

Transforming Lives and Restoring Hope Through Movement

OUR SERVICES:

- *Physical Therapy*
- *Sports Rehabilitation*
- *Pediatric Therapy*
- *Concussion Management*
- *Vestibular Rehabilitation*
- *Women's Health*
- *Athlete's Edge Assessment*
- *Dry Needling*
- *Worker Performance*
- *Athletic Training & Recovery Services*
- *Astym Treatments*
- *Chronic and acute pain management*
- *Mobility Services (Kinetic Edge Direct)*
- *TMJ disorders*
- *+ SO MUCH MORE!*




**Call today to schedule
a FREE 20 minute
screen with one of our
movement experts!**



CONTACT US!



 6000 Grand Ave, Suite K, Des Moines

 515-309-4706

 KineticEdgePT.com

 @kept_desmoines



MEET OUR DES MOINES TEAM



Kaity Hall, PT, DPT
Clinic Manager
Doctor of Physical Therapy



Todd Schemper, PT, DPT
COO
Doctor of Physical Therapy



Lisa Brekke, PT, DPT
Doctor of Physical Therapy



Emma McCauley, PT, DPT
Doctor of Physical Therapy



Abbey Woodbeck, PT, DPT
Doctor of Physical Therapy



Ty Kloft, PT, DPT
Doctor of Physical Therapy



Tessa Kleinwolterink, OTD, OTR/L
Doctor of Occupational Therapy



James Laughlin, PTA
Doctor of Physical Therapy



Candess Crawford
Care Coordinator



Alexis Lovinggood, MOT, OTR/L
Occupational Therapist



Abby Alberti
Care Coordinator



What others are saying...

"Our family has been so blessed by the OTs at Kinetic Edge. Over the years, they have lovingly treated our children, educated us and provided us with skills and strategies to support our kids through difficult moments. They offered us hope during our darkest moments and patiently and lovingly walked alongside us until we reached the other side. We are eternally grateful." -Carrie V.Z.

"I've had chronic neck pain for a few years, and physical therapy was the last thing I thought could help. After trying every remedy from doctors, I finally found relief at Kinetic Edge. They have significantly decreased my pain, and I can't thank them enough!" -Julie A.