download our free eBook from our website and learn more about surgery.

Contact Us

We want to help you live a healthier life.

Call us with any questions or to get more information about our weight loss programs.



IOWA WEIGHT LOSS SPECIALISTS



Your Weight Loss Journey Starts Here

West Des Moines Clinic
Sonoma Building
1089 Jordan Creek Parkway, Suite 116
West Des Moines, IA 50266 | 515-327-2000

Belmond Clinic
403 1st Street SE
Belmond, IA 50421 | 641-444-5577

iowaweightloss.com

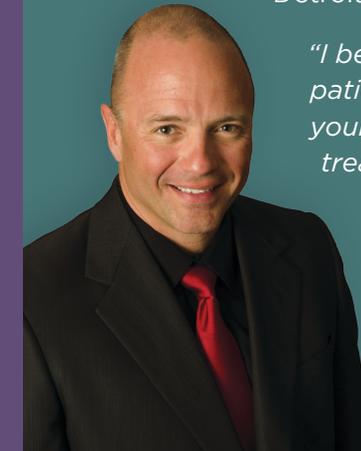
Your Weight Loss Health Specialists

Iowa Weight Loss Specialists is devoted to providing the best care to our patients. We believe in a team approach, which includes dietitians, psychiatric providers, exercise specialists and more. Our highly-trained, dedicated team of professionals, led by Dr. Todd Eibes, will guide you along your journey every step of the way.



Todd Eibes, MD, FACS is one of the most experienced bariatric surgeons in the Midwest having performed nearly 2,500 surgeries.

Born in Burlington, Iowa, Dr. Eibes graduated from the University of Iowa College of Medicine in 1994 and completed his surgical residency in Detroit, Michigan.



"I believe in treating every patient as you would want your family members to be treated and feel lucky that I have the opportunity to make a difference in my patients' lives."

Why Choose Surgery

Obese and morbidly obese individuals have less than a 1% chance of successfully losing half their excess weight through diet and exercise. This isn't for lack of trying. Obesity is caused by multiple factors, including a person's environment, their genetics, overeating and their physical and mental health.

For many patients, excess weight also causes long-term health issues such as hypertension, sleep apnea, depression and diabetes.

Surgery is not a quick fix or an easy answer for any of our patients. It's a tool to change their habits and become healthier and to live fuller, more productive lives.

Patients that undergo weight loss surgery see significant differences in most or all of their weight-related health issues and see long-term success with keeping the weight off.

“You made it possible for me to live a longer, healthier life. For that, I thank you for changing my life!”

– Kerry O.



Comprehensive Care

Everyone deserves to live a long and healthy life. Surgery isn't right for everyone, but for many obese patients, it is the most viable tool to reducing health-related challenges.

We ensure every patient has success. That means a lifestyle change, not just a surgery. We offer comprehensive pre- and post-op care with a team of specialists, which includes educational classes, nutrition and exercise assistance, and much more. We are there with you every step of the way along with psychiatric care and support groups to help you transition to your new healthy lifestyle.

Our Programs

We offer two programs and many resources to ensure our patient's success.

Laparoscopic Sleeve Gastrectomy

Also known as Vertical Sleeve Gastrectomy, this lower-risk surgery removes approximately 75% of the stomach, significantly reducing food intake and suppressing appetite. The risk of major post-operative complications are less than any other weight loss surgery and the results are long-lasting.

Our weight loss surgery program is always combined with exercise, diet modification, psychiatric counseling, regular follow-ups and support groups.

In addition to losing weight, many patients see dramatic improvements in health-related diseases such as diabetes, hypertension and sleep apnea.

Medical Weight Loss

Our non-surgical Medical Weight Loss program focuses on diet, exercise, psychiatric care and environmental factors to help you lose weight. We customize plans and track progress closely.

Patient Resources

We offer a customized plan and information for every patient to help them along every step of the way. This includes, but is not limited to the following:

- Free informational classes
- Private consultations
- Detailed handbook to guide patients
- Pre-surgery nutrition plan
- Post-surgery fitness and nutrition plan
- Post-surgery, lifelong follow-ups at both clinic offices
- Monthly support group meetings
- Psychiatric counseling
- Newsletters
- Collaboration with insurance companies. We accept a variety of insurance plans, including Wellmark and UnitedHealthcare.

Know the Facts

Obesity Facts:

- Over 65% of Americans are overweight or obese
- Contributes to and increases the likelihood of diseases like type 2 diabetes, sleep apnea, depression, high blood pressure, arthritis and more
- Morbid obesity (BMI > 40) can shorten a person's life expectancy by 14 years

Bariatric Facts:

- Surgery helps reduce or alleviate health-related diseases
- 90% of patients lose at least half of their excess weight
- Low-risk, 45-minute surgery, 1-2 day hospital stay, 2 week recovery

Living a Healthy Life:

- Increases life expectancy
- Decreases or prevents certain health issues including sleep apnea, hypertension, heart disease, diabetes, arthritis, stroke and some cancers
- Increases energy levels and boost endurance and muscle strength
- Decreases likelihood of excess weight gain



We perform our surgeries in Belmond, IA at Iowa Specialty Hospital because of their advanced facilities and nationally acclaimed excellence in patient safety and satisfaction. All patient follow-ups are completed at our clinic offices in Belmond or West Des Moines.