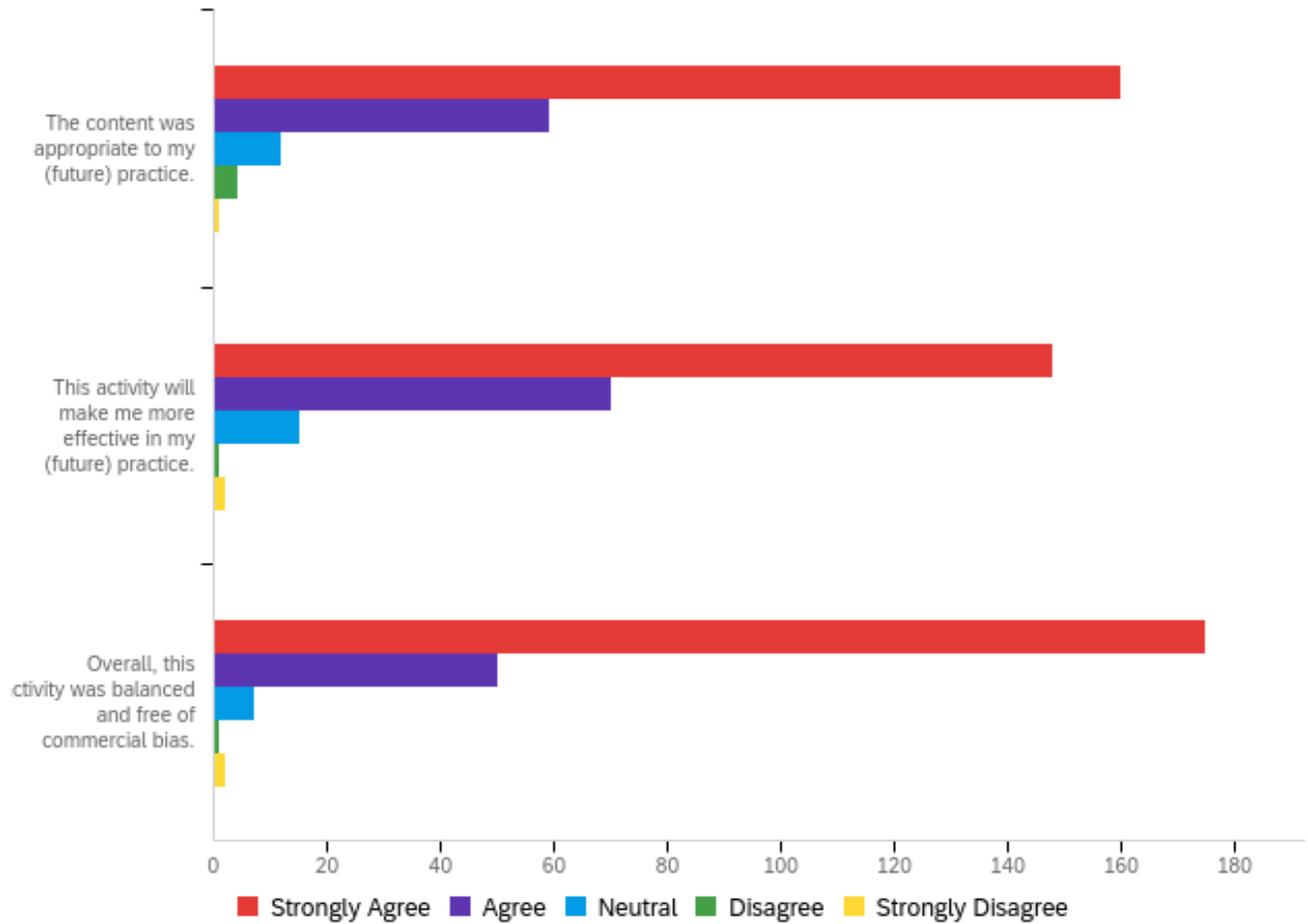


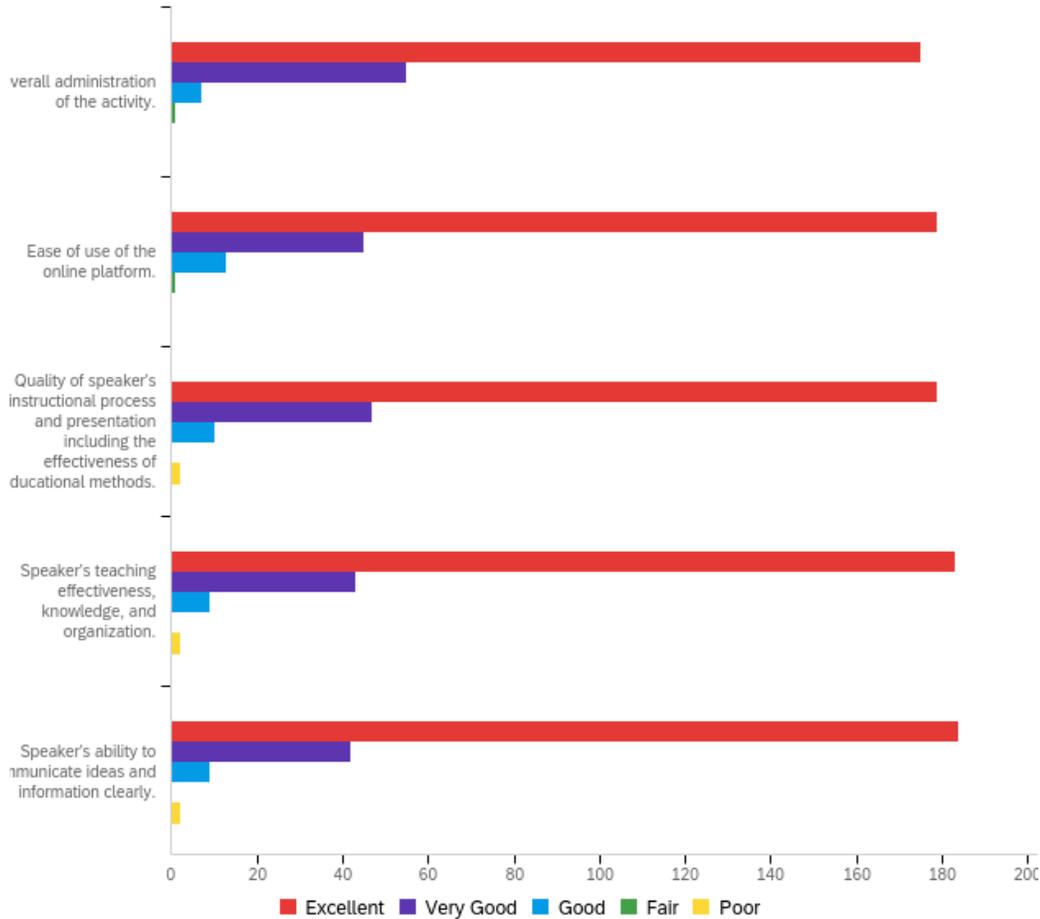
DMU Grand Rounds - Human Trafficking in Health Care
November 5, 2020 • 7 – 8 am
Virtual

Please indicate the extent to which you agree with the following statements:



Question	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree	Total
The content was appropriate to my (future) practice.	67.80% 160	25.00% 59	5.08% 12	1.69% 4	0.42% 1	236
This activity will make me more effective in my (future) practice.	62.71% 148	29.66% 70	6.36% 15	0.42% 1	0.85% 2	236
Overall, this activity was balanced and free of	74.47% 175	21.28% 50	2.98% 7	0.43% 1	0.85% 2	235

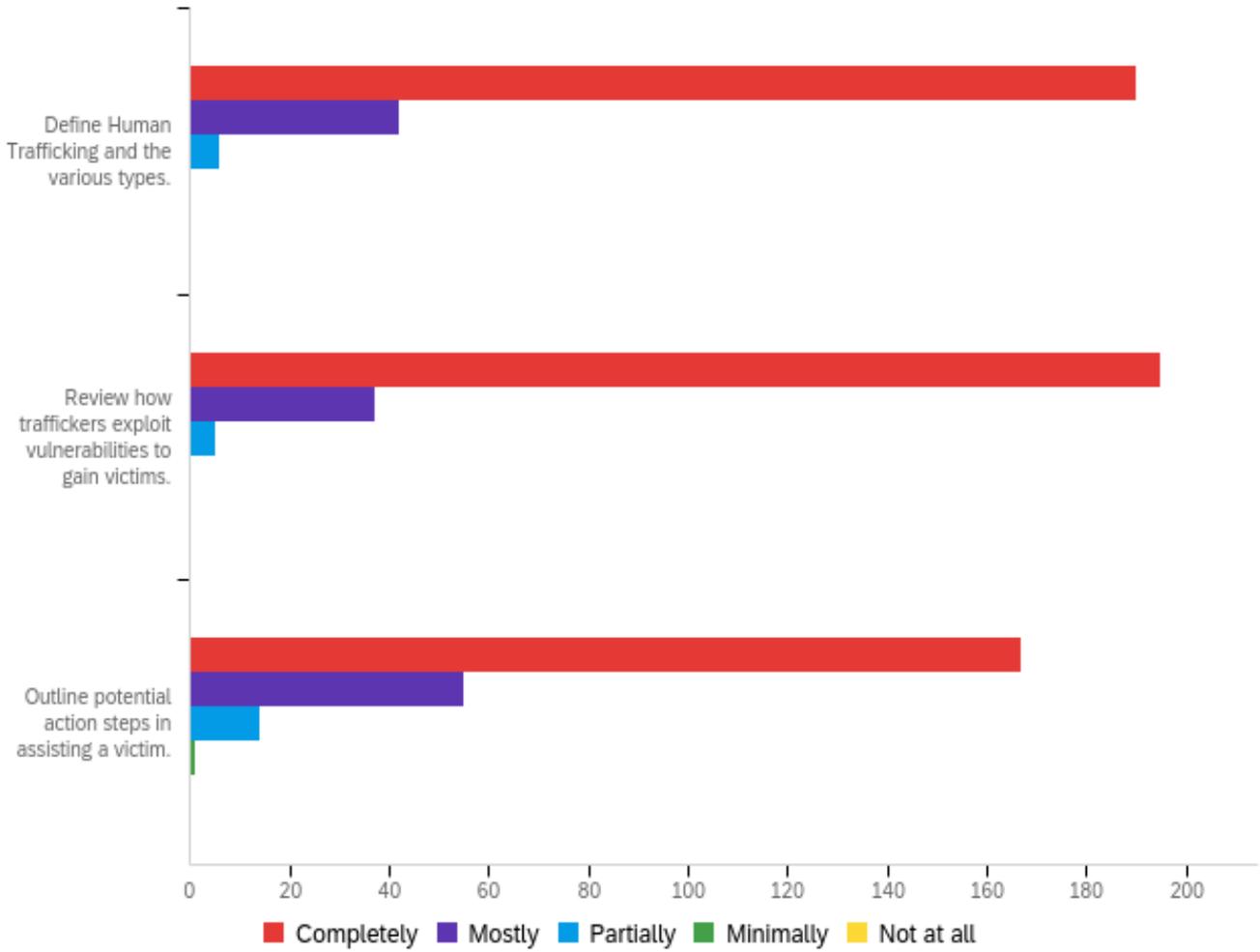
Please rate the following:



Question	Excellent		Very Good		Good		Fair		Poor		Total
Overall administration of the activity.	73.53%	175	23.11%	55	2.94%	7	0.42%	1	0.00%	0	238
Ease of use of the online platform.	75.21%	179	18.91%	45	5.46%	13	0.42%	1	0.00%	0	238
Quality of speaker's instructional process and presentation including the effectiveness of educational methods.	75.21%	179	19.75%	47	4.20%	10	0.00%	0	0.84%	2	238
Speaker's teaching effectiveness, knowledge, and organization.	77.22%	183	18.14%	43	3.80%	9	0.00%	0	0.84%	2	237

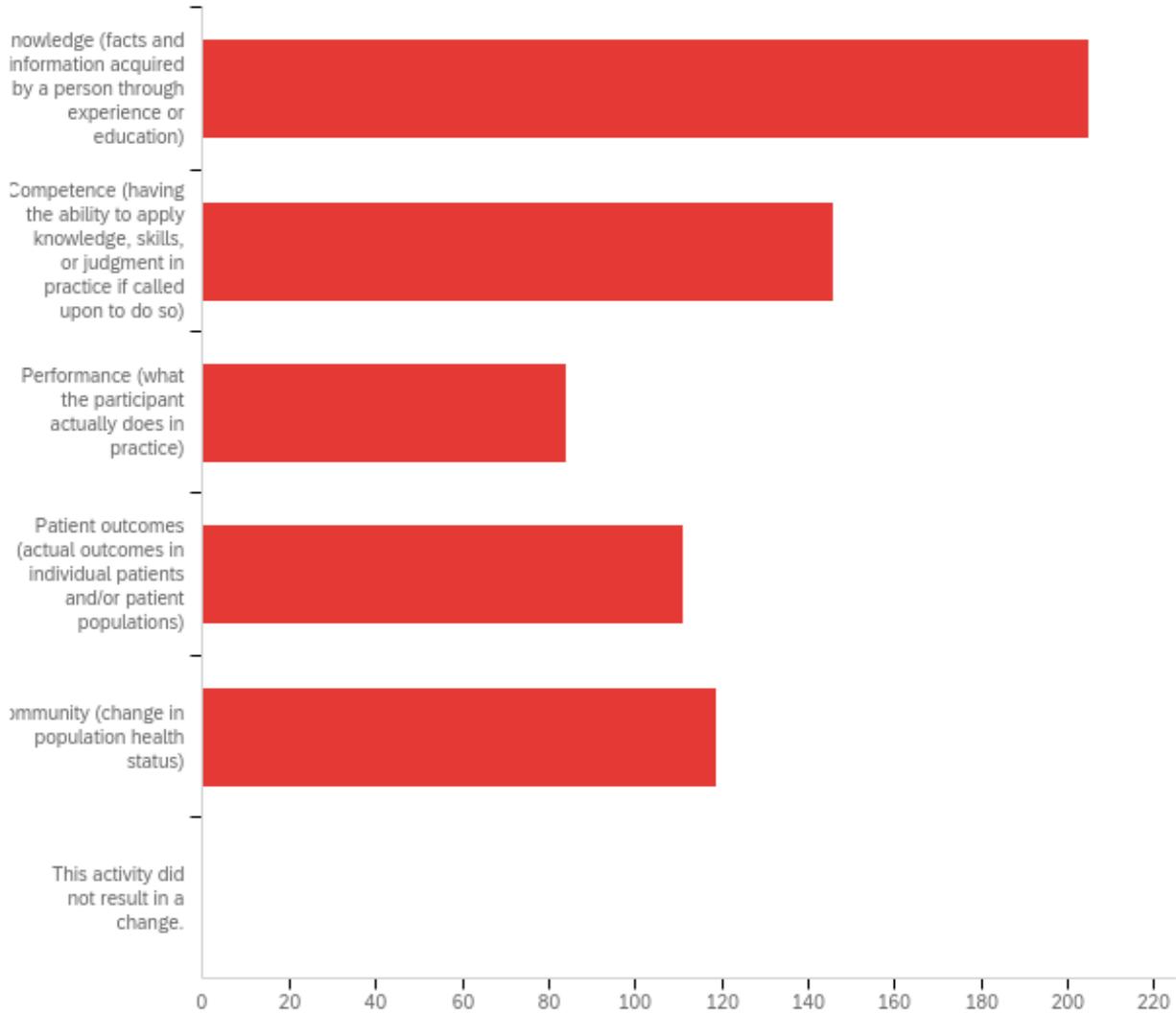
Speaker's ability to communicate ideas and information clearly.	77.64%	184	17.72%	42	3.80%	9	0.00%	0	0.84%	2	237
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Did the activity meet your expectations in accomplishing the stated objectives?



Question	Completely	Mostly	Partially	Minimally	Not at all	Total
Define Human Trafficking and the various types.	79.83% 190	17.65% 42	2.52% 6	0.00% 0	0.00% 0	238
Review how traffickers exploit vulnerabilities to gain victims.	82.28% 195	15.61% 37	2.11% 5	0.00% 0	0.00% 0	237
Outline potential action steps in assisting a victim.	70.46% 167	23.21% 55	5.91% 14	0.42% 1	0.00% 0	237

This educational activity will result in a change in my (select all that apply):



Answer	%	Count
Knowledge (facts and information acquired by a person through experience or education)	30.83%	205
Competence (having the ability to apply knowledge, skills, or judgment in practice if called upon to do so)	21.95%	146
Performance (what the participant actually does in practice)	12.63%	84
Patient outcomes (actual outcomes in individual patients and/or patient populations)	16.69%	111
Community (change in population health status)	17.89%	119
This activity did not result in a change.	0.00%	0
Total	100%	665

Please describe any 'pearls' or takeaway messages.

- Learning about the impact of human trafficking in Iowa!
- That people who traffic others can really look like anyone
- Always be on the lookout for human traffickers.
- Realizing that human trafficking is much more subtle than we realize
- Realizing the best ways to find out if someone is being trafficked
- Learned more about potential risks for being involved in sex trafficking
- There were so much useful information here. Some of the things that stand out immediately as I think about it are: recognizing that victims and traffickers are a larger and more diverse population that many of us believe; how prevalent nonphysical control is occurring with victims; the risk factors for those being victimized; the general process that traffickers take to get control and maintain control of their victims; how to approach someone we think might be victimized; and some of the things to look for to identifying a victim.
- I learned that Human Trafficking includes mental chains as well as physical chains.
- People who are being trafficked sometimes do not know they are being trafficked and need help to realize.
- I had no idea how many people are actually affected by human trafficking. When she said there were over 40 million worldwide I was in shock. The prevalence is something I never really think about until we discuss it further because it's always something that happens "far away."
- I think this is such a sensitive topic that isn't talked about much, so for me the biggest takeaway is just more information that I can use in future practice. This has been the most interesting grand rounds for me thus far. The biggest "pearl" for me was just realizing that many times people may not realize the severity of their situation, which was talked about in the beginning about how it is boyfriends or someone they trust who is actually taking advantage of them.
- I thought it was very eye opening to learn how prevalent human trafficking is and to see the different types of people involved in human trafficking.
- Overall, I was just very impressed by the presentation. I felt that it was overall very helpful and interesting. There was really great information about how to recognize situations involving trafficking.
- I feel like I am more educated on what exactly human trafficking is and how it is recognized. I learned that is harder to spot and every case of human trafficking looks different. Because of this you really have to watch the signs closely.
- The importance of what to look for and how to help and be an ally to your patients who may be involved in human trafficking. Additionally, the importance of educating others in the medical field, as well as the community in general, in order to spread awareness of the prevalence of human trafficking throughout the country.
- To think about human trafficking when I see what looks like sexual or domestic abuse, intimate partner violence, drug abuse/drug seeking behavior, violence.
- Human trafficking can look much different that many people perceive. It is important as a health care provider to be able to identify human trafficking victim and connect them to resources.
- Healthcare workers have a unique access to human trafficking victims that allows us the opportunity to help.
- Vulnerabilities and exploitative methods
- As a healthcare provider it is important to look for certain signs and ask specific questions when seeing patients to make sure they are in safe situations. It is important to narrow the gap between the patients that we see who are involved in human trafficking and get them the help they need.

- Sex trafficking criminals look like regular everyday people
- I now know, as a future physician, how to detect human trafficking and how to help my patients.
- This was extremely informative - knowing that stereotypes don't fill all human traffickers is so important.
- This was a topic I didn't even think about for home health but is very much something that home health providers should be educated and trained on.
- Like any form of abuse, we need to be always alert and observant for the signs and symptoms.
- I'm so glad she talked about the dangers of porn and it's connection to human trafficking, many people don't realize that. I appreciated her explaining how we as future physicians can be on the lookout for victims.
- That it may take multiple tries to help someone out of a trafficking situation
- I will be sure to keep in mind trafficking as a potential threat to the health and wellbeing of my patients. I had not previously understood the prevalence of this type of crime, nor the frequency at which victims come in contact with physicians but their situation is not understood. I would like to seek training on how to properly ask victims if they need help without exposing them to greater risk of harm.
- Signs of human trafficking to be aware of in every day medical practice.
- Looking for the nonverbal or emotional cues that a trafficking victim (or trafficking offender) may demonstrate during the clinical encounter.
- One huge takeaway that I learned was that there are 750,000 predators online at one time. I found this absolutely astonishing, even though it makes a lot of sense. Taking that number with the fact that kids using the internet are younger and younger is really a scary situation and one where it could do more harm than good. Especially after seeing the mugshots of those partaking in human sex trafficking, it could really just be the average person that you do not suspect anything about that could be committing acts to your own children.
- To look beneath the surface.
- To look at the situation beyond what they are on the top, because a lot of people are victims and are suffering and need help. I can be a tool of help
- The biggest thing I took away is to not think all victims of human trafficking will be based on the stereotypes. It can be anyone, and it's important to realize that in order to be able to identify victims. I actually worked at Mercy Medical Center in Cedar Rapids and I know the emphasis they put on education and human/sex trafficking. I think that it is a wonderful tool for healthcare workers to not only become educated on the topic, but to also know what resources we have to actually help these people.
- I thought the biggest "pearl" from this presentation was the realization that anyone could be involved in human trafficking. There is not a specific type of person or stereotypical framework that is followed. Traffickers can exploit absolutely anyone from any walk of life.
- over 80 percent of survivors were in contact with a medical professional over 90 percent of victims are not chained up physically, they are chained up mentally/ emotionally/ with drugs/ etc.
- I found that pornography is as addicting as drugs, and human trafficking is more prevalent than I thought. I also learned that I should say "What happened to you instead" instead of "What is wrong with you."
- Victims come from all back grounds, of race, gender, and it often takes intention to uncover a potential trafficking situation. When you ID a victim, go through normal procedures so the safety of the patient isn't threatened.

- I found it interesting to learn that nearly 90% of human trafficking victims come into contact with a health care provider during that time. Knowing this now, I can directly see how important it is for healthcare professionals to be on the lookout for signs of trafficking.
- I did not realize the multitude of ways that individuals are targeted for human trafficking. This presentation was very eye opening in regard to the statistics.
- Multiple locations where trafficking occurs, this increased my knowledge to help spot this type of situation
- Don't ask a victim directly if they are victims of human trafficking, rather ask questions that can indirectly indicate they're being forced to do things without their will.
- I took away that human trafficking can be found almost everywhere and that it is important to know signs of it because as health care professionals we will absolutely come into direct contact with victims throughout our careers. One other big thing I took away was that people who are targeted for human trafficking have often been previously abused or neglected. These are just a few things to look out for when screening for victims.
- I am a medical student interested in Emergency Medicine and I was aware of the potentials of human trafficking before this lecture, but this motivated me to become more aware of the presentation of these situations and be able to know what to do.
- This will likely be pertinent to my future practice given the prevalence of human trafficking
- I am aware of the signs and what to do if ever encountered
- That human trafficking happens more than people think and what types of situations that they are in to make them stay in that situation.
- Understanding the signs and risk factors in human trafficking and knowing what preliminary steps to take if you suspect it.
- Sometimes victims of human trafficking may not always be apparent. It is our job to look beyond and beneath the surface.
- I never realized the role healthcare professionals play in the human trafficking world. Actually, I am very surprised.
- Human trafficking is not only sexual exploitation and we should not see this people as only victims in need, but as people who have become dependent on their abusers and should not be approached easily. They are not always ready to leave the situation they're in.
- Human trafficking is more common than most people realize, and traffickers can be anyone
- That a job as a physician goes beyond to just diagnosing and treating the patient
- Identifying human trafficking and making it obvious what a big issue it is.
- I didn't realize all the different ways people were coerced into trafficking, and how it's not necessarily like the movies where someone is kidnapped and held hostage by force. They can be held hostage by many other means, like money or emotional trauma.
- This is much more prevalent than we think, so we need to be aware of red flags in order to help victims.
- What to look for, how to identify and what to do for suspected victims.
- Thank you for your time and expertise!
- Just the astounding amount of individuals that are taken into human trafficking, this will help me even on my rotation years to identify victims.
- An important takeaway message included the information about what to do in a situation where human trafficking is suspected or known.
- An important illegal activity that needs more public awareness!!
- I need to have a plan. I need to be aware of red flags of human trafficking. I need to know how to have that conversation.

- Victims and traffickers don't 'look' like the stereotypes in the media.
- We have to be careful in how we approach a victim and it may be best to try to build a rapport with them before asking specific questions. Call 911 and report details.
- The issue needs to be discussed more and hospital staff need more education especially in areas where this occurs often.
- You have to look beneath the surface most of the time in order to identify those who are victims as well as those who are traffickers and buyers.
- It's scary how prevalent this is!
- I really appreciated the emphasis on looking into symptoms other than what was directly obvious, the traffickers and victims won't always appear like how they do in the movies. As clinicians, we need to recognize the red flags and be able to understand how to act on them.
- That human trafficking is prevalent in the world and especially in medicine. This is something that I will look out for in the future.
- I learned how to identify victims of trafficking.
- This topic is obviously difficult and dark, however, I believe it was presented in a very organized and respectful way. Her knowledge on the topic came through very clear and I would love to listen to more presentations.
- Do not approach victims of human trafficking directly.
- Do not ask them directly if they're victims of trafficking.
- Any person could be a human trafficker and we need to ensure we are always aware of our surroundings.
- The connection between pornography and human trafficking was a new set of statistics that I had not seen before.
- One thing that surprised me was how common this was, I always knew it was an issue but not to this extent, especially in Iowa.
- Human trafficking is not always obvious and needs to be kept in mind
- Never outright ask if someone is a victim to human trafficking
- Always keep an eye out for this potentially happening to your patients
- Human trafficking is a terrible, ongoing situation that has affected many lives of vulnerable people. It is something that can be prevented, and physicians can do their part.
- The fact that so many human trafficking victims were seen by healthcare providers during their victimization. This just hit home that providers are important in recognizing and assisting victims.
- Human traffickers could be anybody
- Human traffickers come in many different shapes and sizes and have elaborate systems that keep the traffickee dependent. Furthermore, you cannot give help if the patient is an adult and doesn't give consent.
- This presentation was super helpful to me as a future physician. I now feel as if I'm better equipped to detect signs of human trafficking
- "We don't see what we don't want to" is a really key point that was highlighted this morning. Puts into perspective our perception of the problem.
- Human trafficking victims are not usually easily identifiable and come in all ages, genders, races, etc.
- Although I have received training in the past, I love that DMU is doing its part to educate us as students about a topic that gets far too little attention and training in my opinion.
- I found the different ways in which people are trafficked and the ways that the traffickers used their victims very informative. Their use of victims to recruit more victims (especially children) is something that I will look out for in my future practice.

- Great!
- Trafficked individuals can be anyone, not just the stereotypical little children.
- My main takeaway is that a trafficker does not have to look a certain way
- I think just highlighted how big of a problem this is in our country and world.
- Human trafficking can come in many different presentations - many of which are non-stereotypical based on media portrayal.
- The pearls of this presentation include how to ID a victim of human trafficking and what to do when you do ID a victim. Also the phone numbers she provided was a great start to having resources on how to help victims.
- Human trafficking is a real problem in the U.S. that has been ignored, but absolutely needs to be addressed.
- I just cannot believe how prevalent human trafficking is. I am so glad I now know what to be on the lookout for.
- HT don't look like the stereotype, you must dig deeper.
- Learning the types of human trafficking was very eye-opening.

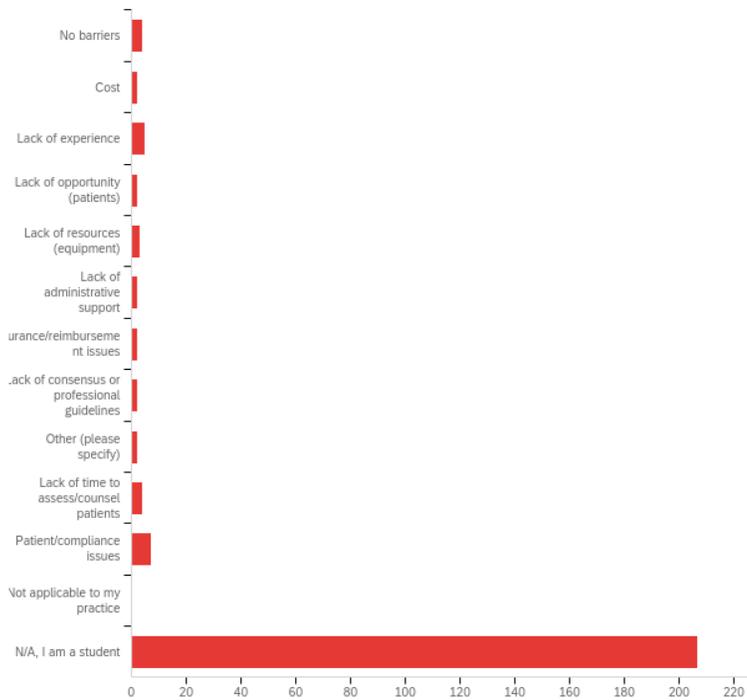
Please note any changes or improvements in your practice that you plan to make as a result of attending this educational activity. If no changes are identified, please explain why (program format, content not appropriate, nothing learned, etc.)

- Be more aware of signs of human trafficking.
- Be better informed on this subject by gaining further education about human trafficking.
- I will be more sensitive to my patient's emotions and their needs.
- Asking my patients if they are safe- screening everyone
- I think I can recognize warning signs better now
- I will be more on the look out for signs of those who may be victims of human trafficking, and not just in the clinical setting.
- I hope to be reasonably well equipped to direct such folk to resources if I identify them.
- I have already looked and enquired about a human trafficking policy at DMU.
- As a father of three daughters I'm fairly scared stiff of this sort of thing and will try to educate them on this situation and how they might protect themselves.
- I will be able to look for signs of people who are victims of human trafficking. Often times the only time victims are able to be alone and away from their captors are during visits to the doctor. It is important to be able to recognize signs of human trafficking to save people who are being trafficked.
- I plan to be more vigilant when taking patient histories to see if there are any red flags for human trafficking.
- N/A for me at the moment since I am a student, but it will help in the future because I will be better able to identify someone that may be being trafficked.
- I am a current student, but I feel way more educate on this topic and I can use this knowledge to hopefully spot human trafficking in my future practice. After watching this talk, I feel it is our duty as health care professionals to watch for the signs of human trafficking and help these victims.
- As a current 1st year student, I am not able to apply this knowledge in my clinical practice just yet. However, I will use the knowledge that I gained from this educational experience to prepare me better for when I do start clinical rotations.
- I wish there was more information on the next steps that would happen after reporting possible human trafficking
- Being more aware of human trafficking and being able to connect my future patients to resources that can help them.

- Implementing assessment and evaluation of key indicators for trafficking during home health visits and taking steps to assist victim.
- This is a good reminder about what to look for and what to do when suspecting human trafficking.
- I wish there was more time to ask questions at the end.
- Just be more aware when I begin my practicing
- No changes at this time, as I am only a student. However, in the future I will know what to look out for.
- I work in the DMU Family Medicine Clinic and all providers were recently required to attend a Human Trafficking learning session. We are in the process of developing a process to provide patients a way to safely ask for help, be it a sticker left on the bottom of a urine collection container or some other way to indicate they need assistance that would not give the potential trafficker there with the any idea that they have alerted us to that need.
- I have been a part of healthcare teams that have been trained in human trafficking for years now, but the one thing I never felt confident in doing was how to have the conversation with a victim to have them say they are being trafficked. It was answered at the end of the zoom call, and that really helped me in a personal way to apply to a healthcare setting. It was described to start vague and use the reason of why they are brought to the hospital and then to allow their answers to get more specific which could eventually lead to them opening up. Using this will be directly applicable in practice for the rest of my life and help me serve a bigger purpose in the world.
- I learn to identify cases of trafficking and pornography, both physically and emotionally
- I plan to use this every day. I think it is something we always need to be on the lookout for.
- Building upon my statements above, I will be more cognizant of the "signs" of human trafficking regardless of social, economic, or religious status. Realizing that this horrific problem can happen to anyone is frightening, but also it makes me realize that I should always be on the lookout for this problem in the future.
- While looking for signs of abuse I am also going to look for signs of human trafficking.
- I know it's hard to fit everything into a one-hour presentation, but I wish we had more time to talk about specific resources we as healthcare professionals can use to help trafficking victims.
- In the future, when I am practicing it will be important to be aware of possible signs of human trafficking in a patient encounter.
- I plan on having a policy of what to do when human traffic is suspected.
- I am currently a student, but I plan to keep this information in mind when I begin practicing medicine in the future in order to help my patients.
- Throughout the rest of my time in medical school, I plan to keep this presentation in mind and work on being able to identify these sorts of situations and learn how to competently carry out these cases.
- Plan to be more aware of the signs of human trafficking and look for ways that we can help people who are in situations like that.
- Having basic knowledge to be aware for trafficking in my future patients.
- It was surprising to see the statistic that close to 88% of human trafficking victims saw a healthcare provider. I will try my best to ask questions and build rapport with all patients and look for physical and emotional warning signs when treating all patients.
- Wish it could have been in person!
- We need to be aware of the possibility of people being trafficked even if they don't look like they are.
- Meaning, appearances can be deceiving.
- More aware of human trafficking
- I do not feel remotely prepared to intervene if I ever receive a patient, I think might be a victim of human trafficking. I would like much more training in what to do once red flags are identified.
- I can be on the lookout for any trafficking I might see within my patients, and more importantly, will know how to handle it when I do find it.
- I'm a student, so I'm not currently practicing. However, the information from today will be useful in future practice.

- Thank you.
- This will help so much as i continue my medical career. I will do my best to look into the red flags and advocate for my patient's health in this realm too
- I'm going to make sure that my practice has a plan, and that I am aware of that plan, and that my team has practiced that plan.
- I will be more aware that things like this can happen in any practice.
- I now know what type of things to look for and/or to ask in my future practice.
- I am a student, so this will result in a change in my knowledge.
- I am a student now but as someone who desires to go into emergency work, I want to make sure this is something I am prepared to handle and be aware of. Especially in Iowa, it is so important to not only know the proper resources available but to also appropriately assess a patients for possible trafficking.
- I thought everything went very well! There were some lag issues just from her switching slides, that but this to be expected on a virtual platform.
- Learned different questions to ask and ways to identify victims of trafficking.
- I think everything provided was very informative and in an understandable format.
- Going forward, I will be sure to be on the lookout for signs of human trafficking and resources available for patients whom I suspect have been subjected to human trafficking.
- I will be better able to identify victims and take steps to assist them.
- I'll be more vigilant towards trafficking
- I will definitely analyze my patients more before thinking they are not in danger.
- I plan to be more aware of my surroundings
- Being more cognizant of warning signs and taking appropriate steps to help potential victims.
- Better explanation of slides. Sometimes something would be on a slide but not discussed in the presentation.
- The big takeaway from this should be that you need to enter every patient encounter without judgements. You need to just be conscious to any signs and sx's that present themselves and reach a conclusion based on that and not your personal opinions.
- I will watch more closely for potential human trafficking, especially when it comes to some behaviors that I hadn't realized were indicative of trafficking before (i.e. missing appointments)
- Not currently in practice.
- I thought it was a very well put together presentation
- It was great.
- Being more observant to apparent behaviors that could identify a human trafficking victim.
- I would plan to implement policies that train people what to look for when patients come in with signs of abuse or are not allowed to be alone.

Please identify any barriers that you perceive in implementing any changes. Select all that apply.



	Answer	%	Count
	No barriers	1.65%	4
	Cost	0.83%	2
	Lack of experience	2.07%	5
	Lack of opportunity (patients)	0.83%	2
	Lack of resources (equipment)	1.24%	3
	Lack of administrative support	0.83%	2
	Insurance/reimbursement issues	0.83%	2
	Lack of consensus or professional guidelines	0.83%	2
	Other (please specify)		
<ul style="list-style-type: none"> • Way our clinic is physically set up, it may be difficult to get a suspected victim away from the offender. • Lack of Community Resources at hand at the time of need/ victim identification. 		0.83%	2
	Lack of time to assess/counsel patients	1.65%	4
	Patient/compliance issues	2.89%	7
	Not applicable to my practice	0.00%	0
	N/A, I am a student	85.54%	207
	Total	100%	242

How will you address these barriers in order to implement these changes in your practice?

- I will listen to the patient and reflect on their experiences.
- Lack of time is no excuse to not address this, but time limitations in clinic will make it challenging. This is one of those things that would take priority and I would just get behind if it comes up; that is the way it is going to be. It is that important.
- I feel like I am educated on the topic of human trafficking and I can use this knowledge in my future practice. Hopefully, I will be able to recognize some of the signs of human trafficking in some of my potential patients.
- Just do it. Make the effort.
- Continue to seek out education on this topic to improve my knowledge and skills.
- Unclear how to specifically address at this time except to maintain good rapport with the patient.
- Just be more aware
- I believe that just being aware of the problem will help me as I see patients in the clinic will enable me to look for signs and finding a way to separate the patient from a potential offender is a current process the entire team is considering. If my clinic runs late because I'm helping someone in this dangerous situation, so be it.
- Through negotiation with the leaders to set up more applicable guidelines to be used in approaching the problem and finding a solution. Not asking direct questions to victims. Creating more rapport with patients and asking questions that indirectly surround the definitions of human trafficking and pornography
- I think like she said some victims are too scared to get help. In that situation our best option is to just do what we can for them in that moment and let them know if at any time they do want our help the option is always there. I picked lack of resources because not all hospitals/clinics have the specific people to go to like Mercy does. As I said before I really hope that we work towards having more resources for staff and patients in all of our healthcare settings.
- I want to make sure that I provide a safe space for victims of human trafficking in my future practice. I also want to make sure that they are away from things that may compromise their feelings for trust like a nearby cellphone.
- More training on how to handle such situations.
- Educating myself better
- Keep advocating
- Be more aware of the reality that it can happen within a hospital.
- I will address the barriers by enforcing practice guidelines and standards for human trafficking.
- I will make sure to always keep in my mind that traffickers do not look like the stereotype we see in media.
- Will be more watchful

Do you have any unanswered questions or additional comments?

- Today's Grand Rounds was incredibly informative and a great learning opportunity.
- I thought the presentation was very informative and relevant in the world today. Thank you for a great presentation!
- This was an excellent presentation. Thank you!
- Great Presentation.
- I am shocked that during COVID, the average amount of online predators was estimated to be 750,000 vs 50,000 last year.
- Thank you for a good presentation!
- Theresa was wonderful! So grateful for her commitment to bring awareness & help others!!!
- I feel very unprepared to help someone who comes into my future clinic and exhibits red flags for this.
- More training on this would be nice.

- The seminar was great! Thank you.
- Thank you so much!
- Thank you so much for talking about this!
- As someone who has encountered this situation many times in the metro in healthcare, I've seen how easy it is to mistake the signs for another situation. We need to be better about recognizing what is happening in our communities.
- This presentation was excellent.
- Thank you for speaking with us today

Do you have any suggestions for topics and/or speakers for future DMU Grand Rounds?

- This one should probably be repeated. Related to it, perhaps, further information on identifying, speaking with, counseling, and finding resources for those who are victims of human trafficking, domestic or sexual violence.
- I really enjoyed learning about human trafficking in healthcare and would like to know more about the healthcare administration part of hospitals and clinics!
- Diabetes
- I think it would be good to have a lecture on how to communicate effectively to patients with cognitive and physical disabilities, including elderly patient with dementia and patients that don't communicate verbally.
- Physician Burnout - Recovery mechanisms, the overall strain it causes being a physician.
- Vaccines - COVID and general recommendations
- Gallbladder disease, diagnosis & treatments
- More things like this or last grand rounds where its important information for me as a physician but that won't be specifically taught during my time at school
- Robotics in the Future of Healthcare
- Trauma ER cases
- Another iteration about SARS-CoV-2 would be really interesting if possible
- I'd love to hear about mistakes & how to deal with them. Particularly big mistakes that could lead to suits.
- Obesity discussion
- A topic that would be helpful is about mental health and how to cope with mentally ill patients and/or relatives that suffer from a condition.
- Nutrition
- This was an excellent presentation that addressed common misconceptions and explained why they shouldn't be the norm or images that people conjure about this topic.
- I found this one very interesting compared to the last one. I would love to learn more about social issues my future clients face