

Gray, Vanessa

From: Des Moines University <info@dmu.edu>
Sent: Monday, October 05, 2020 7:30 AM
To: Gray, Vanessa
Subject: Your Weekly Dose of DMU - October 5



DES MOINES UNIVERSITY

MEDICINE & HEALTH SCIENCES





ANNOUNCEMENTS

The 11th Annual DMU Research Symposium is going VIRTUAL!

Save the date to join us virtually for the 2020 DMU Research Symposium on Thursday, December 3. We will be welcoming DMU alumnus S. Vincent Grasso, D.O.'91, MSIS, M.B.A., as our keynote speaker. Poster submissions are due November 1. Don't miss out on showcasing your research to DMU and the research community. [Learn more](#)

United Way's 21-Day Equity Challenge starts today

We are pleased to announce that DMU has joined 300+ other organizations in our community in support of the United Way 21 Day Equity Challenge. DMU is registered as an organizational member, and the University encourages others to register your individual support. Whereas DMU's Office of Multicultural Affairs announced our own **21-Day 8:46 Personal Challenge** in June, along with a series of other workshops and resource materials, we now have another opportunity to promote the values of diversity, equity and inclusion within our greater Des Moines community. [Learn more on Pulse](#)

Smart Cents: Where Did My Money Go?!?

At the end of the month do you know where all your money went? If you find yourself in need of a way to track your expenses and establish a budget, then this Smart Cents presentation is for you! Join us on Thursday, October 15 at Noon. We will discuss ways to track your expenses, budgeting techniques, and different resources available to students to assist them with creating their own budget. Budgets don't have to be hard, attend this presentation and find out why! [RSVP and register on OrgSync today!](#)

Preceptor Development Webinar: Evaluating the Student with Reliability and Validity, November 12

You're invited to attend this continuing education activity. Join us for Evaluating the Student with Reliability and Validity on Thursday, November 12, from 12:15 - 12:45 p.m. CST. [Register online.](#)

Iowa Critical Access Hospital Community Health Needs Assessment + Action Planning Education: Are You Capturing All IRS General Requirements for Tax Exemption?

This webinar will describe the general requirements of the CHNA and the Implementation Plan that must be met, the strengths and weaknesses of the Iowa CHNAs and Plans, and the best practices to overcome these weaknesses. It will also discuss the major priorities of Iowa hospitals and how the implementation strategies and interventions can improve the health of individual patients and the overall population of the community. [Please view the event website for more information.](#)

Friday Research Seminar-Physiology & Pharmacology Department

Join us on Friday, October 9 from 12-1 p.m. for Synthetic Biology for Engineered Live Therapeutics presented by Thomas J. Mansell, PhD, Assistant Professor, Department of Chemical & Biological Engineering at Iowa State University. [Join via Zoom](#)

Safety Mama wants to see your safety style

Get your masks ready and practice your eye smiles for the Mask Selfie Competition! There will be three categories which means there will be three winners! We've got great Safety Mama approved prizes for the Most Colorful, Most Original, and Most DMU Proud. Submit your photos to the [OneDrive folder](#) by **Wednesday, October 7**. Please include your first and last name in the file. The voting will start Thursday, watch Pulse and your emails for the link.

Safety Mama - Hang in There, Safety Week is Coming!

Get ready for a week of all things SAFETY from October 5-9. From fire extinguisher training to a selfie contest, we've got you covered!

Flu Shots are Here!

Be sure to [sign up on Pulse](#). Located in Academic Center Atrium. Available for students and benefit eligible employees.

October Continuing Education Activities

The continuing education department has an exciting month of activities planned. Hope you can join us!

October 1-2 [4th Annual Geriatric Behavioral Health Conference](#)

October 2 [Mental Health in the New Normal](#)

October 7 [Approaches to Pain Management Conference](#)

October 15 [DMU Grand Rounds: Primitive Reflexes and Developmental Delays in Young Children](#)

October 16 [Death, Grief, and Compassion Fatigue](#)

October 20 [Hepatitis C ECHO](#)

October 21 [Iowa Critical Access Hospital Community Health Needs Assessment + Action Planning Education: Are You Capturing All IRS General Requirements for Tax Exemption](#)

October 22 [Preceptor Development Webinar: Incorporating Teaching into a Busy Practice](#)

October 27 [Cognitive Decline of Older Adults in Africa: How Do We Detect It?](#)

NEWS

Exploring artificial intelligence as a tool for clinicians

Technology continues to advance in practically all aspects of daily life, including in health care. What are the best ways to take advantage of the tools of technology to achieve the "Triple Aim" in health care – decreased costs, better clinical outcomes and higher patient satisfaction?

Potty training tips for when your child wets their pants

Potty training is fun...said no one ever. We've put together some tips and tricks to help get you and your little one through this challenging-but-exciting phase of life.

Calcium + vitamin D + exercise = enhanced physical function, strength

Some recently published research is news you can use: Older adults may enjoy increased physical function and muscle strength by taking calcium and Vitamin D supplements.

EVENTS THIS WEEK

Monday, October 5

7:15 am Pre-Exam Prayer (2nd Year Exam)

12:00 pm Safe Zone: Informational Session

Tuesday, October 6

7:00 am Tumor Boards - General

9:00 am Iowa Hospital Association Virtual Annual Meeting

12:00 pm Chamber Ensemble Rehearsal

12:00 pm Group Bible Study

12:00 pm Safe Zone: Panel

1:30 pm CEE Faculty Support Drop-In hours

4:15 pm Students: Bring Your Own Questions Hour!

6:00 pm Choir Rehearsal

Wednesday, October 7

7:00 am Tumor Boards - Breast

8:00 am Fall 2020 Diversity Health Series: Hozho: Life in Balance

9:00 am Approaches to Pain Management Conference

9:00 am Iowa Hospital Association Virtual Annual Meeting

12:00 pm Specialty Panel

1:30 pm Creating Opportunities: At A Glance (Virtual)

3:00 pm CEE Faculty Support Drop-In hours

Thursday, October 8

7:15 am Pre-Exam Prayer (2nd Year Exam)

- 9:00 am Iowa Hospital Association Virtual Annual Meeting
- 9:30 am CEE Faculty Support Drop-In hours
- 11:00 am Glanton 2020: An Event for Change
- 12:00 pm 1st Five/Nine2Thrive
- 12:00 pm Implicit Bias Series: Rev. Dr. Jennifer Harvey 'Ally is a Verb'
- 4:00 pm Student-led Interprofessional Panel
- 5:00 pm \$mart Cents: Fall Financial Panel of Experts
- 5:00 pm Broadlawns Psychiatry - Meet the Program!

Friday, October 9

- 7:00 am Tumor Boards - Head & Neck
- 7:30 am Students: Bring Your Own Questions Hour!
- 12:00 pm Green Bandana Project Training

Saturday, October 10

— No Scheduled Events —

Sunday, October 11

— No Scheduled Events —

October is National Physical Therapy month! Although this year looks a little different than previous years, this month is still a time to celebrate wellness, education, research and movement. All of these components of physical therapy will be found here on DMU DPT's new Instagram to highlight the DMU DPT department, students, clinical team and staff.

 [@dmudpt](https://www.instagram.com/dmudpt)



NATIONAL
PHYSICAL
THERAPY
MONTH





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