

**NAMI Iowa's Annual Conference**  
**November 15, 2019 • 9:20 am – 5:15 pm**  
**Ramada Tropics Resort / Conference Center, Des Moines, IA**

**ATTENDANCE ATTESTATION**

*Please return to the registration desk.  
Instructions on how to access your certificate will be emailed within six (6) weeks of the activity.*

**ATTENDEE INFORMATION**

**Name:** \_\_\_\_\_ **Credentials:** \_\_\_\_\_

**Email Address (Required):** \_\_\_\_\_

**Profession:**    **MD**         **DO**         **Nurse Practitioner**     **Nurse\***     **Social Worker**  
 **Other Healthcare Professional**

**AOA or License #:** \_\_\_\_\_ **Specialty:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip Code:** \_\_\_\_\_

**PLEASE MARK THE SESSION(S) YOU ATTENDED**

- 9:30 am    NAMI Programs: How to Avoid Burnout and Remain Effective (1.0)
- 10:30 am   Panel on Law Enforcement's Role in Mental Health and Co-Advocacy (1.0)
- 12:15 pm   ACEs (0.75)
- 1:20 pm    SELECT ONE: Breakout Session 1 (0.75)
  - Strategic Communication: Telling Your Story with Impact - Part 1
  - Latest Trends and Treatments at the University of Iowa Mood Disorder Clinic
  - Ending the Silence: A Mental Health Awareness Program for Youth
- 2:20 pm    SELECT ONE: Breakout Session 2 (0.75)
  - Strategic Communication: Telling Your Story with Impact - Part 2
  - Success of Transcranial Magnetic Stimulation in Treatment-Resistant Depression
  - Intersectionality and Identity in Mental Health Treatment
- 3:05 pm    SELECT ONE: Breakout Session 3 (0.75)
  - Nonprofit Board Building and Transformational Governance
  - Panel on NAMI Provider Education in the DMU School of Osteopathic Medicine
  - Serving Survivors of Sexual Violence with Mental Illness
- 4:10 pm    Hope & Healing: My Journey with Mental Health (1.0)

\* Nurses must attend the entire day to receive credit. No partial credit awarded.

**<< Turn over to read the continuing education information. >>**

## CONTINUING EDUCATION INFORMATION

**DISCLOSURES:** Relevant to the content of this educational activity, the following individual(s) have no conflict(s) with commercial interest companies to disclose.

- Eric Barlow, MD, Speaker
- Zach Blevins, Activity Coordinator and Planning Committee Member
- Judy Bradshaw, Speaker
- Lyndsey Fennelly, Speaker
- Dawn Grittmann, Speaker
- Connie Grunder, Speaker
- Amanda Heeren, LMSW, Speaker
- Lynn Hicks, Speaker
- Peggy Huppert, Activity Director and Planning Committee Member
- Buffy Jamison, MA, Speaker
- Nadia La Fontant, Speaker
- Michael Newton, Speaker
- Amy Shriver, MD, FAAP, Speaker
- Gina Skinner-Thebo, Speaker
- Heather Strachan, PRS, ICPR, Activity Director, Planning Committee Member, and Speaker
- Lisa Streyffeler, PhD, Speaker
- Marty Parrish, Speaker
- Nina Richtman, Planning Committee Member
- Suzanne Robinson, Speaker
- Tony Thompson, Speaker
- Cindy Woodard, Planning Committee Member

## CONTINUING EDUCATION CREDIT

- **MD:** This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Iowa Medical Society (IMS) through the joint providership of Des Moines University (DMU) and the National Alliance on Mental Illness, Iowa. Des Moines University (DMU) is accredited by the IMS to provide continuing medical education for physicians. DMU designates this live activity for 6.0 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
- **DO:** Des Moines University (DMU) is accredited by the American Osteopathic Association (AOA) to provide osteopathic continuing medical education for physicians. DMU designates this program for a maximum of 6.0 AOA Category 2-A credits and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.
- **Nurse:** Des Moines University continuing education is Iowa Board of Nursing approved provider #112. This live activity has been reviewed and approved for 6.0 continuing education contact hour(s). No partial credit awarded.
- **Other health providers:** This live activity is designated for 6.0 *AMA PRA Category 1 Credit(s)*<sup>™</sup>.



**EDUCATIONAL GRANTS:** No commercial interest company provided financial support for this continuing education activity.

**DISCLAIMER:** The speakers will also disclose if any pharmaceuticals or medical procedures and devices discussed are investigational or unapproved for use by the U.S. Food and Drug Administration (FDA). Determination of educational content and the selection of speakers is the responsibility of the activity director. Commercial interest companies providing financial support did not have input in developing the agenda for this educational activity. The information provided at this CME activity is for continuing education purposes only and is not meant to substitute for the independent medical judgment of a healthcare provider relative to diagnostic and treatment options of a specific patient's medical condition. The content of each presentation does not necessarily reflect the views of Des Moines University.



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ATTENDEE INFORMATION

Name: Susan Friedrich Credentials: \_\_\_\_\_

Email Address (Required): friedrichsusan@gmail.com

Profession:  MD  DO  Nurse Practitioner  Nurse\*  Social Worker  
 Other Healthcare Professional

AOA or License #: \_\_\_\_\_ Specialty: \_\_\_\_\_

Address: 8224 200th St

City: West Union State: IA Zip Code: 52175

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