

## IOWA PHYSICAL THERAPY ASSOCIATION SOUTHWEST DISTRICT MEETING MINUTES

**Date:** Tuesday, 24 February 2015

**Location:** Des Moines University

The business meeting of the Southwest (SW) District of the Iowa Physical Therapy Association (IPTA) was called to order by Traci Bush, SW District Chairperson. A request for additional agenda items was made with no items added; the agenda was approved. A motion was made to approve the November meeting minutes; this was seconded and passed.

### **Officer's Report**

**Chairperson:** Traci Bush

- Olive C. Farr Scholarship: Traci Bush reminded students of the \$500 scholarship for PT and \$250 scholarship for PTA students. Students were directed to the IPTA website for additional information. Deadline for submission is 23 March 2015.
- Strategic Planning and Board Meetings:
  - The board met on 24 January 2015 for a strategic planning meeting that was facilitated by Joe Benesh of the Ingenuity Company. A draft document has been created and the executive committee will review and finalize the plan prior to submitting it for approval at the April board meeting.
  - The board meeting followed the strategic planning meeting. Tracy Porter (IPTA Secretary) reported that a motion was made to explore reporting and archiving the PT Pearls sessions at the fall and spring conferences. These would then be available to our members for continuing education unit (CEU) opportunities.
- Membership Communication
  - Traci Bush spoke about past email communication issues regarding district meetings. Members were urged to contact Natalie Battles or Vanessa Ross if they were not receiving emails about the IPTA meetings. Vanessa also recommended members make certain their current email address is on file with them.

**Vice Chair & Education Committee:** Barb Davis

- The next SW District IPTA meeting is set for 19 May 2015. The meeting will be held at Des Moines University with the topic being pediatrics.
- Below is the information that was given regarding the IPTA Spring Conference:
  - The 2015 IPTA Spring Conference is scheduled to be held 23-25 April 2015.
  - **Issues Forum:** A Health Care Reform Discussion featuring APTA Payment and Practice Management staff - Elise Latawiec
  - **Continuing Education Courses:**
    - Screening, Evaluating & Treating Falls & Balance in the Elderly - Jennifer Bottomley, PT, MS, PhD2
    - A Therapeutic Treatment Approach to Cervicogenic Headaches - Adriaan Louw, PT, PhD, CSMT
    - PT Pearls from the Podium
    - Treatment of Chronic Foot and Ankle Injuries for the Physical Therapist Assistant - Alissa Hamer, PTA, BA
    - Vestibular Rehab - Jennifer Bottomley, PT, MS, PhD2

- Too Hot to Handle: Desensitizing the Hypersensitive Patient - Adriaan Louw, PT, PhD, CSMT

**Secretary/Treasurer:** Ellen Majewski

No report

**Ethic Committee:** Roxi Evans-Guiloz

No report

**Legislative Committee:** Steve Cassabaum submitted the following report:

- Legislative Update

The copay bill ([SF 202](#)) passed the Senate Human Resources Committee and will be eligible for debate by the Senate beginning on 16 February. Senate Majority Leader Mike Gronstal (D-Council Bluffs) determines what bills are brought to the floor for consideration. IPTA lobbyists Matt Eide and Doug Struyk will be visiting with Senator Gronstal about the bill this week.

The House copay bill ([HSB 102](#)) was approved by a House subcommittee. The next step for this bill is consideration by the House Human Resources Committee. Thank you to all IPTA members that have already contacted their legislator in response to the Action Alert issued by APTA last Friday. If you have not already done so, please take the time to respond and contact your legislator. They still need to hear from you!

On Monday, 16 February IPTA lobbyists made statements at a hearing on legislation to update the acupuncture licensing statute. IPTA believes the legislation attempts to limit who can do "dry needling" procedures. Based on comments by the legislators at the subcommittee hearing, the bill, in its current form, faces an uphill battle. [See HSB 101](#). Please contact IPTA at [mail@iowaapta.org](mailto:mail@iowaapta.org) and let us know if you practice dry needling at your clinic or facility. Watch for more information on this issue as we continue to monitor this bill.

- Pam Duffy added that the Practice Committee of the Orthopedics section of the APTA is a resource financially and has expertise on topics such as dry needling. If there are questions about this, Pam can provide contact information.
- All IPTA members are encouraged to contact their legislators to share the importance of our copay legislation.
- Tracy Porter thanked the PT Club students for their writing letter campaign. Thirty plus letters were written and will be sent off.

**PT Foundation:** Tony Mack

The board will get together at the end of March to award the Olive Farr Scholarship. The Foundation's goal is to increase the amount of the scholarship. In order to increase revenue, attempts are being made to become more active and more visible. Such ideas include putting together a logo, adding a donation button to the website, as well as sending out information to members to ask for monetary contributions.

The APTA will be at the Spring Issues Forum. They will be speaking about health care reform; we will also get an update on legislation, and the licensure board will be present.

The Foundation has two main goals: to increase revenue for the Olive Farr Scholarship and to promote the Center of Excellence (COE). We really want to take our profession to the next level, and the COE is a good avenue to allow us to do so.

**IPTA Student Representative:** Michael Lovgren & Kristen O'Donnell, DPT '16

- DPT 2016s attended the Day on the Hill. Here, Steve Cassabaum spoke to the students about the copay legislation. Some of the students were also able to meet with legislators to learn more.
- The PT Club's letter writing campaign was a success. Thirty plus letters were written and will be sent out.
- Nineteen DPT 2016s attended the Combined Sections Meeting in Indianapolis. Several DMU professors attended with some taking part in poster presentations. An all Iowa reception was also attended by the students.

**House of Delegates:** Steven Clark

Steve reported that packets are coming out in April. They will be available online under APTA governance. If thoughts or concerns are present regarding the revised codes, feedback is encouraged.

**Old Business:** Traci Bush

- Frequency of SW District Meetings
  - For years, the district has met four times per year. The district bylaws require a minimum of two business meetings in that time period.
  - Traci encouraged members to give opinions on the most appropriate frequency and opened this idea to discussion. She spoke about the ability to create additional opportunities for correspondence as well as CEUs if members were concerned about this with a potential decline in meeting frequency.
  - Several members spoke on this business topic. Thoughts, concerns, etc. included:
    - We need to commit to bringing forth good, quality continuing education no matter what decision is made.
    - History was given in that the Board decided to give districts the option to decrease meetings to twice per year. Reasons included that attendance had decreased likely due to new ways information could be disseminated as well as increased continuing education options.
    - The meetings are good for interaction with others in the state. It was mentioned that it would be a great idea to have other opportunities for members to meet.
      - Physical Therapy Pub Night on 6 March 2015 at Star Bar.
    - Information is distributed out at the meetings. Members like to stay up-to-date on current issues.
    - Leadership development is a very large portion in having regular meetings.
    - Important to newer/younger members for a good support system in becoming a professional.
  - No motions were brought up to change the current frequency of district meetings, thus will plan to continue with four meetings per year.

**New Business:** Traci Bush/Membership

None

**Open Discussion:** Membership

- Copay Legislation

- A question was brought forth regarding legislation. Mike Burggraaf suggested to refer back to this information in the meeting agenda.
  - Mike reported the bill passed through the sub-committee and committee. The bill is now on Senator Gronstal's desk; this is where it died last year. We are hoping the work that the Physical Therapy Political Action Committee (PT-PAC) has done will impact Senator Gronstal's ability to bring the bill to floor.
  - The bill has passed through the sub-committee in the House. We are now waiting on the Human Resources Committee to put on it on the agenda to vote.
  - Members can check the IPTA website or email Mike at [burggraafm@yahoo.com](mailto:burggraafm@yahoo.com) with any questions regarding copay legislation.
  - Mike recommended that if your House representative is on the Human Resources Committee, to take the time to speak with these individuals.
  - Funnel date for House side of Committee is 6 March 2015.
- Traci Bush reported there would be an addition to the next agenda. She requested members come in with ideas on how we can better interact with other members and get individuals to become more active.
  - An idea to have a "social hour" prior to business meetings was brought forth.
- A question was asked regarding continuing medical education (CME) and the website/registration for this.
  - Vanessa Ross navigated through the updated website. This system has been live for about a week. Vanessa would like feedback on this new system.
  - This system will allow access to continuing education transcripts, printing out certificates, etc.
    - Vanessa will no longer send out emails with certificates as members will now have their own access to these.
  - Vanessa requests that all members register and create a user profile before the next meeting. Your username is the email address you have provided. The website is: <https://cme.dmu.edu/>.
  - Those that did not pre-register for the meeting and those attending the meeting online will not currently have an account. In the next several weeks, Vanessa reported she would create an account for the above; she will send out an email to these individuals with a temporary password included.
  - Traci Bush thanked Vanessa for her work as there were 38 individuals attending online this evening.

## **Agenda Exhausted**

Submitted by Ellen Majewski