



DES MOINES
UNIVERSITY

Student Education Center Auditorium
3300 Grand Avenue, Des Moines, Iowa



April 25-26,
2014

TARGET AUDIENCE

Foot and ankle surgeons, podiatric residents and podiatric students and physical therapists in the Midwest region.

OBJECTIVES

Upon completion of the Symposium, participants will be able to:

- Describe advanced restorative techniques of foot and ankle surgery.
- Evaluate the efficacy of procedures using evidence based treatment options.
- Use evidence based non-surgical treatments for foot and ankle pathology.
- Demonstrate a team based approach to post-surgical rehabilitation and physical therapy modalities.

TOPICS

- Difficult wounds
- First ray
- Painful heel
- Pediatric foot
- Sport injuries
- Trauma

FIFTH ANNUAL DES MOINES UNIVERSITY

Foot & Ankle Surgery Symposium

Faculty include:

Michael S. Lee, D.P.M., FACFAS, Co-Chair, Capital Orthopaedics and Sports Medicine

Mindi Feilmeier, D.P.M., FACFAS, Co-Chair, Des Moines University

Eric A. Barp, D.P.M., FACFAS, The Iowa Clinic

Troy J. Boffeli, D.P.M., FACFAS, HealthPartners Specialty Center

Laura Covill, D.P.T., OCS, COMT, Des Moines University

Paul Dayton, D.P.M., M.S., FACFAS, UnityPoint Clinic

Jill Frerichs, D.P.M., FACFAS, Capital Orthopaedics and Sports Medicine

Kathy Frush, D.P.M., FACFAS, Des Moines University

Byron L. Hutchinson, D.P.M., FACFAS, Burien, WA

James Mahoney, D.P.M., FACFAS, Des Moines University

Nate Schmidt, D.P.T., Capital Orthopaedics Physical Therapy

Kari Smith, D.P.T., ATC, Des Moines University

Continuing Education Credits

CPME: Des Moines University Continuing Medical Education is approved by the Council of Podiatric Medical Education as a sponsor of continuing education in podiatric medicine. This activity has been reviewed and approved for a maximum of 12.0 continuing education contact hours.

Other: Attendees will be given a certificate of participation for a maximum of 12.0 continuing education hours.

Commercial Support

Educational grants are not being accepted for this activity.

To register, please visit www.dmu.edu/fa2014 or contact Des Moines University Continuing Medical Education at 515-271-1596 or cme@dmu.edu.

Registration fee is \$125 for professionals, \$25 for students and residents, and includes materials, refreshments, breakfast and lunch on Saturday.

All cancellations must be received in writing and a 50% administration fee will apply. No refunds will be given three business days prior to the activity start date.

Foot & Ankle Surgery Symposium

DES MOINES UNIVERSITY • APRIL 25-26, 2014

AGENDA

Friday, April 25

- 12:30 p.m. Registration
12:55 p.m. Welcome and Announcements
Michael S. Lee, D.P.M., FACFAS

The Pediatric Foot

- 1:00 p.m. TBD
1:20 p.m. Evans Calcaneal Osteotomy
Paul Dayton, D.P.M., M.S., FACFAS
1:40 p.m. Cerebral Palsy: For the Clinician
Byron L. Hutchinson, D.P.M., FACFAS
2:00 p.m. The Kidner Revisited
Michael S. Lee, D.P.M., FACFAS
2:20 p.m. TBD
Jill Frerichs, D.P.M., FACFAS
2:40 p.m. Question and Answer Session
3:00 p.m. Break

The First Ray

- 3:15 p.m. Lapidus: Pearl and Pitfalls
Troy J. Boffeli, D.P.M., FACFAS
3:35 p.m. 1st MPJ Arthrodesis
Eric A. Barp, D.P.M., FACFAS
3:55 p.m. 1st Ray Changes After MPJ Fusion
Mindi Feilmeier, D.P.M., FACFAS
4:15 p.m. Applying Deformity Correction Principles to HAV
Paul Dayton, D.P.M., M.S., FACFAS
4:35 p.m. Bunion Rehab Protocols
Nate Schmidt, D.P.T.
4:55 p.m. Panel Discussion: Pick Your Poison
5:15 p.m. Adjourn

Saturday, April 26

- 7:30 a.m. Breakfast

The Painful Heel

- 8:00 a.m. Non-Operative Treatments for Heel Pain
James Mahoney, D.P.M., FACFAS
8:20 a.m. Keck and Kelly Heel Osteotomy for Haglund's Deformity: When and How?
Troy J. Boffeli, D.P.M., FACFAS
8:40 a.m. Achilles Insertional Calcific Tendonosis
Byron L. Hutchinson, D.P.M., FACFAS
9:00 a.m. Gastroc Lengthening for Plantar Heel Pain
Jill Frerichs, D.P.M., FACFAS

- 9:20 a.m. Physical Therapy Management of Heel Pain
Laura Covill, D.P.T., OCS, COMT
9:40 a.m. Question and Answer Session
10:00 a.m. Break

Trauma

- 10:15 a.m. TBD
10:35 a.m. Lisfranc's Arthrodesis for Trauma
Paul Dayton, D.P.M., M.S., FACFAS
10:55 a.m. Ankle Fractures: Inside to Outside
Michael S. Lee, D.P.M., FACFAS
11:15 a.m. Diabetic Ankle Fractures
Byron L. Hutchinson, D.P.M., FACFAS
11:35 a.m. Difficult Ankle Fractures
Eric A. Barp, D.P.M., FACFAS
11:55 a.m. Question and Answer Session
12:15 p.m. Lunch

Sports Medicine

- 1:00 p.m. Strategies to Avoid Minor Complications in Ankle Arthroscopy
Troy J. Boffeli, D.P.M., FACFAS
1:20 p.m. Osteochondral Resurfacing: Mosaicplasty
Byron L. Hutchinson, D.P.M., FACFAS
1:40 p.m. Peroneal Tendonopathies
Kathy Frush, D.P.M., AACFAS
2:00 p.m. Arthroscopic Stabilization of the Ankle
Michael S. Lee, D.P.M., FACFAS
2:20 p.m. Okay to Play: Clearing Athletes for Sports
Kari Smith, D.P.T., ATC
2:40 p.m. Question and Answer Session
3:00 p.m. Break

Difficult Wounds

- 3:15 p.m. Comparison of Topical Wound Agents
Kathy Frush, D.P.M., AACFAS
3:35 p.m. Digital Syndactylization for Interspace Wounds
Troy J. Boffeli, D.P.M., FACFAS
3:55 p.m. Toe Tip Ulcers: Treatment with Tenotomy and Dorsal Suspension Suture
Paul Dayton, D.P.M., M.S., FACFAS
4:15 p.m. Surgical Wounds: Okay to Get Them Wet?
Mindi Feilmeier, D.P.M., FACFAS
4:35 p.m. TBD
4:55 p.m. Question and Answer Session
5:15 p.m. Adjourn