**2016 - 2018 CME Cycle**

**CME**

Show your commitment to patient care by reporting your CME. The AOA encourages all members to earn 120 credits over a three year cycle, of which 30 CME credits should be recorded in AOA Category 1-A. The remaining credits may be accumulated in any category: 1-A, 1-B, 2-A or 2-B. This amount should satisfy most state licensing and AOA Specialty Board requirements.

**AOA Recommendation: 120.00 CME Credits from 1/1/2016 to 12/31/2018**

<table>
<thead>
<tr>
<th>Total Credits (1A, 1B, 2A, 2B combined)</th>
<th>Credits Recommended</th>
<th>Credits Submitted</th>
<th>Credits Applied</th>
<th>Credits Needed</th>
<th>Recommendation Fulfilled</th>
</tr>
</thead>
<tbody>
<tr>
<td>120.00</td>
<td>105.75</td>
<td>105.75</td>
<td>14.25</td>
<td>NO</td>
<td></td>
</tr>
</tbody>
</table>

**At least 30 of your credits should be in Category 1A**

**Category 1A**

<table>
<thead>
<tr>
<th>Category 1A</th>
<th>Credits Recommended</th>
<th>Credits Submitted</th>
<th>Credits Applied</th>
<th>Credits Needed</th>
<th>Recommendation Fulfilled</th>
</tr>
</thead>
<tbody>
<tr>
<td>30.00</td>
<td>105.75</td>
<td>105.75</td>
<td>0</td>
<td>YES</td>
<td></td>
</tr>
</tbody>
</table>

**AOA Board Certification: Specialty Mandated CME**

Members who are board certified must earn a minimum of 50 CME credits (Category 1 or 2) in their specialties. For osteopathic physicians holding certain subspecialty certifications or certifications of added qualification (CAQs), a minimum of 13 of the 50 credits must be earned in each subspecialty or CAQ. If certified by the AOBEM, AOBFP, and/or AOBNNM, the total CME credit requirement is 150 credits to meet certification requirements. Physicians entering the program in mid-cycle should contact the AOA Customer Resource Center (CRC) for additional information.

Contact the AOA at (312) 202-8000 or (888) 62-MY-AOA (888-626-9262), or email crc@osteopathic.org.

Please see the Specialty CME Details below to view how reported CME activities were applied to this requirement.

**Please refer to OCC for additional Board requirements**

<table>
<thead>
<tr>
<th>Board</th>
<th>Specialty Credit Requirement</th>
<th>Credits Submitted</th>
<th>Credits Applied</th>
<th>Credits Needed</th>
<th>Requirement Met</th>
</tr>
</thead>
<tbody>
<tr>
<td>150 CME Credits Total, which includes 50 Specialty CME Credits, Required from 1/1/2016 to 12/31/2018</td>
<td>50.00</td>
<td>27.00</td>
<td>27.00</td>
<td>23.00</td>
<td>NO</td>
</tr>
</tbody>
</table>

**CME Details**

<table>
<thead>
<tr>
<th>Completion Date</th>
<th>Activity Name and CME Sponsor/Provider</th>
<th>Credit Type</th>
<th>Credits Submitted 1A</th>
<th>Credits Submitted 1B</th>
<th>Credits Submitted 2A/B</th>
</tr>
</thead>
<tbody>
<tr>
<td>01/08/2016</td>
<td>2016 OMEL Conference</td>
<td>1A</td>
<td>12.50</td>
<td>12.50</td>
<td></td>
</tr>
<tr>
<td>01/21/2016</td>
<td>SPEAKER ROSTER: Introduction to Ultrasound Des Moines University</td>
<td>1A</td>
<td>2.50</td>
<td>2.50</td>
<td></td>
</tr>
<tr>
<td>03/09/2016</td>
<td>Faculty Development Workshop: The Power of Point of Care Ultrasound Des Moines University</td>
<td>1A</td>
<td>2.50</td>
<td>2.50</td>
<td></td>
</tr>
<tr>
<td>03/09/2016</td>
<td>Faculty Development Workshop: The Power of Point of Care Ultrasound Speaker Des Moines University CME Rule(a): Formal Teaching in the Specialty</td>
<td>1A</td>
<td>2.50</td>
<td>2.50</td>
<td></td>
</tr>
<tr>
<td>04/09/2016</td>
<td>2016 AACOM Annual Meeting University of New England/College of Osteopathic Medicine</td>
<td>1A</td>
<td>15.00</td>
<td>15.00</td>
<td></td>
</tr>
<tr>
<td>04/22/2016</td>
<td>Resident Education Day Des Moines University</td>
<td>1A</td>
<td>2.00</td>
<td>2.00</td>
<td></td>
</tr>
</tbody>
</table>

**Residents Education Day (SPEAKER ROSTER)**
04/22/2016  Des Moines University  
CME Rule(s): Formal Teaching in the Specialty  
1A  2.00  2.00

04/30/2016  Annual Meeting 2016  
Association of Osteopathic Directors and Medical Educators  
1A  18.75  18.75

09/17/2016  OMED 2016 Opening General Session with Deepak Chopra  
American Osteopathic Association Bureau of Conventions  
1A  1.50  1.50

09/20/2016  OMED 2016 Annual Convention  
American Osteopathic Association Bureau of Conventions  
1A  10.00  10.00

09/20/2016  OMED 2016 Student Poster Competition  
American Osteopathic Association Bureau of Conventions  
1A  2.00  2.00

09/20/2016  OMED 2016 TOPCE  
American Osteopathic Association Bureau of Conventions  
1A  8.00  8.00

09/23/2016  Resident Education Day  
Des Moines University  
1A  2.00  2.00

11/05/2016  ACOEP Scientific Assembly  
American College of Osteopathic Emergency Physicians  
1A  14.50  14.50

12/31/2016  Osteopathic Medical Teaching  
Des Moines University  
CME Rule(s): Formal Teaching in the Specialty  
1A  10.00  10.00

TOTALS  105.75  105.75  0.00  0.00

Specialty CME Details

<table>
<thead>
<tr>
<th>Completion Date</th>
<th>Activity Name and CME Sponsor/Provider</th>
<th>Credit Type</th>
<th>Credits Submitted</th>
<th>EM</th>
</tr>
</thead>
</table>
| 01/08/2016      | 2016 OMEL Conference  
American Osteopathic Association Bureau of Conventions  | 1A | 12.50 | 0.00 |
| 01/21/2016      | SPEAKER ROSTER: Introduction to Ultrasound  
Des Moines University  
CME Rule(s): Formal Teaching in the Specialty  | 1A | 2.50 | 2.50 |
| 03/09/2016      | Faculty Development Workshop: The Power of Point of Care Ultrasound  
Des Moines University  | 1A | 2.50 | 0.00 |
| 03/09/2016      | Faculty Development Workshop: The Power of Point of Care Ultrasound Speaker  
Des Moines University  
CME Rule(s): Formal Teaching in the Specialty  | 1A | 2.50 | 2.50 |
| 04/09/2016      | 2016 AAOAOM Annual Meeting  
University of New England/College of Osteopathic Medicine  | 1A | 15.00 | 0.00 |
| 04/22/2016      | Resident Education Day  
Des Moines University  | 1A | 2.00 | 0.00 |
| 04/22/2016      | Resident Education Day (SPEAKER ROSTER)  
Des Moines University  
CME Rule(s): Formal Teaching in the Specialty  | 1A | 2.00 | 2.00 |
| 04/30/2016      | Annual Meeting 2016  
Association of Osteopathic Directors and Medical Educators  | 1A | 18.75 | 0.00 |
| 09/17/2016      | OMED 2016 Opening General Session with Deepak Chopra  
American Osteopathic Association Bureau of Conventions  | 1A | 1.50 | 0.00 |
| 09/20/2016      | OMED 2016 Annual Convention  
American Osteopathic Association Bureau of Conventions  | 1A | 10.00 | 10.00 |
| 09/20/2016      | OMED 2016 Student Poster Competition  
American Osteopathic Association Bureau of Conventions  | 1A | 2.00 | 0.00 |
| 09/20/2016      | OMED 2016 TOPCE  
American Osteopathic Association Bureau of Conventions  | 1A | 8.00 | 0.00 |
| 09/23/2016      | Resident Education Day  
Des Moines University  | 1A | 2.00 | 0.00 |
| 12/31/2016      | Osteopathic Medical Teaching  
Des Moines University  
CME Rule(s): Formal Teaching in the Specialty  | 1A | 10.00 | 10.00 |

TOTALS  91.25  27.00