

## Iowa Health Care Association — LTC Medical Directors and Pharmacists Senior Care Conference

### Speaker Bios

**Dr. Robert Bender** started practicing Geriatrics in central Iowa in 1981. Dr. Bender currently works at Broadlawns Medical Center where he sees patients, teaches, and does research. He is also the Medical Director of the Aging Mind Think Tank. This is a multidisciplinary group that studies all aspects of the aging mind and brain. Dr. Bender, serves as an Assistant Medical Director of The Johnny Orr Memory Center And Healthy Aging Institute. Dr. Bender serves as Member of Scientific Team at HAPPYneuron, Inc. He serves as Scientific Partner of USA at Scientific Brain Training SA. He has served on the faculties of Mercy-Mayo Hospital, where he developed and directed the Family Practice residency from 1994 to 1998, and Iowa Methodist Medical Center, where he served as Director of Geriatrics for the Internal Medicine Residency from 1998 to 2006.

**Ryan Carnahan** is a Clinical Associate Professor of epidemiology at the University of Iowa. He serves as the Co-Principal Investigator of the Iowa Geriatric Education Center and Associate Director of the Health Effectiveness Research Center. He also works with the Food and Drug Administration's active medical product safety surveillance program, Mini-Sentinel. Dr. Carnahan completed a PharmD, a MS in epidemiology, and a three-year post-doctoral fellowship in clinical psychopharmacology at the University of Iowa. He is a board certified psychiatric pharmacist.

**Charles Crecelius, MD, PhD, CMD** is a Past President of AMDA – The Society for Post-Acute and Long Term Care Medicine, and of the Missouri Association of Long Term Care Practitioners. Dr. Crecelius is a geriatrician and multi-facility medical director for Delmar Gardens Nursing Homes, Assistant Clinical Professor of Internal Medicine and Geriatrics at Washington University School of Medicine, a Fellow in the American College of Physicians, and is listed in both Best Doctors and Top Doctors in America. He is the immediate Past Chair of AMDA's Public Policy Committee, and is the Project Medical Director for the CMMI-funded Missouri Quality Initiative for Nursing Homes (MOQI).

**Randy McDonough** is co-owner of Towncrest, Solon Towncrest, and Towncrest Compounding Pharmacies. He is also co-founder/co-owner of Innovative Pharmacy Solutions. He oversees Towncrest Pharmacy's clinical services including MTM services, nursing home consulting, wellness screenings, immunizations, and adherence services. He is responsible for development, implementation, and quality assurance for all aspects of the clinic and services. He is board certified in geriatrics and as a pharmacotherapy specialist. He has presented nationally and internationally on pharmaceutical care, MTM services and Performance Measures in the community pharmacy setting.

**Paul Mulhausen, MD**, is the Chief Medical Officer for Telligen, a national quality improvement and medical management firm specializing in population health management, quality improvement, and information management services. He is an adjunct Professor of Medicine with the University of Iowa Carver College of Medicine and the former Director of the Iowa Geriatric Education Center. Dr. Mulhausen is a geriatrician and internist with over 20 years of clinical practice and is Chair of the American Geriatrics Society's Clinical Practice and Models of Care Committee and the AGS Choosing Wisely Workgroup. Dr. Mulhausen received his medical degree from the University of Minnesota and completed his postgraduate medical education at Duke University School of Medicine.

**J. David Nordstrom, MD**, has been practicing internal medicine for over 35 years, and is board certified in Hospice and Palliative Medicine. He received his MD from the University of Kansas School of Medicine, and completed his internships at the University of Iowa Hospitals. For the past 13 years, he has served as medical director at UnityPoint Health – Des Moines and UnityPoint at Home for the hospice and palliative care programs. In 2013, UnityPoint Health was awarded the Circle of Life Award from the American Hospital Association in recognition of the system's innovative palliative care program.

**Justin Rash** is a Board Certified Geriatric Pharmacist with a Doctorate in Pharmacy from Drake University. Dr. Rash serves as the Vice President of Clinical Services for Martin Health Services, as well as a consultant pharmacist, serving about 1000 patients in 16 facilities each month. He was the founding Chair of the Long-term Care/Senior Care Advisory Committee for the Iowa Pharmacy Association, and recently completed his term as a Board of Trustees member with IPA. Dr. Rash serves on a number of local and national organizations, working to advance quality patient care through pharmacy practice in LTC.

**Dr. Jeffrey C. Reist BS, PharmD, BCPS**, is a Clinical Associate Professor and Director of the Pharmacy Practice Laboratory at the University of Iowa College of Pharmacy. He maintains a clinical practice site in the Geriatric Assessment Clinic at the University of Iowa Hospitals and Clinics Department of Family Medicine. He is a graduate of the University of Iowa College of Pharmacy (BS Pharm) and the University of Florida College of Pharmacy (PharmD). He is Board Certified as a Pharmacotherapy Specialist by the Board of Pharmaceutical Specialties.