

# CONCUSSION AND VESTIBULAR REHABILITATION AT KINETIC EDGE



Transforming Lives and Restoring Hope Through Movement



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## Vestibular therapy

Focuses on retraining the brain to process sensory information related to balance and spatial orientation, using techniques like gaze stabilization exercises, balance training, and habituation activities.


## Concussion Physical Therapy

On the other hand, concussion physical therapy addresses not only physical symptoms like neck pain and postural instability but also cognitive and visual processing challenges.

*Both types of therapy aim to improve function, reduce symptoms, and enhance the patient's overall quality of life through personalized, progressive treatment plans. These services are typically provided by licensed physical therapists with specialized training in neurology and vestibular rehabilitation.*

## GET IN TOUCH TODAY!

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