

DES MOINES  
UNIVERSITY

Student Education Center Auditorium  
3300 Grand Avenue, Des Moines, Iowa

May 6-7,  
2011

## PURPOSE

The program will include a wide range of lectures regarding foot and ankle surgery. Current state of the literature will be reviewed, new techniques will be demonstrated and potential pitfalls discussed.

## TARGET AUDIENCE

Foot and ankle surgeons, podiatric residents and podiatric students in the midwest region.

## OBJECTIVES

Upon conclusion of this program, learners will be able to:

- Compare and contrast appropriate treatment alternatives for the management of hallux rigidus deformities.
- Demonstrate working knowledge of advances in podiatric sports medicine.
- Evaluate and recommend treatment plans for complex hindfoot deformities.

12.0  
CPME  
CONTACT  
HOURS

There is a fee of \$100  
(\$25 for DMU students),  
which includes course materials,  
Friday reception, Saturday  
box lunch, and refreshments.

# THIRD ANNUAL DES MOINES UNIVERSITY Foot & Ankle Surgery Symposium

*Program Chair* – Michael S. Lee, D.P.M., FACFAS

*Program Co-Chair* – Collin E. Pehde, D.P.M., FACFAS

*Faculty include:*

**Eric A. Barp, D.P.M., FACFAS, West Des Moines, IA**

**Don Buddecke, D.P.M., FACFAS, Bellevue, NE**

**Richard Derner, D.P.M., FACFAS, Lake Ridge/Stafford, VA**

**Jill Frerichs, D.P.M., FACFAS, Des Moines, IA**

**Sean T. Grambart, D.P.M., FACFAS, Urbana, IL**

**William P. Grant, D.P.M., FACFAS, Virginia Beach, VA**

**Mark A. Hardy, D.P.M., DABPS, FACFAS, North Olmsted, OH**

**Michael S. Lee, D.P.M., FACFAS, Des Moines, IA**

**Scott C. Nelson, D.P.M., FACFAS, Omaha, NE**

**Collin E. Pehde, D.P.M., FACFAS, Des Moines, IA**

Have questions or need more information?  
Visit [www.dmu.edu/cme/](http://www.dmu.edu/cme/), or contact Vanessa Ross  
at 515-271-1541 or [cme@dmu.edu](mailto:cme@dmu.edu).

# Foot & Ankle Surgery Symposium

DES MOINES UNIVERSITY • MAY 6-7, 2011

## AGENDA

### Friday, May 6, 2011

12:55 p.m. Welcome and announcements  
*Michael S. Lee, D.P.M., FACFAS*

#### The Lesser Metatarsals

1:00 p.m. Realignment of the Deviated 2nd Toe  
*Sean Grambart, D.P.M., FACFAS*

1:20 p.m. Freiberg's  
*Eric Barp, D.P.M., FACFAS*

1:40 p.m. Metatarsalgia and Lesser Metatarsal Osteotomies  
*Don Buddecke, D.P.M., FACFAS*

2:00 p.m. Complications of Lesser Metatarsal Surgery  
*Richard Derner, D.P.M., FACFAS*

2:20 p.m. Tailor's Bunionectomies  
*Michael S. Lee, D.P.M., FACFAS*

2:40 p.m. Question and answer session

3:00 p.m. Break

#### The Athlete

3:15 p.m. Peroneal Pathology  
*Don Buddecke, D.P.M., FACFAS*

3:35 p.m. Decision Making for OCD Lesions  
*Michael S. Lee, D.P.M., FACFAS*

3:55 p.m. Achilles Tendon Repair: The Right Way to Do It  
*Mark Hardy, D.P.M., FACFAS*

4:15 p.m. Lateral Ankle Instability  
*Richard Derner, D.P.M., FACFAS*

4:35 p.m. Jones or Stress Fracture: Does it Make a Difference  
*Sean Grambart, D.P.M., FACFAS*

4:55 p.m. Question and answer session

5:15 p.m. Adjourn

5:30 p.m. Welcome reception

### Saturday, May 7, 2011

7:30 a.m. Continental breakfast

#### Reconstructive Dilemmas

8:00 a.m. Painful Non-unions of the Midfoot  
*Jill Frerichs, D.P.M., FACFAS*

8:20 a.m. Arthrodesis Techniques for Stage 2 & 3  
*Mark Hardy, D.P.M., FACFAS*

8:40 a.m. Reconstruction After Implant  
*Sean Grambart, D.P.M., FACFAS*

9:00 a.m. Pes Cavus  
*Richard Derner, D.P.M., FACFAS*

9:20 a.m. Posterior Tibial Transfer for Dropfoot  
*William Grant, D.P.M., FACFAS*

9:40 a.m. Question and answer session

10:00 a.m. Break

#### The Diabetic Foot

10:15 a.m. Medial Plantar Artery Flap  
*Collin E. Pehde, D.P.M., FACFAS*

10:35 a.m. Concepts and Etiology of Charcot  
*William Grant, D.P.M., FACFAS*

10:55 a.m. Charcot Reconstruction  
*Richard Derner, D.P.M., FACFAS*

11:15 a.m. Beaming Technique for Charcot  
*William Grant, D.P.M., FACFAS*

11:35 a.m. Neuropathic Calcaneal Fractures  
*Collin E. Pehde, D.P.M., FACFAS*

11:55 a.m. Question and answer session

12:15 p.m. Lunch

#### Update on Ankle Fractures

1:00 p.m. Ankle Syndesmosis Injuries and Repair  
*Mark Hardy, D.P.M., FACFAS*

1:20 p.m. The Diabetic Ankle Fracture  
*Sean Grambart, D.P.M., FACFAS*

1:40 p.m. Pediatric Ankle Fractures  
*Scott Nelson, D.P.M., FACFAS*

2:00 p.m. MIPO Approach to Ankle Fractures  
*Mark Hardy, D.P.M., FACFAS*

2:20 p.m. Arthroscopic Assisted Reduction of Ankle Fractures  
*Michael S. Lee, D.P.M., FACFAS*

2:40 p.m. Question and answer session

3:00 p.m. Break

#### Hallux Rigidus

3:15 p.m. Implant Arthroplasty of the 1st MPJ  
*Scott Nelson, D.P.M., FACFAS*

3:35 p.m. Mosaicplasty for Hallux Rigidus  
*Eric Barp, D.P.M., FACFAS*

3:55 p.m. Arthrodesis vs. Resurfacing  
*Jill Frerichs, D.P.M., FACFAS*

4:15 p.m. Cheilectomy vs. Decompression: Fact or Fiction?  
*Michael S. Lee, D.P.M., FACFAS*

4:35 p.m. Arthrodesis, Optimizing Results  
*Don Buddecke, D.P.M., FACFAS*

4:55 p.m. Question and answer session

5:15 p.m. Program adjournment