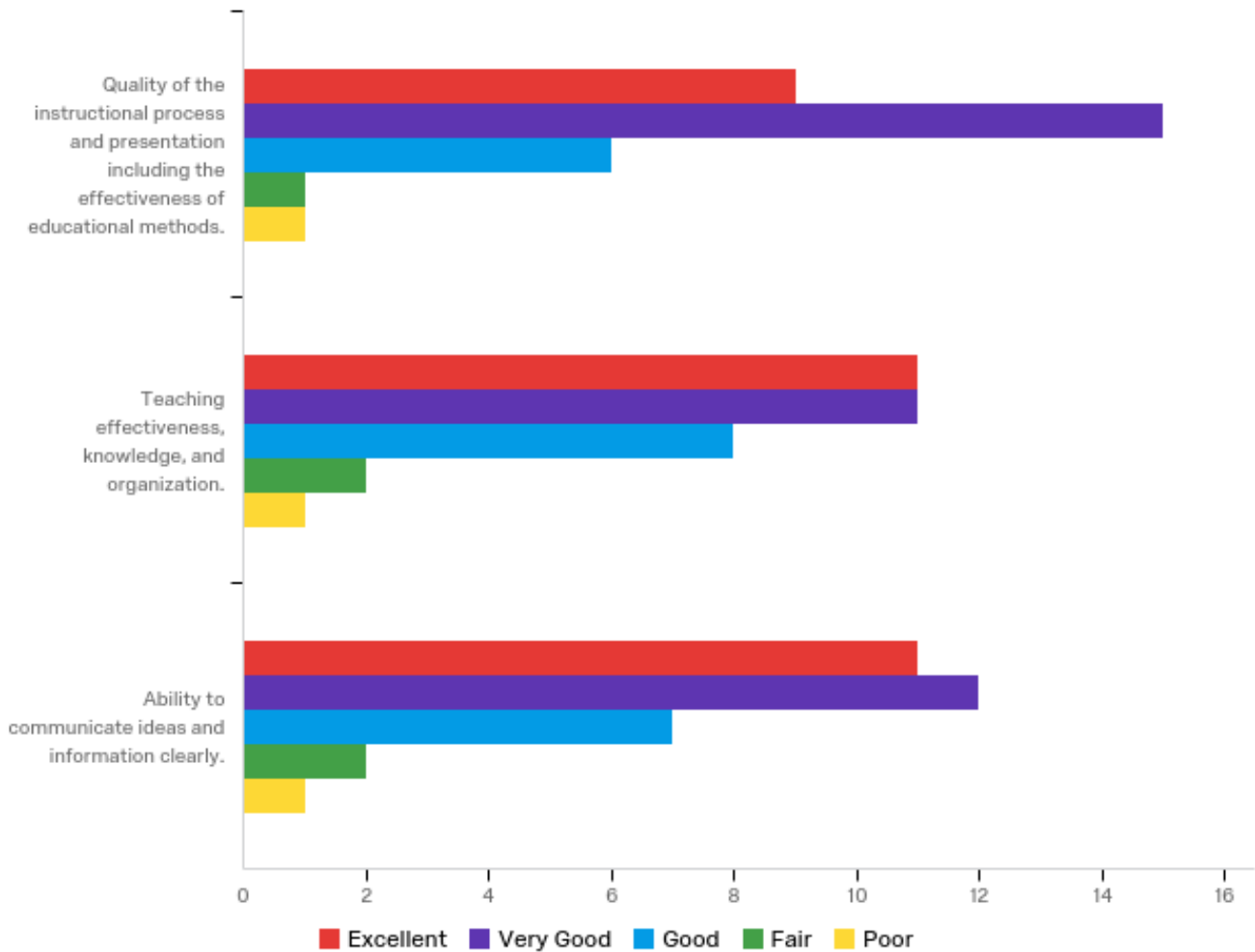


CME Evaluation Summary

7th Annual LGBTQ Health & Wellness Conference: Intersectionality as a Framework

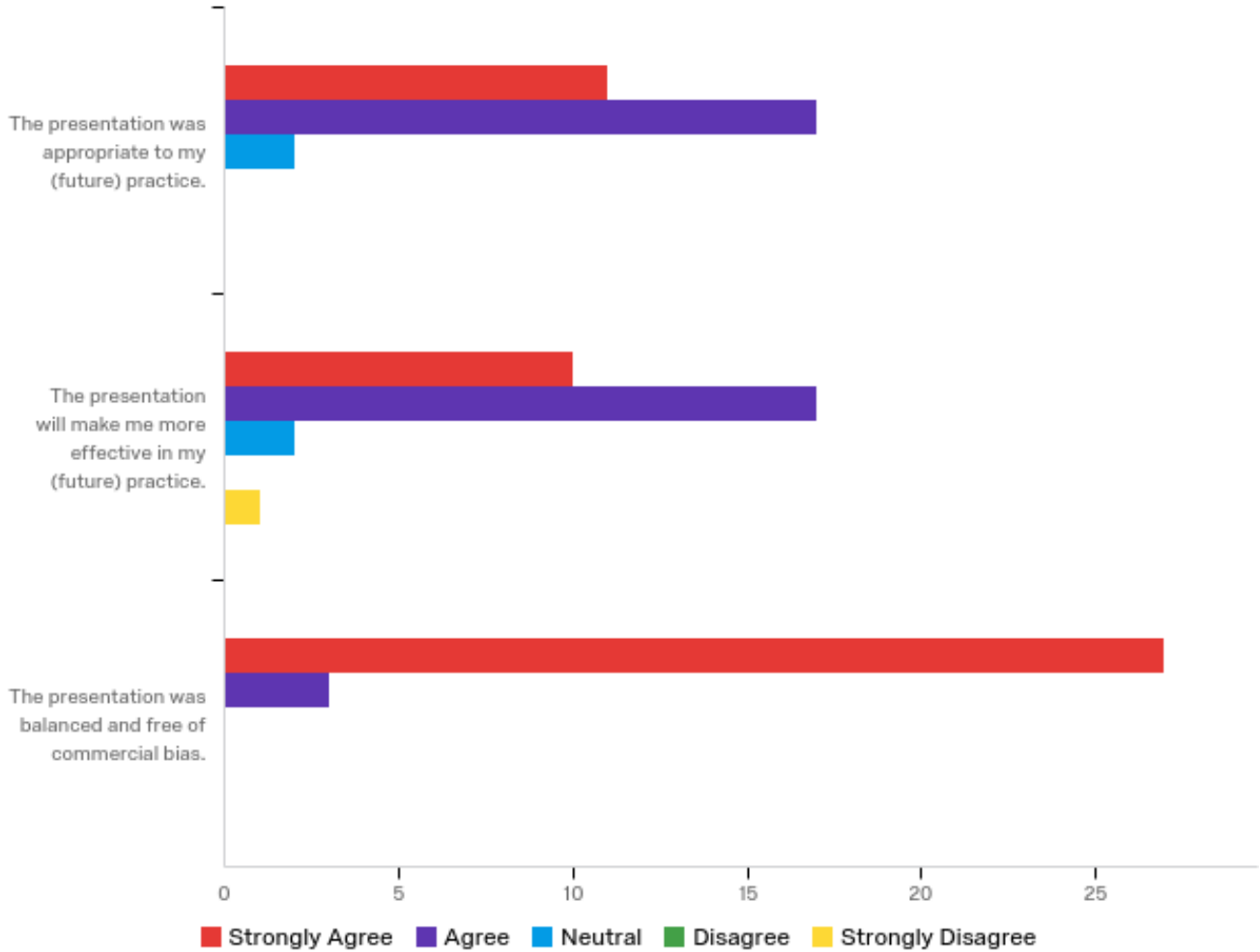
February 23, 2019

Q1 - Please rate the following questions regarding keynote speaker Mr. Joby Holcomb's presentation:



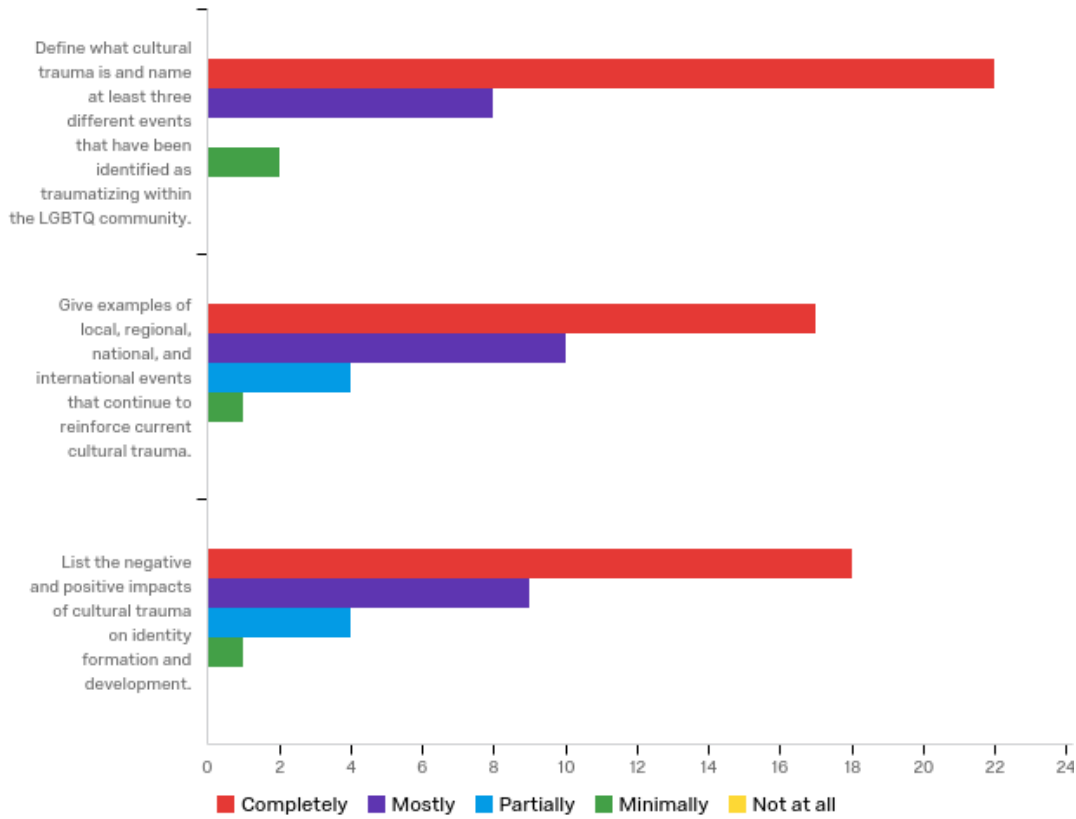
#	Please rate the following:	Excellent		Very Good		Good		Fair		Poor		Total
1	Quality of the instructional process and presentation including the effectiveness of educational methods.	28.13%	9	46.88%	15	18.75%	6	3.13%	1	3.13%	1	32
2	Teaching effectiveness, knowledge, and organization.	33.33%	11	33.33%	11	24.24%	8	6.06%	2	3.03%	1	33
3	Ability to communicate ideas and information clearly.	33.33%	11	36.36%	12	21.21%	7	6.06%	2	3.03%	1	33

Q2 - Please indicate the extent to which you agree with the following statements regarding Mr. Joby Holcomb's presentation:



#	Please indicate the extent to which you agree with the following statements:	Strongly Agree		Agree		Neutral		Disagree		Strongly Disagree		Total
1	The presentation was appropriate to my (future) practice.	36.67%	11	56.67%	17	6.67%	2	0.00%	0	0.00%	0	30
2	The presentation will make me more effective in my (future) practice.	33.33%	10	56.67%	17	6.67%	2	0.00%	0	3.33%	1	30
3	The presentation was balanced and free of commercial bias.	90.00%	27	10.00%	3	0.00%	0	0.00%	0	0.00%	0	30

Q3 - Did the activity meet your expectations in accomplishing the stated objectives?



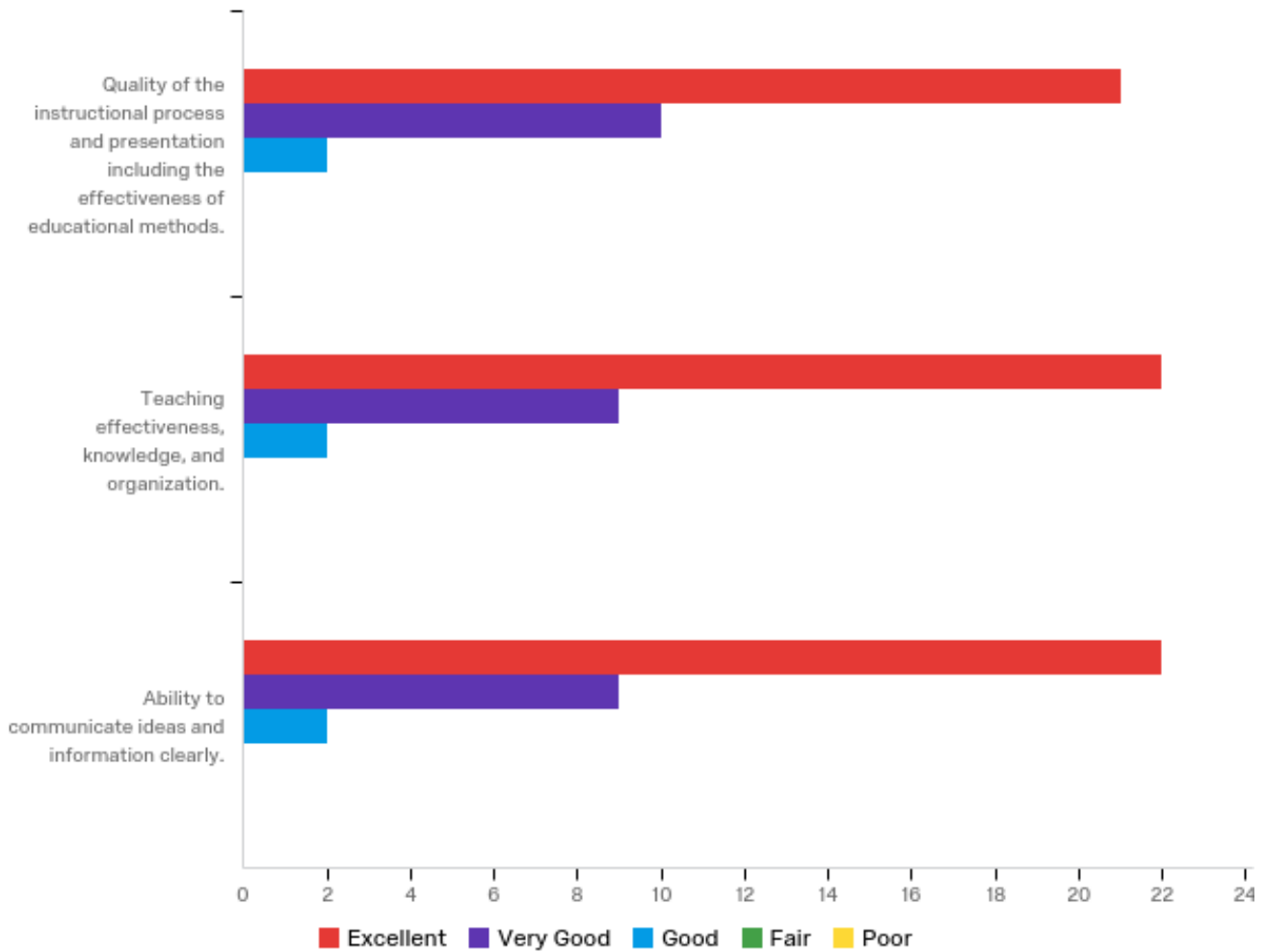
#	Did the activity meet your expectations in accomplishing the stated objectives?	Completely	Mostly	Partially	Minimally	Not at all	Total					
1	Define what cultural trauma is and name at least three different events that have been identified as traumatizing within the LGBTQ community.	68.75%	22	25.00%	8	0.00%	0	6.25%	2	0.00%	0	32
2	Give examples of local, regional, national, and international events that continue to reinforce current cultural trauma.	53.13%	17	31.25%	10	12.50%	4	3.13%	1	0.00%	0	32
3	List the negative and positive impacts of cultural trauma	56.25%	18	28.13%	9	12.50%	4	3.13%	1	0.00%	0	32

	on identity formation and development.												
--	--	--	--	--	--	--	--	--	--	--	--	--	--

Q4 - Do you have any comments regarding Mr. Joby Holcomb's presentation?

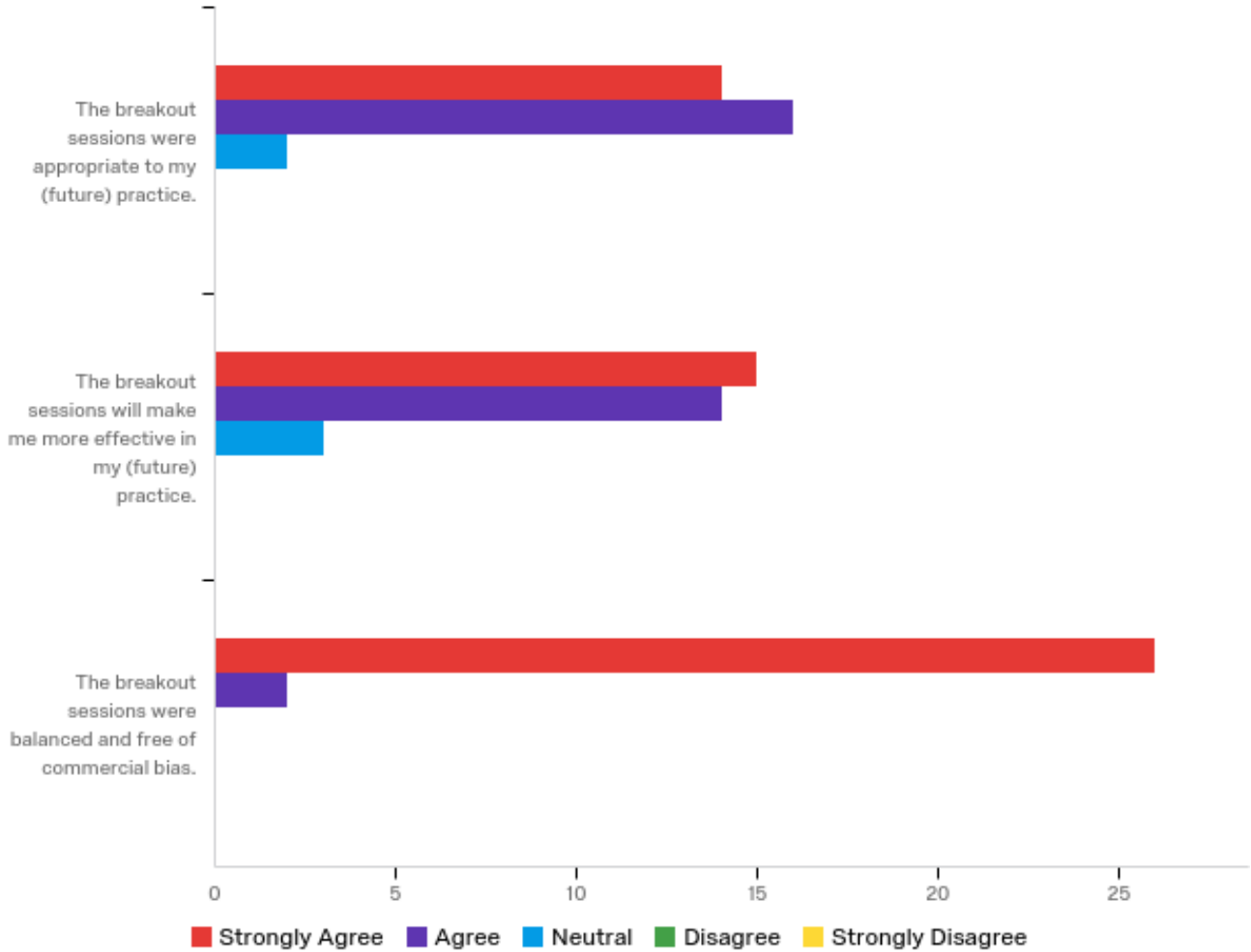
- I wish we would have had more time with Mr. Holcomb.
- Very important topic, handled well--appreciated his demeanor and knowledge. I wish we could have had more time and/or time used more efficiently. It felt like we missed out on processing some takeaways/specific examples.
- I wish he could have spoken longer. He provided very good material.
- I had a hard time following him. I thought that the content was good, but his presentation was not delivered well. It was disappointing that he did not go through the whole presentation.
- I'm not sure I heard the positives or international events for cultural trauma.
- I appreciated the audience participation.
- Cultural trauma is a topic that is hard to cover in a one-hour session.
- Joby did a great job at starting the conversation.
- I always wish he had more time.
- This was a great presentation! He needed more time. It was hard to hear the audience members without a microphone.
- It would have been good to have a basic knowledge "lecture" first and not have a group like this NOT do whole group open-ended questions/answers. Mr. Holcomb was soft-spoken and hard to understand. This group was too large to hold discussions. I was unable to hear comments, and most were not repeated. There was too much time wasted waiting for comments. The printing was too small on the slides. There was no major summary or definitions included.
- There was not enough time for Mr. Holcomb. I would have him do 2 presentations--one for the public and one for health care professionals.
- Needs notes/videos.
- I would like to have more time for Mr. Joby Holcomb to present. I would like to have more information/examples of his vast knowledge.
- Understanding cultural trauma can help to tie into trauma-informed care. This could help to expand on questionnaires regarding adverse childhood experiences (ACEs) to make them more inclusive and/or comprehensive.
- Audience participants weren't audible. The presenter needed to repeat their comments or make microphones available. I can read the PowerPoint slides myself and would have liked expanded comments from July.
- Make sure there is enough time allotted for content. I wish Joby had more time to talk. He did not cover all his material sufficiently.
- Use fewer PowerPoint slides.
- I wish we had more time to talk with him. He was an excellent speaker--very knowledgeable and open/approachable.
- An hour is such a short time to do the topic justice. I appreciated the overview, but I think the "So what now..." was missing. I also think an opportunity was missed with making the information intersectional.

Q5 - Please rate the following regarding the breakout sessions you attended:



#	Please rate the following regarding the breakout sessions you attended:	Excellent		Very Good		Good		Fair		Poor		Total
1	Quality of the instructional process and presentation including the effectiveness of educational methods.	63.64%	21	30.30%	10	6.06%	2	0.00%	0	0.00%	0	33
2	Teaching effectiveness, knowledge, and organization.	66.67%	22	27.27%	9	6.06%	2	0.00%	0	0.00%	0	33
3	Ability to communicate ideas and information clearly.	66.67%	22	27.27%	9	6.06%	2	0.00%	0	0.00%	0	33

Q6 - Please indicate the extent to which you agree with the following statements regarding the breakout sessions you attended:

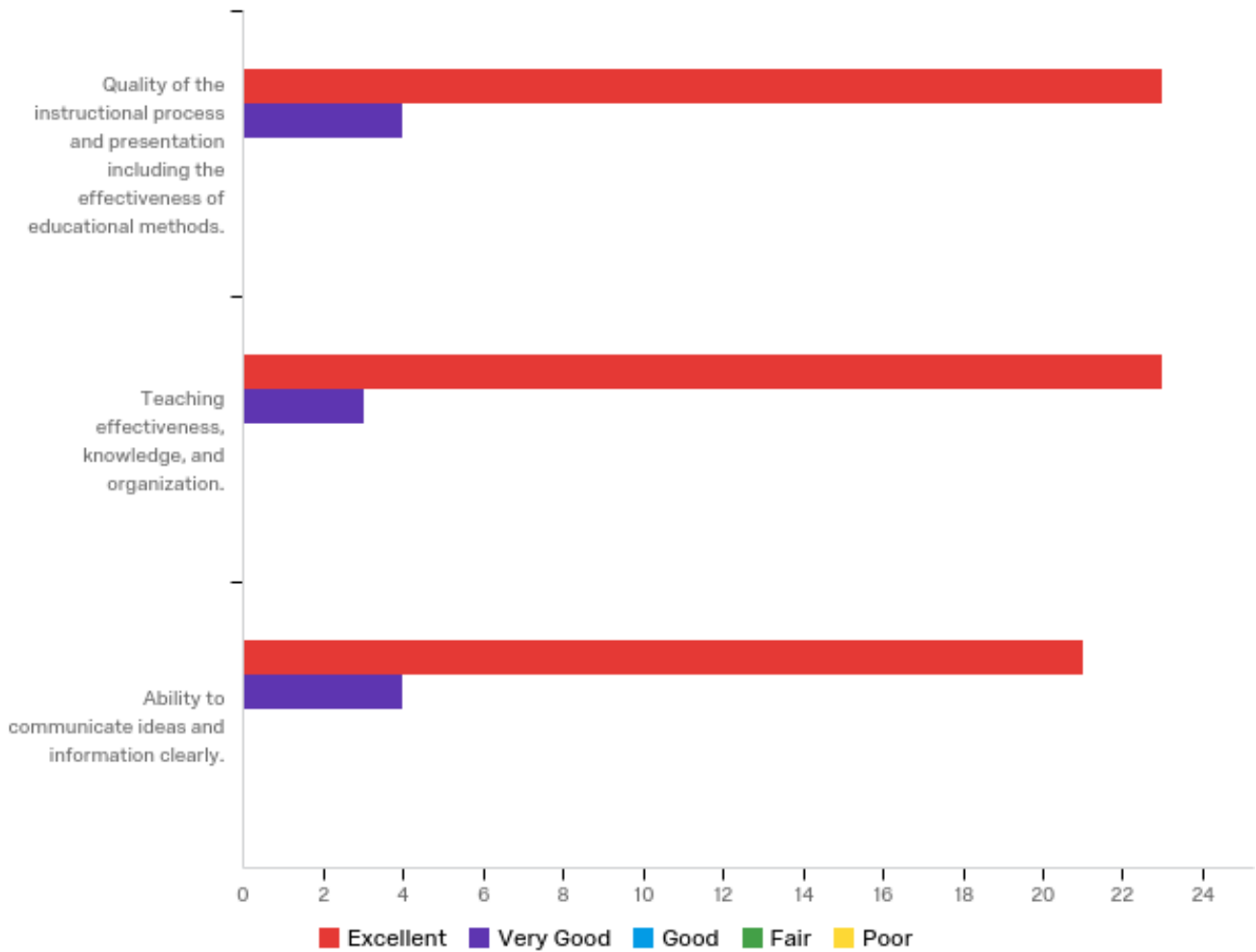


#	Please indicate the extent to which you agree with the following statements regarding the breakout sessions you attended:	Strongly Agree		Agree		Neutral		Disagree		Strongly Disagree		Total
3	The breakout sessions were balanced and free of commercial bias.	92.86%	26	7.14%	2	0.00%	0	0.00%	0	0.00%	0	28
2	The breakout sessions will make me more effective in my (future) practice.	46.88%	15	43.75%	14	9.38%	3	0.00%	0	0.00%	0	32
1	The breakout sessions were	43.75%	14	50.00%	16	6.25%	2	0.00%	0	0.00%	0	32

Q7 - Do you have any comments regarding the breakout sessions?

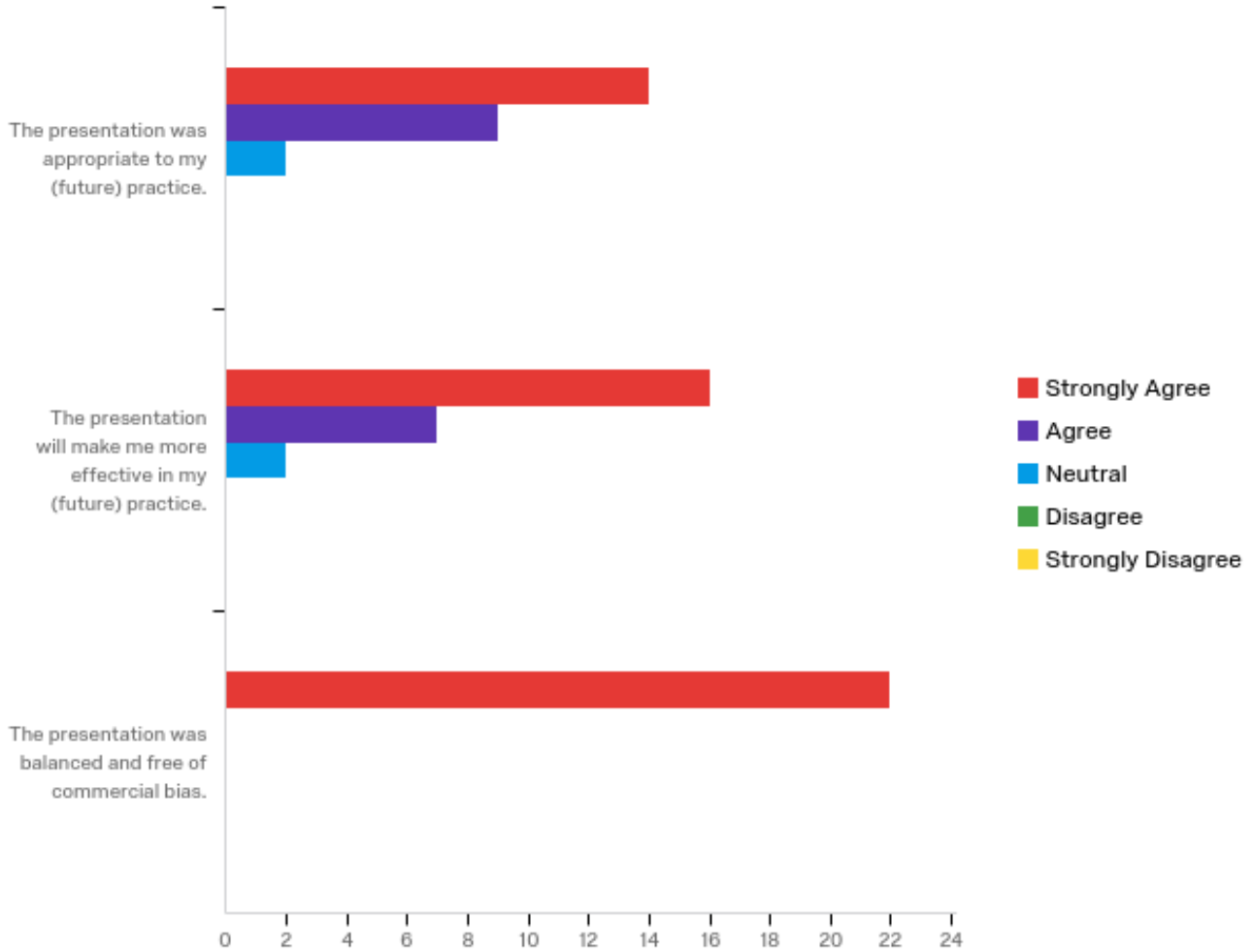
- Great job to everyone.
- I was particularly impressed by session 3 speaker's content and delivery.
- I got a lot of helpful information and examples.
- All speakers were knowledgeable and great at articulating complexity.
- The session with Paul Gilbert for the survey was interesting. However, I would like to know how Iowa compared to other states and how health care providers can learn more to help support those in the LGBTQ community.
- Harm reduction was good, but she talked very soft and fast which made it hard to understand. She had good content.
- Dr. Gilbert provided great information in an easy to understand format.
- Max provided an informative session that was engaging and easy to follow.
- PrEP session with Heather Smith was excellent!
- Emmanuel Smith was also excellent!
- From session 1, Queer People of Color--great! Have him back to report on other aspects of the survey.
- From session 2, it was an unclear presentation.
- From session 3, it was a wonderful presentation on disabilities and LGBTQ. This was the best of the conference.
- Dr. Gilbert was really good.
- Ms. Ziegenhorn was sick, and I felt her presentation was not very focused.
- Heather Smith was the best speaker I have ever experienced. Please bring her back again.
- LGBTQ201 had excellent content and presentation.
- Emmanuel was a great speaker--connected dots that triggered much thought!
- Heather Smith, PrEP and HIV Updates, is incredible, very engaging, and knowledgeable.
- Great topics!
- I love the option to have the sequential breakouts of LGBTQ101, 201, and Non-binary101.
- I was not aware of the Iowa Harm Reduction Coalition nor of Harm Reduction itself.
- I learned new terminology and framework to help others.
- I also appreciated the CBD overview of Iowa's state program. This was a really good review and clarification of criticisms.
- Heather, Sarah, and Emmanuel did an excellent job!
- I had difficulty hearing in Room 115 with Harm Reduction speaker. He did not use the microphone and audience participation could not be heard. The speaker was not always clear.
- Kimmie was awesome and focused on intersections.
- I learned so much from Emmanuel. He had great examples and resources.
- I would have liked to see more on POC that was more interpersonal and included examples.
- The first breakout session was very surface level.
- Emmanuel Smith's presentation was excellent. I took a lot from it.

Q8 - Please rate the following regarding keynote speaker Ms. Rita Bettis Austen:



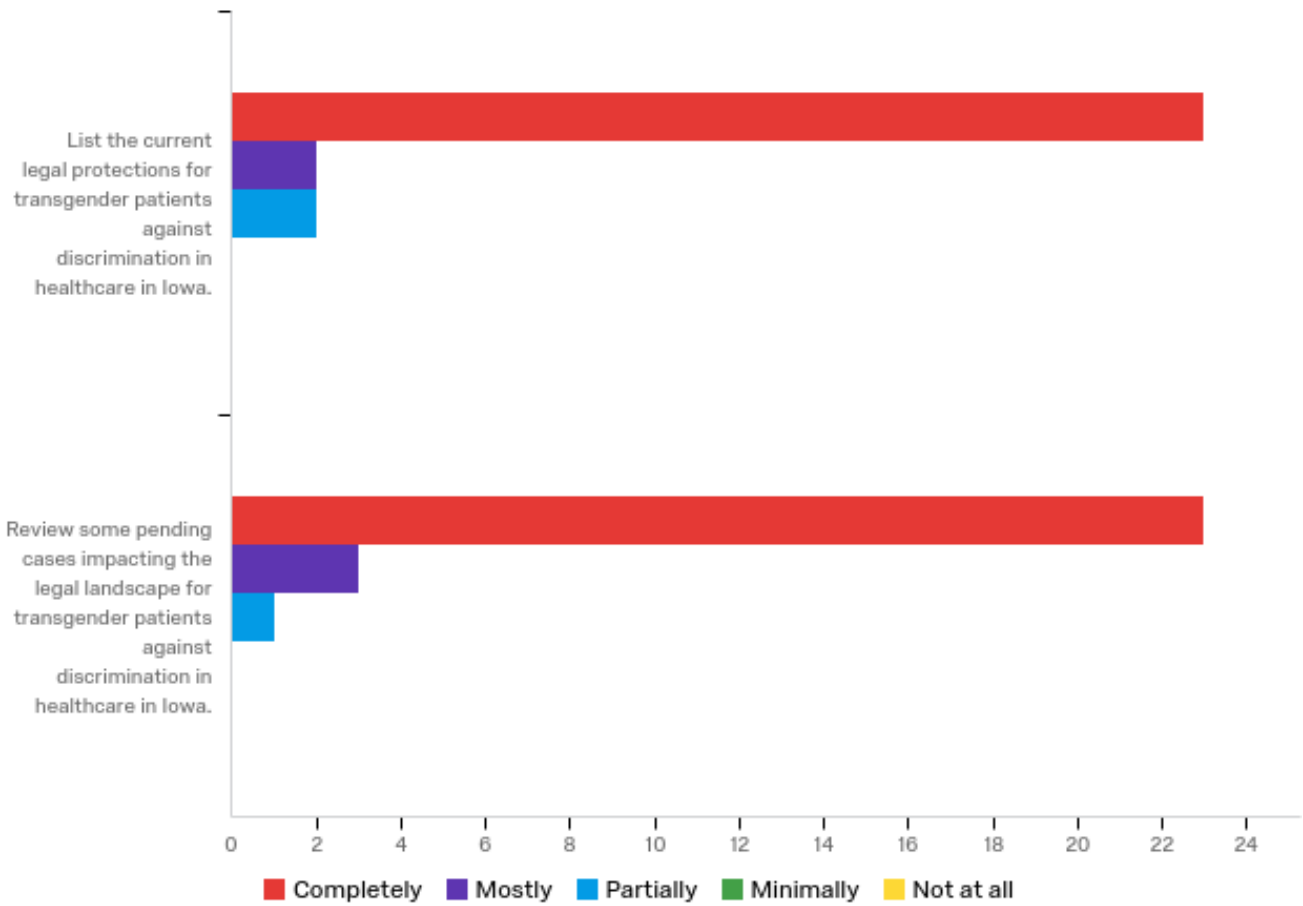
#	Please rate the following regarding keynote speaker Ms. Rita Bettis Austen:	Excellent		Very Good		Good		Fair		Poor		Total
1	Quality of the instructional process and presentation including the effectiveness of educational methods.	85.19%	23	14.81%	4	0.00%	0	0.00%	0	0.00%	0	27
2	Teaching effectiveness, knowledge, and organization.	88.46%	23	11.54%	3	0.00%	0	0.00%	0	0.00%	0	26
3	Ability to communicate ideas and information clearly.	84.00%	21	16.00%	4	0.00%	0	0.00%	0	0.00%	0	25

Q9 - Please indicate the extent to which you agree with the following statements regarding keynote speaker Ms. Rita Bettis Austen's presentation:



#	Please indicate the extent to which you agree with the following statements regarding keynote speaker Ms. Rita Bettis Austen's presentation:	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree	Total
1	The presentation was appropriate to my (future) practice.	56.00% 14	36.00% 9	8.00% 2	0.00% 0	0.00% 0	25
2	The presentation will make me more effective in my (future) practice.	64.00% 16	28.00% 7	8.00% 2	0.00% 0	0.00% 0	25
3	The presentation was balanced and free of commercial bias.	100.00% 22	0.00% 0	0.00% 0	0.00% 0	0.00% 0	22

Q10 - Did the activity meet your expectations in accomplishing the stated objectives?

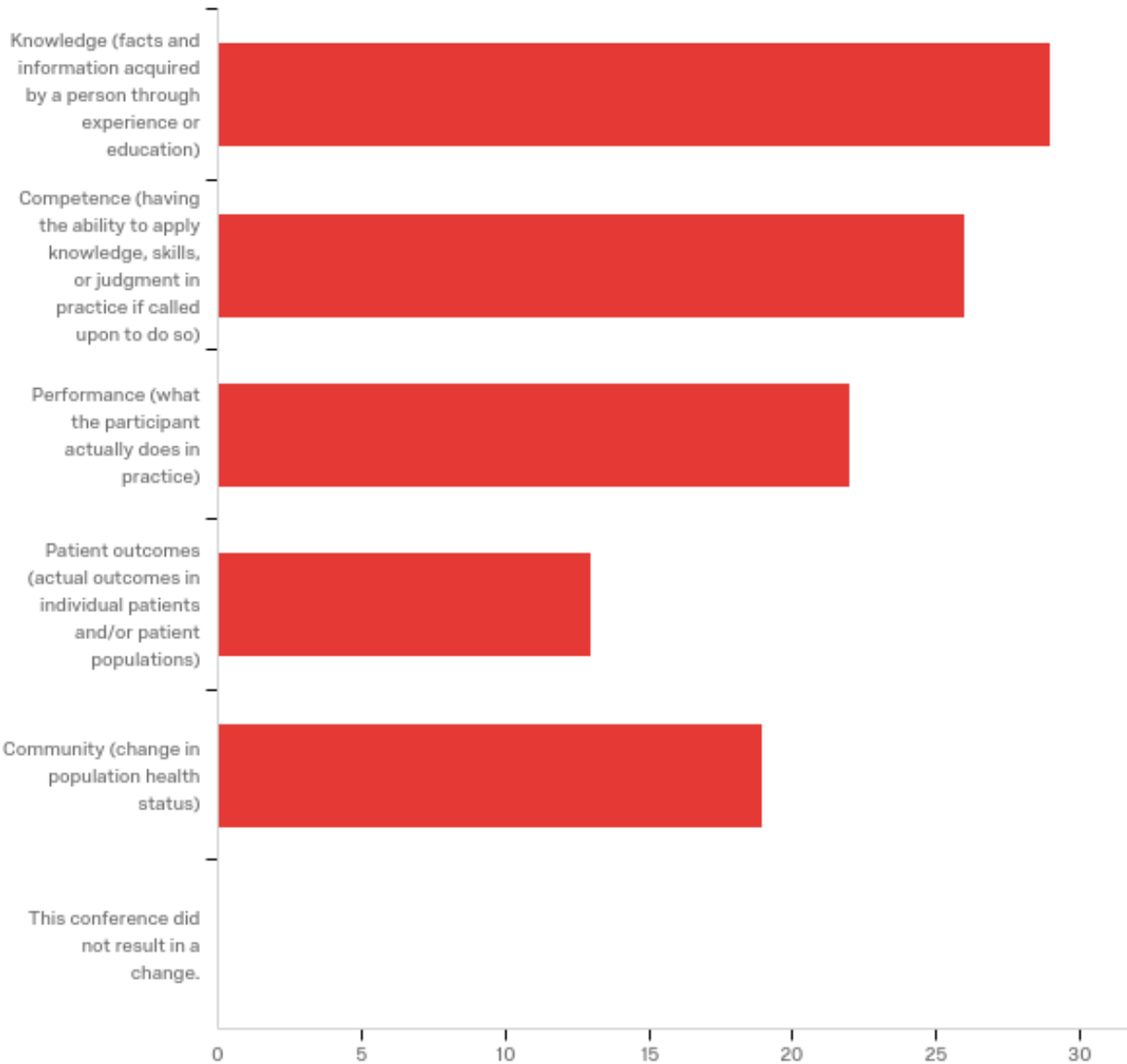


#	Did the activity meet your expectations in accomplishing the stated objectives?	Completely	Mostly	Partially	Minimally	Not at all	Total
1	List the current legal protections for transgender patients against discrimination in healthcare in Iowa.	85.19% 23	7.41% 2	7.41% 2	0.00% 0	0.00% 0	27
2	Review some pending cases impacting the legal landscape for transgender patients against discrimination in healthcare in Iowa.	85.19% 23	11.11% 3	3.70% 1	0.00% 0	0.00% 0	27

Q11 - Do you have any comments regarding Ms. Rita Bettis Austen's presentation?

- Great overview.
- I'm curious what the implications of these cases are for private employers as well as non-binary care access.
- Very good!
- This was an identical presentation to one of last year's breakout sessions.
- I loved hearing about the win--congratulations!
- It was fascinating to learn how health care insurance can make decisions and thinking about the person as a whole.
- Great and encouraging update!
- Great!
- Good update--do frequently!
- This was an excellent presentation.
- She did a great job explaining the legal aspects as well as how politics play into these issues, especially for those that don't have any background or vast knowledge of the legal system. She also explained the outcomes of the actions taken by the Iowa Civil Rights Association.
- Excellent!
- Keep fighting the good fight!
- Excellent examples!
- Excellent speaker--personable, humorous, and very informative.

Q12 - This conference will result in a change in my (select all that apply):



#	This conference will result in a change in my (select all that apply):	%	Count
1	Knowledge (facts and information acquired by a person through experience or education)	26.61%	29
2	Competence (having the ability to apply knowledge, skills, or judgment in practice if called upon to do so)	23.85%	26
3	Performance (what the participant actually does in practice)	20.18%	22
4	Patient outcomes (actual outcomes in individual patients and/or patient populations)	11.93%	13
5	Community (change in population health status)	17.43%	19
6	This conference did not result in a change.	0.00%	0
	Total	100%	109

Q13 - What are the two most important things you learned at today's conference?

- Cultural trauma as a construct to view diversity. The intersectionality of disability and diversity.
- I learned more about the intertwining of LGBTQ and disabled experiences. This was a reminder that we need to think of "intersectionality" in a more complex/holistic way, as originally intended--not just "overlap" in a Venn diagram.
- Need to promote PrEP and PEP. Iowa's Medical Cannabidiol Act.
- How to remove stigma around PrEP. Legislative bills that are relevant.
- Always advocate for yourself. Intersectionality of different minority groups is so important to understand.
- Learning about the medical cannabidiol.
- Overview of data collected in 2017's survey. Multi-layered effects of institutional and personal bias.
- Drug use among LGBTQ was shocking to me and glad to know this is an issue and how to help and detox or not use. Harm reduction was also good.
- We need more advocacy and training of providers.
- The work that is being done here in Iowa for the LGBTQ IA community and where there is still room for growth.
- 27% of LGBTQ individuals have had to educate their provider on LGBTQ issues to obtain proper care. I also gained more knowledge regarding trans and non-binary individuals.
- LGBTQ in Iowa have higher rates of binge drinking but less smoking. Intersectionality is an intertwining of identities.
- Dr. Gilbert's data.
- List more, hug more, and give accordingly.
- Define and apply intersectionality. Connecting disabilities and LGBTQ oppression.
- I learned more about risk factors regarding HIV that I didn't already know. I learned about how PrEP works and the areas in the United States that are using it vs. the areas that aren't and how that may correlate with the transmission rates in those areas.
- I learned about the legal landscape of medical marijuana and transgender healthcare in Iowa.
- Harm reduction and disabilities.
- LGBTQ often have to educate PCP on how to provide competent care. Planned Parenthood is a significant resource for LGBTQ Iowa. Trusted provider. Needle legalization program-SF125 Bill.
- We have a very strong and well-organized community of advocates in central Iowa. We are family!
- I loved the harm reduction breakout; need more on drugs/addiction in LGBTQ. It was great to have the LGBTQ 101 and 102.
- There are many layers of cultural trauma in LGBTQI population. Policy/legislation regarding LGBTQI population.
- Gender terms and meanings. How to discuss gender with patients.
- I liked the effort to be intersectional.
- The use of "uber health." The definition of cultural trauma is clearer now.
- Ideas and tools to make our practice more inclusive and sensitive. Connecting and networking with other providers and resources.

Q14 - What did you like or dislike about the conference?

- Overall, these are very important conversations we need to be having, and I'm looking forward to continuing.
- Good variety of topics and the music.
- I liked the venue and the topics. The food was also very good.
- The conference was informative and encouraging.
- The keynotes and breakout sessions were good.
- I enjoyed the variety of topics.
- As a professional, I felt frustrated by most presentations having to teach the lowest level of knowledge and then open things up for discussion. There was too much wasted time. There needs to be a professional track.
- I liked the conference.
- I enjoyed all the speakers. The quality of the speakers was amazing, and the physical location was great for learning.
- I loved that with the breakout sessions there was the option to sequentially go through LGBTQ101, 201, and Trans Non-Binary101 since this is a great opportunity to learn an introductory lesson or to learn more about the community as a whole.
- I loved the different breakout session options.
- When the audience was invited to participate, they didn't have a microphone.
- I really enjoyed Emmanuel's presentation regarding the intersecting of LGBTQ and disability communities.
- I liked the cultural aspects in all topics/breakouts. Implementing this within the medical community.
- Opportunities for DMU students, staff, faculty, and Muscle Energy Band.
- I wish more organizations had tables and advocating.
- I really appreciated the diverse audience and meeting new people.
- I love the options for breakout sessions and organization of the conference. The music was very loud during lunch and a little overwhelming with sensitive information in sessions.
- I liked the variety of speakers.
- Buffy and Max were amazing! Thank you!

Q15 - How can we improve your experience at next year's conference?

- I would like to hear more from various health field students at DMU and how diversity training is affecting them.
- The band at lunch was a nice idea, but it was very loud and made conversation difficult. It might make conversations for hard-of-hearing people especially difficult. Personally, I would prefer if music was more in the background, so we could talk/network. Need to work on time management (e.g. band played into presenter's time. I think this also happened last year. It might make students/other presenters feel undervalued and might affect audience's learning.
- A workshop for LGBTQ issues in mental health and in therapy as well as in the child welfare system.
- It seemed like there were more vendors at last year's conference--I would like to see more vendors.
- Providing assistance for deaf/hard of hearing.
- I registered online but then never received any more information. I went to the wrong building. Maybe just put the building and address on the Onelowa website. Place lecture notes online to print off as handouts were not always available.
- You could include CAM providers' perspectives as presenters.
- Provide more clinical content (i.e. hormone prescribing) and sex education for LGBTQ teens (how to provide it).
- Make sure everything is clustered in the same physical space--not different buildings or different areas. The booths/displays need more time and exposure to people--there really wasn't time to interact between the booths/attendees.
- If possible, make breaks a little longer for more time at vendor tables. Also, breakout sessions for the public and breakout sessions for the health care professional should be different--needs are very different.
- The conference was well done.
- Keep the quality of speakers.
- Have One Iowa's website and DMU have the same information (i.e. CME credit information) or have a link on Onelowa's website to DMU's website and vice versa.
- When presenters have a microphone available, those of us with hearing impairment need them to use it. It's not just volume but also clarity of words.
- You need to raise awareness of this event. There is really good information and it is a safe environment to gain knowledge and explore.
- Provide a comprehensive list of LGBTQ providers and resources or lists to increase access to care. Improve rallying-cry for all LGBTQ providers and advocates to increase accountability of elected, legislative-shaping lawmakers.
- I would love to hear from some legislators, especially since the conference takes place during the legislative session. I'd also like to hear from folks in Orange City about the city's recent experiences (Pride Festival backlash).
- Provide a greater diversity of ideas and participants.

Q16 - What LGBTQ health and wellness issues are of primary importance to you?

- What LGBTQ health and wellness issues are of primary importance to you?
- Marginalized identities/experiences (POC, immigrant/refugee, disabled, sex worker, trauma/violence). Moving toward healing/wellness after trauma/illness (not just "what's wrong?" but "how can we care for each other/ourselves?")
- As a future healthcare provider, what issues are patients concerned about or barriers that I should be aware of and work around?
- Support and resources for the clients I serve.
- STIs and HIV, treatment and access to care, stigma, transition surgery, How to get religious communities to partner with the LGBTQ population and fight to end HIV.
- Equal access and respect for rights and personal integrity.
- I want to learn more about safety and how to be a better provider for the LGBTQ patient. I am looking for more information on how practitioners can be more informed and non-judgmental.
- Healthcare in county jails in Iowa (especially Polk County).
- Adoption, surrogacy, and egg/sperm donors.
- Just an overall education of LGBTQ issues for future healthcare practitioners as it is a professional goal of mine.
- Addictions and substance use disorders.
- Substance abuse education for families.
- Issues that allow you to open up for more dialogue.
- I want to continue advocating for those who have hurdles.
- Getting more healthcare professionals to become knowledgeable about LGBTQ healthcare so that members of the community aren't having to teach their providers or wonder if they're receiving the best care. Eliminating barriers to access to care as much as possible.
- Sexual health and wellness.
- Provider competence and access to providers.
- ALL--I have on the frontline of UnityPoint's LGBTQ roll out April 2019. Trying to advocate and equip myself with tools and knowledge that will benefit and optimize community care and outreach.
- Access for all to mental health support services, especially for chronically underserved.
- Mental health of transgender individuals. Intersection of cultural and mental health and takeaways to medical students.
- All--learn more about supporting transgender individuals.
- I would like to discuss presenting art therapy. I am also interested in substance abuse and mental health issues in the community.
- Substance use and mental health.
- Healthy sexuality and education. Reproductive justice and wellness. Mental health. Collective trauma employment. Personal advocacy.
- Disability and mental illness, QTPOC.
- Children in foster care.
- LGBTQ and eating disorders. Suicide prevention.

Q17 - Do you have any unanswered questions or additional comments?

- Thanks for hosting! I'm looking forward to expanding on this content in the future.
- Thanks for hosting this event! Great work!
- This was a great conference.
- The music this year was fun.
- Excellent facilities. Thank you DMU!
- The conference was very well done--great space, organized.
- Thank you. This was a great conference!
- I would love to talk more about intersectionality, specifically as the theme for the conference. I think it's important to lay groundwork for this idea within our work. I will try to put this more clearly so that we can have a conversation. I am excited about the initiative and focus on intersectionality, but I would love to talk more about what that really means.