

## CURRICULUM VITAE and REFERENCES

Mary Ann Hodorowicz, RDN, CDCES, CEC, MBA

**Registered Dietitian Nutritionist, Certified Diabetes Care and Education Specialist,  
Certified Endocrinology Coder, Masters Degree in Business Administration**

12921 Sycamore • Palos Heights, IL 60463

P: 708.359.3864 • Fax: 866-869-6279 • www.maryannhodorowicz.com • hodorowicz@comcast.net

### EDUCATION

Masters of Business Administration (Marketing Concentration), Loyola University, Chicago, IL

American Dietetic Association Administrative Dietetic Internship,  
New York State Department of Mental Hygiene, Poughkeepsie, NY

Bachelor of Science, Nutrition, Dietetics and Food Service Management,  
University of Illinois, Champaign-Urbana, IL

### CURRENT EMPLOYMENT

Specializing in Diabetes Care and Education, Nutrition, Health Promotion and Insurance  
Reimbursement as a Consultant, Speaker, Author and Spokesperson in:

- Diabetes Self-Management Education and Support (DSMES)
- Medical Nutrition Therapy (MNT)
- Patient Empowerment/Motivational Interviewing
- Medicare & Private Pay Reimbursement for DSMES, MNT & Related Services for Professionals
- Nutrition
- Diabetes Care and Prevention
- Health and Wellness Programs



### Consultant in MNT and DSMES Program Development

Operations, financial management, curriculum and forms, marketing, outcomes and quality management, clinical standards, staff training, Medicare and private payer reimbursement and obtaining DSMES program recognition from the American Diabetes Association or the American Association of Diabetes Educators.

### CONTRACTED CLIENTS

State Departments of Health clients are in red font.

- My services for these departments are to healthcare entities in their states who have implemented or desire to implement these Medicare services (and seek private insurance and Medicaid payment also):
  - DSMES; MNT, diabetes prevention; remote patient monitoring; CGM (personal and professional); chronic care management; and intensive behavior counseling for obesity.
- My consulting includes: on-site and off-site consulting; webinars; training workshops, technical assistance, authorship.
  - Roche Diagnostics, Inc., 2020
  - Connecticut State Dept. of Health, 2020
  - Iowa State Dept. of Health, 2020
  - California State Dept. of Health, 2020
  - North Dakota State Dept. of Health, 2020
  - Bhatki Paul, MD, Lifestyle Medicine Endocrinology Practice, 2020
  - National Association of Chronic Disease Directors, '19 to present
  - Medtronic, Inc., '18, '19
  - Lifescan Diabetes Institute, '18 to present
  - Voluntis, Inc. '18, '19
  - American Association of Diabetes Educators, '18 to present
  - Glooko, Inc., '18 to present

- Glytec, Inc., '18 to present
- Centers for Medicare and Medicaid Services, Quality Innovation Network--Quality Improvement Organization, '15 – '19 (5 year contract to improve access to and utilization of DSMT benefit)
- Jersey Community Hospital, Jerseyville, IL, '18
- Winthrop Hospital, New York, '18 to present
- Michigan State Dept. of Health, '18 to present
- Michigan Public Health Institute, '18
- Perry Memorial Hospital, Princeton, IL, '18
- Care Support Center, Inc., Philadelphia, PA, '18
- The Hernried Center for Medical Weight Loss, '18
- Schnucks Pharmacy, '18
- WellFlorida Council, '18
- Rhode Island State Dept. of Health, '18 to present
- Oklahoma State Dept. of Health, '18
- Colorado State Dept. of Health, '18 to present
- North Carolina State Dept. of Health, '18
- Centers for Disease Control and Prevention, '18 to present
- Illinois State Dept. of Health and Human Services, '08 – '15
- Boston Heart Diagnostics, '17
- University of North Carolina Medical Center, '17 to present
- South Carolina State Dept. of Health, '17 to present
- dMeetings.com, '17
- Divabetic.com, '17 to present
- Owensboro Health, Owensboro, KY, '17
- District of Columbia State Dept. of Health, '17 to present
- New Hampshire State Dept. of Health, '17
- Nebraska State Dept. of Public Health, '17 to present
- Louisiana State Dept. of Health, '16
- Eastern Carolina Medical Center, '16
- Utah State Dept. of Health, '15
- Arkansas State Dept. of Health, '15 and '16
- Maryland State Dept. of Health, '15 to present
- Indiana State Dept. of Health, Diabetes Prevention and Control Division, '15 to present
- Pennsylvania State Dept. of Health, '15
- Mountain Laurel Federally Qualified Health Center, MD, '15
- Aging & In-Home Services of Northeast Indiana, Inc., '16
- Reid Health Physicians Associates, '15
- Regional Health Network, Rapid City, SD, '15
- Boston Consulting Group, Inc. '15
- Lodi Memorial Hospital, Lodi, CA, '15
- Konsyl Pharmaceuticals, Inc., '14 to July '16
- Saint Alphonsus Medical Group/Diabetes Care & Education Clinics, Boise, ID, '15
- UnityPoint--Trinity Health, Moline, IL, '15
- Mississippi State Dept. of Public Health, '14
- St. Elizabeth's Physicians' Group, KY, '14
- SayAgain, Inc., CA, '13
- Healthways, Inc., TN, '14

- Aspirus Keweenaw Hospital, MI, '14
- Seton Healthcare Family, TX, '14
- Illinois Valley Community Hospital, '14
- University of Washington Medical Center, WA, '14
- PreviMedica, Inc., FL, Digital and Telehealth Patient Healthcare, '14
- Gulf Coast Health Educators, MS, '14
- Medifast, Inc., MD, '14
- Metagenics, CA, '13 to '15. On faculty to teach billing and coding for third party reimbursement to healthcare professionals in *FirstLine™ Therapy Program* certification course (intensive lifestyle change program to treat metabolic syndrome). Live, 3-pday program meets twelve times/year throughout U.S.
- Palos Medical Group, '14
- Healthy Interactions, Inc., IL, (creators of 'Diabetes Conversation Maps™), '08
- Safeway, Inc. (owner of national chain of grocery and pharmacy stores), CA
- Blue Cross-Blue Shield of North Carolina, consultant on motivational interviewing
- Cray Diabetes Self-Management Education Center, Kansas U. Medical Center, KS, '13
- Voice of Diabetes Radio Show, OK, '13 to '16
- Trihealth Corporate Wellness, OH, '13
- Soul Care Services, Inc. (Home Health Agency), IL, '13
- Achieving Better Control, Inc., '13
- DietitianCentral.com website, faculty for CE webinars, 2012 to present
- dLife.com, NY, '12
- Humboldt General Hospital, NV, '12
- Mercy Hospital and Medical Center, IL, '12
- Diabetes in Control website, '12
- Heritage Wellness at Home (DSMT and MNT provider), IL, '12
- Apple Drugs, Apple Diabetes Center, MD, '11
- Reactive Nutrition, LA, '12
- Brockton Visiting Nurses Association, MA, '12
- Med-Fast Pharmacy, Inc., Med-Fast Diabetes Self Management Education Program, PA, '12
- Culpeper Medical Associates, VA, '12
- inControl Diabetes Learning and Resource Center, Hawaii, '12
- Johnson County Pharmacists, Inc., TN, 2011
- American Association of Diabetes Educators, author, speaker, consultant, '05
  - Author: 9 hr online CE course *Diabetes Self-Management Program Management, "Navigating the Maze in Community-Based Pharmacy Programs: Overcoming the Obstacles to Reimbursement for DSMES"*
- O'Neal Drug Stores, Inc., NC, '11
- Johnson and Johnson Diabetes Institute, faculty, (train-the-trainer program), 2008 to present
- Emerson Healthcare Inc., '09
- PresentDiabetes e-Learning Systems, Inc., author, lecturer, professional blogger, '08 to '11
- National Community Pharmacy Association and American Association of Diabetes Educators, faculty, "Diabetes Accreditation Standards-Practical Applications" train-the-trainer program, '10 to '15
- Deerpath Physicians' Group, IL, '11
- Diabetes *Insight* website, '11
- Optum Health Education, Inc., '10
- Balancing Life's Issues, national provider of custom work/life balance training programs, '10 to '14
- Linda Roberts and Associates, Inc., IL, consultant, '10 to present
- Preventure (national provider of employee and consumer wellness programs), trainer, '08

- **Health Maintenance Institute** (national provider of employee and consumer wellness programs), consultant for variety of on-site and off-site employee wellness programs, '08 to '10
- **Crown, Cork and Seal Manufacturing, Inc.**, IL, provider of employee wellness programs, '08
- **Nestle Healthcare Nutrition, Inc.**, speakers' bureau and consultant, DSMES, MNT, '06 to '09
- **Cooper University Health System**, NJ, '09 to '10
- **Chicago Dept. of Health**, '09 to '10
- **Complete Diabetes Care, Inc.**, TX, '09
- **PESI Healthcare**, content developer/provider of CE seminars for healthcare professionals, 2008 to 2011
  - *Evidence-Based Nutrition Practice Guidelines for Diabetes, Hyperlipidemia and Hypertension*
  - *Changing Behavior in Diabetes Patients with Motivational Interviewing and Patient Empowerment*
- **Family Bridges Healthcare**, CA, '08 – '09
- **Comprehending Concepts, Inc.**, TX, '08 – '09
- **Quality Nutrition, Inc.**, IL, '08
- **Nutritionally Yours, Inc.**, NY, '08 – '09
- **Albertsons/Osco/Savon Pharmacy, Inc.** speaker on diabetes self-management, and conduct grocery store tours on healthy eating, IL, '05 –'09
- **Aeon Health, Inc.**, (multi-physician healthcare private practice), TX, consultant, '08
- **Medgraph, Inc.**, (blood glucose meter company), consultant for development of new blood glucose meter and consumer education materials, '07 to '08
- **Hamilton Nutrition, LLC**, MO, '07
- **Numerous RDs in U.S.** on establishing/enhancing their private practices, '04
- **Carey Medical Center**, ME, DSMES, MNT program development, '08
- **Elkhart General Hospital**, IN, '07, '08
- **Professional Education Services Group, Inc.**, content developer and provider of trainer-the-trainer seminars, including reimbursement, motivational interviewing and patient empowerment, '07, '08
- **Fayette County Memorial Hospital**, consultant, OH, '07
- **Barrington Orthopedic Group**, IL, consultant on DSMES, MNT program development, '07
- **The Dunn Group, Inc.**, (marketing research company), consultant, '07
- **Walgreens, Inc**, consultant for web site development, '07
- **CVPH Medical Center**, NY, consultant, '07
- **Phoenix Indian Medical Center**, AZ, '06
- **St. Agnes Medical Center**, CA, '06
- **Arkansas Dept. of Health**, '05
- Consulting on DSMES and MNT insurance reimbursement for healthcare professionals:
  - **Centennial Medical Center**, TN, '06
  - **Mt. Sinai Hospital**, NY, '05
  - **Wentworth-Dover Hospital**, NH, '04
  - **ARAMARK, Inc.**, '03
  - **ServiceMaster, Inc.**, '02, '01
  - **Gambro Renal Healthcare, Inc.**, '02
  - **DaVita Renal Healthcare, Inc.** '02
  - **Ingalls Hospital**, Harvey, IL. '02
  - **University of Chicago Hospital and Clinics**, '00
- **National Kidney Foundation of Illinois**, Train the Trainer Program, *Control Your Diabetes for Life* ©, '06, Consumer Education of Treatment and Prevention of Kidney Disease (live programs), '06 – '09
- **Mecklenburg County, NC**; Train the Trainer Workshop for RDs in MNT Research Project on *American Dietetic Association's "MNT Evidence-Based Guides To Practice"* for diabetes and cardiovascular MNT and on "*Control Your Diabetes for Life* ©" (self-authored 10 hour DSMES program), '03 – '04

- Train the Trainer Workshop: *Control Your Diabetes for Life* ©:
  - Westlake Hospital, IL, '02 and Deaconess Hospital, OK, '02
- Ingalls Hospital, IL, Train the Trainer Workshop: *American Dietetic Association's "MNT Evidence-Based Guides To Practice"* for diabetes and cardiovascular MNT, '02
- St. Xavier University, IL, content developer and provider of *Low Fat Lifestyle Weight Loss Program*, 1997, '98, '99

## PROFESSIONAL SPEAKER PRESENTATIONS

Live presentations, webinars and training workshops to professionals and consumers (>400 to date):

***Bold, italic font = presentation on Medicare and private payer reimbursement for MNT, DSMES/T, intensive behavior therapy for obesity, diabetes prevention program, shared medical appointments, remote patient monitoring, chronic care, management, glucometers, insulin pumps, insulin titration and professional and personal use continuous glucose monitoring.***

- Sweet Success Diabetes and Pregnancy National Research Virtual Conference, *Outpatient Diabetes Telehealth Services During the Stages of Pregnancy and Postpartum: Billing and Coding*, '20
- South Carolina Primary Healthcare Association and **South Carolina Dept. of Health**, 6 Hour Virtual Training, *A Roadmap to Starting and Sustaining a Successful DSMES Program*, '20
- **Colorado State Dept. of Health**, *CMS Waivers for Telehealth DSMT and MNT During COVID-19*, '20
- Glooko, Inc., *How to Successfully Achieve DSMES Services Certifications from ADA and ADCES*, '20
- Lifescan Diabetes Institute, webinar, *Medicare Waivers for Physician Telehealth Evaluation and Management Services and Other Key Virtual Services for Diabetes Care During COVID-19*, '20
- **Nebraska State Dept. of Health**, *Nutrition Practice Guidelines to Control the A-B-C's of Diabetes: A1c, Blood Pressure and Cholesterol*, '20
- Glooko, Inc. webinar, *How to Drive Clinical Outcomes for Patients with Diabetes Using Nutrition Therapy* '20
- Lifescan Diabetes Institute, webinar, *UPDATE on Newest CMS Waivers for Telehealth DSMT and MNT During COVID-19*, '20
- Lifescan Diabetes Institute, webinar, *Back by Popular Demand: Nutrition Interventions to Increase Glucose Time in Target Range*, '20
- Lifescan Diabetes Institute, webinar, *CMS Waivers for Telehealth DSMT and MNT During COVID-19*, '20
- Lifescan Diabetes Institute, webinar, *Nutrition Interventions to Increase Glucose Time in Target Range*, '20
- Dietitiancentral.com, webinar, *CMS Waivers for Telehealth DSMT and MNT During COVID-19*, '20
- **California State Dept. of Health**, webinar, *Money Matters in DSMT and MNT: Increase Your Reimbursement Now!*, '20
- **Indiana State Dept. of Health**, webinar, *CMS Waivers for Telehealth DSMT During COVID-19*, '20
- Glooko, Inc. webinar, *How to Bill for Remote Patient Monitoring Services Like a Pro*, '20
- Glooko, Inc. webinar, *What's New in 2020 Diabetes Reimbursement?*
  - Review of these Medicare benefits and coverage guidelines: DSMES, MNT, Remote Patient Monitoring, Continuous Glucose Monitoring, Insulin Pumps, Chronic Care Management, Diabetes Prevention Program, Intensive Behavior Therapy for Obesity, '20
- U. of Texas Medical Branch, Galveston, TX, *Medicare Diabetes Prevention Program (MDPP) Model Expansion: Overview of Final Rule for Calendar Year 2019*, '19
- Lifescan Diabetes Institute, webinar, *Expanded Motivational Interviewing and Adult Learning Tools for Successful Behavior Change*, '19
- Project ECHO T1D, Division of Pediatric Endocrinology and Diabetes, Stanford School of Medicine, webinar, *Overview of Diabetes and Diabetes-Related Outpatient Benefits with Emphasis on Medicare Reimbursement Guidelines*, '19

- Academy of Nutrition and Dietetics annual Food and Nutrition Conference and Exhibition, *Align Services Using Digital Tools to Deliver Diabetes Care Virtually (with Emphasis on Medicare's New Remote Patient Monitoring Benefit Coverage Guidelines)*, PA, '19
- Cardiometabolic 360 Summit, *Overview of Diabetes and Diabetes-Related Outpatient Benefits with Emphasis on Medicare Reimbursement Guidelines*, FL, '19
- **Maryland State Dept. of Health**, live all-day training on multiple topics, '19:
  - *Community Health Agency and Medicare Provider Partnerships (C.H.A.M.P.): Key to DSMES Program Sustainability*
  - *Proven Keys to Increasing Sustainability of MNT, DSMES and DPP*
  - *Intensive Behavior Therapy (IBT) for Obesity Reimbursement (Medicare, Private Payers)*
  - *Diabetes Outpatient Benefits Related to Education, Management and Prevention (Medicare, Private Payers)*
- **Michigan State Dept. of Public Health**, *Expanded Overview of Diabetes Outpatient Benefits Related to Education, Management & Prevention with Emphasis on Medicare Reimbursement Guidelines*, '19
- Marshfield Clinic & Healthcare System, *Healthy Coping: Implications in Diabetes Care & Education*, WI, '19
- American Association of Diabetes Educators, *Money Matters in DSMT and MNT: Increase Your Reimbursement Now!*, Annual Conference and Exhibition, '19
- 8<sup>th</sup> Annual Southwest Diabetes Symposium, Flagstaff, AZ, '19: 2 talks:
  - *Update on Risk Adjustment Factor/Hierarchical Condition Categories Scoring*
  - *Reimbursement for Diabetes and Diabetes-Related Services by Medicare & Private Health Insurers*
- American Association of Diabetes Educators, *The Business of Insulin Titration: How to Get Paid*, Annual Conference and Exhibition, '19
- 8<sup>th</sup> Annual Southwest Diabetes Symposium, Yuma, AZ, '19: 2 talks:
  - *Update on Risk Adjustment Factor/Hierarchical Condition Categories Scoring*
  - *Reimbursement for Diabetes & Diabetes-Related Services by Medicare and Private Health Insurers*
- DietitianCentral.com, webinar, *Clinical Teaching Plan for a Best Practice DSMES / MNT Program*, '19
- **Indiana State Department of Health**, *Money Matters in DSMT and MNT: Increase Your Reimbursement Now!*, '19
- US Dept. of Health and Human Services, webinar, *Financial Plan for a Best Practice DSMT Program*, '19
- 8<sup>th</sup> Annual Southwest Diabetes Symposium, Scottsdale, AZ, '19: 2 talks:
  - *Update on Risk Adjustment Factor/Hierarchical Condition Categories Scoring*
  - *Reimbursement for Diabetes and Diabetes-Related Services by Medicare and Private Health Insurers*
- Lifescan Diabetes Institute, webinar, *Motivational Interviewing and Adult Learning Tools for Successful Behavior Change*, '19
- **Rhode Island State Dept. of Health**, 8 hr live training program, *Proven Keys to Developing and Sustaining a Best Practice DSMES Program* (review of 6 components of a best practice DSMES business plan), '19
- 8<sup>th</sup> Annual Southwest Diabetes Symposium, Tucson, AZ, '19: 2 talks:
  - *Update on Risk Adjustment Factor/Hierarchical Condition Categories Scoring*
  - *Reimbursement for Diabetes and Diabetes-Related Services by Medicare and Private Health Insurers*
- CMS Quality Innovation Network, National Coordinating Center (QIN-QIO) Public Sharing Call: *The Basics of Implementing a Continuous Quality Improvement Plan for a DSMES Program*, '18
- Lifescan Diabetes Institute, webinar, *Motivational Interviewing and Adult Learning Tools for Successful Behavior Change*, '18
- Connecticut Alliance of Diabetes Educators, live presentation, *Money Matters in DSMT and MNT: Increase Your Insurance Reimbursement Now!*, '18

- American Association of Diabetes Educators, webinar, *Financial Plan for DSMES Program*, '18
- American Association of Diabetes Educators, webinar, *Marketing Plan for DSMES Program*, '18
- American Association of Diabetes Educators, webinar, ***Money Matters: Increase Reimbursement Success for DSMT***, '18
- Johnson and Johnson Diabetes Institute, webinar, *Motivational Interviewing and Adult Learning Tools for Successful Behavior Change*, '18
- Texas Board of Health, 15<sup>th</sup> Annual FACES of Diabetes Conference, 2 talks: *2013 Guideline for the Management of Overweight and Obesity in Adults* and ***Money Matters: Increase Reimbursement Success for DSMT***, '18
- Johnson and Johnson Diabetes Institute, all day training program for Thedacare, Inc., WI, '18
- CMS Quality Innovation Network, National Coordinating Center (QIN-QIO) Public Sharing Call: ***The Basics for Achieving Medicare Reimbursement for DSMT***, '18
- Maine Coordinating Body of the American Association of Diabetes Educators, 2 live presentations, ***Money Matters: Increase Reimbursement Success for DSMT***, and the *2013 Guideline for the Management of Overweight and Obesity in Adults*, '18
- CMS Quality Innovation Network, National Coordinating Center (QIN-QIO) Public Sharing Call: *The Basic Business Strategies for Building a Successful DSMT Program*, '18
- Glooko, Inc., webinar, ***Reimbursement for Remote Patient Monitoring: An Overview of CPT® Code 99091***, '18
- **Nebraska State Dept. of Health**, webinar, *E.M.A. Tools for Successful Behavior Change: Empowerment, Motivational Interviewing and Adult Learning Principles*, '18
- **Louisiana Dept. of Health and Hospitals**, 1 day train-the-trainer workshop on multiple diabetes topics, '18
- Michigan Public Health Institute and **Michigan State Dept. of Health**, webinar, *Building the Business Case for Diabetes Self-Management Education and Support, Part 2 of 2*, '18
- Michigan Public Health Institute and **Michigan State Dept. of Health**, webinar, *Building the Business Case for Diabetes Self-Management Education and Support, Part 1 of 2*, '18
- Michigan Public Health Institute and **Michigan State Dept. of Health**, webinar, ***Medicare Diabetes Prevention Program (MDPP) Model Expansion: Overview of Final Rule for Calendar Year 2018***, '18
- American Association of Diabetes Educators, webinar for DC Health, *The Business Management of Diabetes Self-Management Education and Support*, '18
- DietitianCentral.com, webinar, *Self-Motivation: Jet Fuel for Success! How to Get It and Keep It!*, '18
- **Louisiana State Dept. of Health**, webinar, ***Money Matters: Increase Reimbursement Success for DSMT—MNT in FQHCs and RHCs***, '18
- American Association of Diabetes Educators, webinar for DC Health, *How to Create an Effective Marketing Plan and Financial Plan for a DSMES Program*, '18
- American Association of Diabetes Educators, 2018 annual meeting, live presentation: ***Money Matters: Increase Reimbursement Success for DSMT—MNT***, '18
- New Jersey AADE Coordinating Body Annual Meeting, 2 live talks, '18
  - *Advancing the Roles and Responsibilities of Diabetes Educators in Population Health Care Coordination, ACOs and PCMHs*
  - *How to Write An Effective and Successful DSMES/MNT Business Plan*
- Illinois Health and Hospital Association, 2 live talks, Springfield, '18:
  - *Motivation: Jet Fuel for Success. How to Get It and How to Keep It!*
  - ***Medicare Diabetes Prevention Program (MDPP) Model Expansion: Overview of Final Rule for Calendar Year 2018***
- Illinois Health and Hospital Association, 2 live talks, Naperville, '18:
  - *Motivation: Jet Fuel for Success. How to Get It and How to Keep It!*
  - ***Medicare Diabetes Prevention Program (MDPP) Model Expansion: Overview of Final Rule for Calendar Year 2018***

- Colorado Department of Health, webinar, *Medicare Diabetes Prevention Program (MDPP) Model Expansion: Overview of Final Rule for Calendar Year 2018*, '18
- DietitianCentral.com, webinar, *Insurers' Nutrition, DSMES and Related Benefits, and 10 Steps to Optimize Billing, Coding and Reimbursement*, '18
- Michigan Public Health Institute and Michigan State Dept. of Health, webinar, *Money Matters in DSMT: Increase Your Reimbursement Now!*, '18
- South Carolina State Dept. of Health, webinar, *Insurers' Nutrition, DSMES and Related Benefits, and 10 Steps to Optimize Billing, Coding and Reimbursement*, '18
- WellFlorida Council, webinar, *Super Creative and Effective DSMES Marketing Strategies*, '18
- DietitianCentral.com, webinar, *Medicare Diabetes Prevention Program (MDPP) Model Expansion: Overview of Final Rule for Calendar Year*, '18
- Louisiana State Dept. of Health, webinar, *Overview of Health Insurers' Nutrition, DSMES and Related Benefits and 10 Steps to Optimize Billing, Coding and Reimbursement*, '18
- Louisiana State Dept. of Health, webinar, *Evidence-based Nutrition Practice Guidelines to Control the A-B-C's of Diabetes*, '18
- Louisiana State Dept. of Health, webinar, *Shared Medical Appointments for Patients with Diabetes: Structure, Organization and Claims Processing for Provider Visit and Behavior Change/Education Intervention*, '18
- DietitianCentral.com, webinar, *How to Give Effective and Dynamic Presentations*, '18
- Louisiana State Dept. of Health, webinar, *Professional and Personal Use Continuous Glucose Monitoring (CGM) and Health Insurance Reimbursement: Getting it Right!*, '18
- Louisiana State Dept. of Health, webinar, *Hypertension and Diabetes: Nutrition Practice Guidelines and Medication Protocol*, '18
- Louisiana State Dept. of Health, webinar, *Diabetes Medication Update: The Tried, True and New*, '18
- Colorado State Dept. of Health, 1 day live training on multiple topics, Denver, '18
- Louisiana State Dept. of Health, webinar, *How to Give Dynamic and Effective Presentations*, '18
- New Hampshire State Dept. of Health, webinar, *How to Build the Business Case for a DSMES Program*, '18
- Rhode Island State Dept. of Health, webinar, *Medicare Diabetes Prevention Program Model Expansion: Overview of Final Rule in CY 2018*, '18
- DietitianCentral.com, webinar, *Medicare Diabetes Prevention Program Model Expansion: Overview of Final Rule in CY 2018*, '18
- Oklahoma AADE, *Money Matters in DSMT and MNT: Increase Your Reimbursement Now!* '18
- Louisiana State Dept. of Health, webinar, *Money Matters in DSMT in FQHCs: Increase Your Reimbursement Now!* '17
- Illinois Health and Hospital Association, 2 days of live training on multiple topics, Naperville, '17:
  - *Evidence-based Nutrition Practice Guidelines to Control the A-B-C's of Diabetes*
  - *CQI Plan and Tools for DSMES Program*
  - *Marketing Plan for DSMES Programs*
  - *How Diabetes Educators Can Utilize Medicare's Chronic Care Management Benefit*
  - *E.M.A. Tools for Successful Behavior Change: Empowerment, Motivational Interviewing and Adult Learning Principles*
  - *Challenges & Common Problems in Older Adults with Diabetes & Evidence-Based Interventions to Reduce*
  - *You Taking Care of You! (We Saved the Best for Last...Inspiring!)*
- Illinois Health and Hospital Association, 2 days of live training on multiple topics, Mt Vernon, '17:
  - *Evidence-based Nutrition Practice Guidelines to Control the A-B-C's of Diabetes*
  - *CQI Plan and Tools for DSMES Program*
  - *Marketing Plan for DSMES Programs*
  - *How Diabetes Educators Can Utilize Medicare's Chronic Care Management Benefit*



- *E.M.A. Tools for Successful Behavior Change: Empowerment, Motivational Interviewing and Adult Learning Principles*
- *Challenges & Common Problems in Older Adults with Diabetes & Evidence-Based Interventions to Reduce*
- *You Taking Care of You! (We Saved the Best for Last...Inspiring!)*
- **New Hampshire State Dept. of Health**, 1 day live training on multiple topics, '17
  - *Proven Keys to Enhancing & Sustaining Your DSMES Program: Business Plan Format*
  - *Continuous Quality Improvement Plan and Implementation Tools*
  - *Marketing Plan (Includes Interactive Group Discussion and Action Plan Checklist)*
  - *Financial Plan: Strategies Beyond Reimbursement for Sustainability (Includes Interactive Group Discussion and Action Plan Checklist)*
- *Covenant HealthCare Diabetes Symposium, Evidence-Based Nutrition Practice Guidelines to Control the A-B-C's of Diabetes, MI, '17*
- *Illinois Health and Hospital Association, Proven Keys to Sustainability for DSMES and MNT Programs, '17*
- **Maryland State Dept. of Health**, 2 days live training on multiple topics, Baltimore, '17
  - ***Medicare DSMT and MNT Benefit Coding & Coverage Guidelines***
  - *E.M.A. Tools for Successful Behavior Change: Empowerment, Motivational Interviewing and Adult Learning Principles*
  - ***Payers' Nutrition and Diabetes Education Benefits and 10 Steps to Optimize Billing, Coding and Reimbursement***
  - *Marketing Plan (7 "P's" of Marketing a Service) for a DSMES Program*
  - *Financial Plan for a DSMES Program*
  - *Continuous Quality Improvement Plan for a DSMES Program*
- *Illinois Health and Hospital Association, 2 days of live training on multiple topics, Springfield, '17:*
  - *Evidence-based Nutrition Practice Guidelines to Control the A-B-C's of Diabetes*
  - *CQI Plan and Tools for DSMES Program*
  - *Marketing Plan for DSMES Programs*
  - ***How Diabetes Educators Can Utilize Medicare's Chronic Care Management Benefit***
  - *E.M.A. Tools for Successful Behavior Change: Empowerment, Motivational Interviewing and Adult Learning Principles*
  - *Challenges & Common Problems in Older Adults with Diabetes & Evidence-Based Interventions to Reduce*
  - *You Taking Care of You! (We Saved the Best for Last...Inspiring!)*
- **Nebraska State Dept. of Health**, 1 day live training on multiple topics, Lincoln, '17:
  - *What Does a Best Practice DSMES--MNT Program Look Like?*
  - ***Medicare's Coding and Coverage Guidelines for DSMT and MNT Benefits***
  - ***Medicare's Coding and Coverage Guidelines for Intensive Behavior Therapy for Obesity Benefit***
  - ***Beyond Reimbursement: Financial Plan for "Best Practice" DSMES--MNT Programs***
  - *Proven Keys to Sustainability for DSMT and MNT Programs*
- *Annual 8 Hour Workshop for 6 Illinois Dietetic Internships of the Academy of Nutrition and Dietetics:*
  - *Patient Empowerment Tools and Motivational Interviewing for Changing Patients' Behavior*
  - ***Medicare Reimbursement for MNT, '17***
- *Centers for Disease Control, webinar, Money Matters: Helping Recognized/Accredited DSMES Programs Maximize Medicare Reimbursement, '17*
- *Farm to Institute Summit, SC, Super Creative DSMES Program Community Marketing Activities, SC, '17*
- *Carle Clinic, Evidence-Based Nutrition Practice Guidelines to Control the A-B-C's of Diabetes, IL, '17*
- **Louisiana Dept. of Health & Hospitals**, *Evidence-Based Nutrition Practice Guidelines to Control the A-B-C's of Diabetes*, webinar, '17
- *Spartanburg Regional Healthcare System, Spartanburg, South Carolina, all day workshop, '17:*
  - *E.M.A. Tools for Successful Behavior Change: Empowerment, Motivational Interviewing and Adult Learning Principles*

### *Learning Principles*

- *Diabetes Medication Update: The Tried, The True and The New*
- *Healthy Coping in Diabetes: Strategies for Healthcare Professionals and Patients*
- Veterans Administration Montana Healthcare System, *Diabetes Medication Update: The Tried, The True and The New*, webinar, '17
- American Association of Diabetes Educators, 2017 annual meeting, live presentations:
  - *Sustaining Your Diabetes Education Program: Take Your Program to the Next Level*, 8 CEs, pre-conference workshop
  - ***Money Matters: Increase Reimbursement Success for DSMT—MNT***
  - *May the Force Be With You! Super Creative DSMES Program Community Marketing Activities*
- Dietitian Central.com, *Building the Business Case for Diabetes Self-Management Education and Support*, webinar, '17
- Centers for Disease Control, National Center for Chronic Disease Prevention and Health Promotion, *Building the Business Case for Diabetes Self-Management Education and Support*, webinar, '17
- Johnson and Johnson Diabetes Institute, All Day Training Program, Carle Clinic, Champaign, IL, '17
  - *Diabetes Standards and Guidelines*
  - *Transitions in Diabetes Care*
  - *General Principles of Diabetes Management; Non-Insulin Medications*
- **District of Columbia Dept. of Health**, *Health Insurers' Nutrition Therapy, Diabetes Education and Related Benefits and Steps to Increase Reimbursement Success*, webinar, '17
- **Louisiana State Dept. of Health & Hospitals**, *What Does a Best Practice DSMES Program Look Like?*, webinar, '17
- WellFlorida Council, *Proven Keys to MNT--DSMES Program Sustainability*, webinar, '17
- **District of Columbia State Dept. of Health**, *Advanced Roles and Responsibilities of Diabetes Educators in Accountable Care Organizations and Medical Homes*, webinar, '17
- Dietitian Central.com, *Evidence-Based Nutrition Practice Guidelines to Control the A-B-C's of Diabetes*, webinar, '17
- AADE Reimbursement Boot Camp, ***Basics of Medicare DSMT—MNT Reimbursement, Other Billable Services for DSMES Program; Knowing What Your Billers Need to Know: Common Coding and Billing Errors; Unique DSMES-MNT Providers: Payment Barriers***, 8 hr live training program, Florida, '17
- Southeast Louisiana AADE Local Networking Group and Louisiana Dept. of Health, *Diabetes Medication Update: The Tried, The True and The New; Hypertension and Diabetes: Nutrition Practice Guidelines and Medication Protocol; Healthy Coping in Diabetes: Education Strategies for Diabetes Educators and Patients*, 8 hour live training program, Louisiana, '17
- **Arkansas State Dept. of Health**, *How to Write an Effective Marketing Plan for a DSMES Program*, webinar, '17
- Dietitian Central.com, ***Money Matters: Increase Reimbursement Success for DSMT--MNT***, webinar, '17
- 29<sup>th</sup> Annual Diabetes Conference, University of North Carolina, Charlotte, *Evidence-Based Nutrition Practice Guidelines to Control the A-B-C's of Diabetes*, '17
- **District of Columbia State Dept. of Health**, *Negotiating Coverage of DSMES with State Medicaid Administrators*, webinar, '17
- Indiana Rural Health Association annual meeting, *Medicare Coverage Guidelines for DSMT and MNT Telehealth*, IN, '17
- **Louisiana State Dept. of Health and Hospitals**, *Medicare and Private Payer Reimbursement for Continuous Glucose Monitoring*, webinar, '17
- Veterans Administration Montana Healthcare System, *Evidence-Based Nutrition Practice Guidelines to Control the A-B-C's of Diabetes*, webinar, '17
- American Journal of Managed Care, *Diabetes Management Tools Live Peer Exchange (live video taping to be used as educational resource for healthcare professionals on AJMC website)*, New Jersey, '17

- **Louisiana State Dept. of Health and Hospitals**, *Overview of Diabetes Self-Management Education Program Certification (AADE and ADA) Benefits, Key Requirements and Procedures*, webinar, '17
- **Mississippi State Dept. of Health**, *Business of Diabetes Workshop*, 1 day of live training, Biloxi, '17
- Dietitian Central.com, *Diabetes Medications Update: The Tried, The True and the New*, webinar, '17
- **Louisiana State Dept. of Health and Hospitals**, *Medicare's Intensive Behavioral Counseling for Obesity Benefit: Coding, Coverage and Conditions for Payment*, webinar, '17
- U. of Arkansas Medical Sciences, College of Medicine, 1 day of live training on multiple diabetes clinical and DSMES management topics, Little Rock, '17
- **Indiana State Dept. of Health**, *Money Matters in MNT & DSMES: Increase Your Insurance Reimbursement Now*, webinar, '17
- **Louisiana State Dept. of Health and Hospitals**, *Diabetes Medication Update: The Tried, The True and The New*, webinar, '17
- Telligen (Quality Innovation Network/Quality Improvement Organization for Centers for Medicare & Medicaid Services), *C.H.A.M.P. Partnerships: Key to Increasing DSMES Community Health Agency and Medicare Provider Partnerships*, webinar, '17
- **Arkansas State Dept. of Health** and U of Arkansas Medical Sciences, College of Medicine, *Certification of Diabetes Self-Management Education Programs: Overview of Benefits, National Standards of DSMES and AADE/ADA Requirements*, webinar, '16
- U of Maryland Medical Center, *Motivation: Jet Fuel for Success! How to Get It and How to Keep It*, '16
- **Arkansas State Dept. of Health** and U of Arkansas Medical Sciences, College of Medicine, 2 days live training on multiple diabetes clinical and DSMES management topics, Little Rock, '16
- AADE, *Advanced Diabetes Education Program Management Workshop* (8 hours), New Jersey, '16
- Dietitian Central.com, webinar, *Continuous Quality Improvement Plan for DSMES Program* '16
- Virginia AADE Coordinating Body Annual Meeting, *Proven Keys to MNT-DSMES Program Sustainability*, '16
- Montana AADE Coordinating Body Annual Meeting, 2 talks:
  - *Secret of Success for Diabetes Educators in Population Health, ACOs and PCMHs: Think and Act Like a Business!*
  - *Evidence-Based Nutrition Practice Guidelines, Recommendations and Interventions to Control A-B-C's of T1/T2 Diabetes in Adults*, '16
- American Dental Association Annual Meeting, *Diabetes Screening & Education in the Dental Office*, CO, '16
- Academy of Nutrition and Dietetics Annual Food and Nutrition Conference & Exhibition, *How to Facilitate, M.O.T.I.V.A.T.E. and Cultivate Patient Follow-up Visits*, MA, '16
- Wyoming AADE Coordinating Body Annual Meeting, 2 talks, '16
  - *Proven Keys to MNT-DSMES Program Sustainability*
  - *Evidence-Based Nutrition Practice Guidelines to Control the A-B-C's of Diabetes*
- **Indiana State Dept. of Health**, webinar, *Spotlight Your DSMES Program During National Diabetes Awareness Month: Empower Your Community to Take Control of Diabetes in November!*, '16
- **Louisiana State Dept. of Health and Hospitals**, webinar, *Continuous Quality Improvement Plan for DSMES Programs*, '16
- Annual 8 Hour Workshop for 6 Illinois Dietetic Internships of the Academy of Nutrition and Dietetics:
  - *Patient Empowerment Tools and Motivational Interviewing for Changing Patients' Behavior*
  - *Medicare Reimbursement for MNT*, '16
- Annual 8 Hour Workshop for 6 Illinois Dietetic Internships of the Academy of Nutrition and Dietetics: webinar, *Medicare's Intensive Behavioral Counseling for Obesity Benefit: Coding, Coverage and Conditions for Payment*, '16
- Dietitian Central.com, webinar, *E.M.A. Tools for Behavior Change: Empowerment, Motivational Interviewing and Adult Learning Strategies*, '16

- Virginia AADE Local Networking Group Annual Meeting, *Proven Keys to MNT--DSMES Program Sustainability*, '16
- American Association of Diabetes Educators (AADE) Annual Meeting, CA, '16:
  - *Based Nutrition Practice Guidelines to Control the A-B-C's of Diabetes*
  - ***Money Matters in MNT & DSMES: Increase Your Insurance Reimbursement Now***
  - Pre-conference workshop (8 hours): Advanced Diabetes Education Program Management
- WellFlorida Council, Florida Dept. of Health, Montana Diabetes Program, ***Medicare DSMT Telehealth*** webinar, '16
- **Louisiana State Dept. of Health & Hospitals**, 1 day train-the-trainer workshop, multiple diabetes topics, '16
- **Maryland State Dept. of Health**, 2 days of train-the-trainer workshop on multiple diabetes topics, '16
- Idaho Health Collaborative:
  - *E.M.A. Tools for Behavior Change: Empowerment, Motivational Interviewing and Adult Learning*
  - ***Overview of ICD-10-CM Diagnosis Coding: What Diabetes Health Care Professionals, Educators, RDs, Coaches and Education Specialists Need To Know***
  - *Shared Medical Appointments for Patients with Diabetes and Other Chronic Diseases Structure, Organization and Insurance Reimbursement*, '16
- Kentucky AADE Coordinating Body Annual Meeting, 2 presentations:
  - *Evidence-Based Nutrition Practice Guidelines, Recommendations and Interventions to Control the A-B-C's of T1 and T2 Diabetes in Adults*
  - ***Money Matters in MNT & DSMES: Increase Your Insurance Reimbursement Now***, KY, '16
- AADE Public Policy Forum, ***Negotiating Coverage of DSMES and MNT with State Medicaid Administrators (Including Strategies for Maintaining Coverage in Economic Downturns)***, IL, '16
- Maryland Academy of Nutrition and Dietetics Annual Meeting, *Evidence-Based Nutrition Practice Guidelines, Recommendations and Interventions to Control the A-B-C's of T1, T2 Diabetes in Adults*, '16
- Pennsylvania American Association of Diabetes Educators Annual Meeting, 3 talks:
  - *Evidence-Based Nutrition Practice Guidelines, Recommendations and Interventions to Control the A-B-C's of T1 and T2 Diabetes in Adults*
  - *Proven Keys to MNT--DSMES Program Sustainability*
  - *Diabetes Medication Update: The Tried, The True and The New*, '16
- Texas American Association of Diabetes Educators Annual Meeting, *Evidence-Based Nutrition Practice Guidelines, Recommendations and Interventions to Control the A-B-C's of T1, T2 Diabetes in Adults*, '16
- Johnson and Johnson Diabetes Institute, Cigna Insurance Health Coaches, *E.M.A. Tools for Behavior Change: Empowerment, Motivational Interviewing and Adult Learning*, AL, '16
- Arizona AADE Coordinating Body Annual Meeting, ***Money Matters in DSMT & MNT: Increase Your Reimbursement Now***, '16
- Carle Clinic, *D.I.A.B.E.T.E.S. L.I.F.E.S.A.V.E.R.S. for Controlling Your Diabetes*, IL, '16
- North Dakota Dept. of Health, webinar, ***Money Matters in DSMT & MNT: Increase Your Reimbursement Now***, '16
- DietitianCentral.com, webinar, *Motivation: Jet Fuel for Success! How to Get It and How to Keep It*, '16
- **Arkansas State Dept. of Health**, Diabetes Update, *E.M.A. Tools for Behavior Change: Empowerment, Motivational Interviewing and Adult Learning and Money Matters in DSMT: Increase Your Reimbursement Now*, '16
- Covenant Healthcare Diabetes Symposium, *E.M.A. Tools for Behavior Change: Empowerment, Motivational Interviewing and Adult Learning*, MI, '16
- DietitianCentral.com, webinar, ***Overview of ICD-10-CM Diagnosis Coding: What Diabetes Health Care Professionals, Educators, RDs, Coaches and Education Specialists Need To Know!***, '16
- American Dental Association, presentation to Council on Access, Prevention and Interprofessional Relations, *Diabetes Risk Assessment, Care and Education in the Dental Office: The Value Proposition*, '16

- Regional Health Network of South Dakota, webinar, *E.M.A. Tools for Behavior Change: Empowerment, Motivational Interviewing and Adult Learning*, '16
- Michigan Council of Nurse Practitioners, *Evidence-Based Nutrition Practice Guidelines, Recommendations and Interventions to Control the A-B-C's of T1 and T2 Diabetes in Adults*, '16
- Regional Health Network of South Dakota, webinar, *Money Matters in DSMT & MNT: Increase Your Reimbursement Now*, '16
- DietitianCentral.com, webinar, *What Diabetes Health Care Professionals, RDs, Coaches and Patient Education Specialists Need To Know*, '16
- Johnson and Johnson Diabetes Institute, Cigna Insurance Health Coaches, *E.M.A. Tools for Behavior Change: Empowerment, Motivational Interviewing and Adult Learning*, Minnesota, '15
- Regional Health Network of South Dakota, webinar, *Medicare's Intensive Behavioral Counseling for Obesity Benefit: Coding, Coverage and Conditions for Payment*, '15
- Sweet Success Diabetes and Pregnancy National Research Conference, *Workshop on the New ICD-10 Diagnosis Coding for Pregnancy Complicated by Diabetes*, CA, '15
- Sentara Healthcare Annual Diabetes Symposium, *E.M.A. Tools for Behavior Change: Empowerment, Motivational Interviewing and Adult Learning*, Virginia, '15
- Diabetes Technology Society Annual Meeting, *Update of Medicare Reimbursement for Continuous Glucose Monitoring*, '15
- Nutrition Entrepreneurs Dietetic Practice Group of the Academy of Nutrition and Dietetics, *Overview of ICD-10-CM Diagnosis Coding: What Diabetes Health Care Professionals, RDs, Coaches and Patient Education Specialists Need To Know*, webinar '15
- Twitter Chat, *Quitting Smoking and Diabetes*, Costco, Inc., Diabetes Influencers Network, '15
- Western Pennsylvania American Association of Diabetes Educators Local Networking Group, *Evidence-Based Nutrition Therapy, Recommendations for the Management of Adults With T1-T2 Diabetes*, '15
- Chicago American Association of Diabetes Educators Local Networking Group, *Evidence-Based Nutrition Therapy, Recommendations for the Management of Adults With T1-T2 Diabetes*, '15
- DietitianCentral.com, *Proven Keys to MNT-DSMES Program Sustainability*, webinar, '15
- Indiana Three Rivers American Association of Diabetes Educators (I-TRADE) Local Networking Group, *Money Matters in DSMT & MNT: Increase Your Reimbursement Now*, '15
- Twitter Chat, *Top 12 Diabetes Nutrition FAQs*, Johnson and Johnson Diabetes Institute and Diabetes Influencers Network, '15
- Annual 8 Hour Workshop for 6 Illinois Dietetic Internships of the Academy of Nutrition and Dietetics, *Patient Empowerment Tools and Motivational Interviewing for Changing Patients' Behavior and Medicare Reimbursement for MNT*, '15
- DietitianCentral.com, *Money Matters in DSMT & MNT: Increase Your Reimbursement Now*, webinar, '15
- Telligen (Quality Innovation Network/Quality Improvement Organization for Centers for Medicare and Medicaid Services), webinars, *Tool Kit of Essential Elements of Medicare Chronic Care Management Benefit* and *Shared Medical Appointments for Patients with Diabetes and Other Chronic Diseases: Structure, Organization and Insurance Reimbursement for Provider Visit and Behavior Change/Education Intervention*, '15
- American Association of Diabetes Educators Annual Meeting, *Evidence-Based Nutrition Therapy, Recommendations for the Management of Adults With T1-T2 Diabetes and Money Matters in DSMT & MNT: Increase Your Reimbursement Now*, '15
- Telligen (Quality Innovation Network/Quality Improvement Organization for Centers for Medicare & Medicaid Services), *Money Matters in DSMT & MNT: Increase Your Reimbursement Now*, webinar, '15
- Johnson and Johnson Diabetes Institute, *Helping Telephonic Coaches Help Patients Achieve Self-Care Behavior Goals*, webinar for JJDI Community, '15
- Johnson and Johnson Diabetes Institute, *Helping Telephonic Coaches Help Patients Achieve Self-Care Behavior Goals*, webinar for health coaches of BCBS of Rhode Island, '15

- Johnson and Johnson Diabetes Institute, *Overview of Current Principles of Diabetes Management and Non-Insulin Medication Therapies for T1 – T2 Diabetes*, MA, '15
- Idaho Diabetes Alliance Annual Conference, *E.M.A. Tools for Behavior Change: Empowerment, Motivational Interviewing and Adult Learning and Medicare Reimbursement for DSMT--MNT*, '15
- Utah State Dept. of Public Health, series of 10 webinars on diabetes topics in '15
- Maryland State Dept. of Public Health, 2 days of live training workshops in '15 on:
  - *Medicare's Intensive Behavioral Counseling for Obesity Benefit: Coding, Coverage and Conditions for Payment*
  - *Medicare Reimbursement for DSMT--MNT*
  - *The Affordable Care Act, RDs and Diabetes Educators: Learn the Language and Laws and Leap into the Land of Health Care Reform*
  - *Evidence-Based Nutrition Therapy Recommendations for the Management of Adults With T1-T2 Diabetes*
  - *E.M.A. Tools for Behavior Change: Empowerment, Motivational Interviewing and Adult Learning Tools*
  - *Proven Keys to Enhancing DSMES/MNT Program Sustainability*
- Dietary Solutions, Inc., webinar, *Evidence-Based Nutrition Therapy Recommendations for the Management of Adults With T1-T2 Diabetes*, '15
- Long Island Academy of Nutrition and Dietetics Conference, *Evidence-Based Nutrition Therapy Recommendations for the Management of Adults With T1-T2 Diabetes*, NY, '15
- Midwest Clinicians' Network, MI, webinar, *Money Matters in a SMA: Insurance Reimbursement for Provider Visit and Behavior Change/Patient Education In Interactive Group Setting with Focus on FQHCs*, '15
- New York AADE Conference, *Proven Keys to Enhancing DSMES/MNT Program Sustainability*, '15
- Wisconsin Academy of Nutrition and Dietetics, *Medicare's Intensive Behavioral Counseling for Obesity Benefit: Coding, Coverage and Conditions for Payment and Evidence-Based Nutrition Therapy Recommendations for the Management of Adults With Type 1 and Type 2 Diabetes*, WI, '15
- American Association of Diabetes Educators (AADE), webinar, *DSMES Program Management: Expanding Your Reimbursable Services*, '15
- Gulf Coast AADE Conference, *Proven Keys to Enhancing DSMES/MNT Program Sustainability and E.M.A. Tools for Behavior Change: Empowerment, Motivational Interviewing & Adult Learning Strategies and Pattern Management for PWDs to Help Optimize Glycemic Control*, '15,
- Florida Diabetes Alliance Conference, *Medicare Reimbursement for DSMT and MNT*, '15
- Central Indiana Local Networking Group of the American Association of Diabetes Educators, Annual Conference, *Proven Keys to Enhancing DSMES/MNT Program Sustainability and E.M.A. Tools for Behavior Change: Empowerment, Motivational Interviewing and Adult Learning Strategies*, IN, '15,
- Metagenics FirstLine Therapy® Program, Training Program for Healthcare Professionals on FLT Program for the Treatment of Physician Office Patients with Metabolic Syndrome, Health Care Insurance Billing and Coding for the Metagenics FirstLine Therapy® Program, CA, '15
- Washington AADE Coordinating Body Annual Meeting, *Medicare's Intensive Behavioral Counseling for Obesity Benefit: Coding, Coverage and Conditions for Payment and The Affordable Care Act, RDs and Diabetes Educators: Learn the Language and Laws and Leap into the Land of Health Care Reform!*, annual conference, '15
- American Diabetes Association, Wisconsin Chapter, *Proven Keys to Enhancing DSMES/MNT Program Sustainability and Motivation Jet Fuel for Success! How to Get It and How to Keep It*, WI, '15
- Michigan Council of Nurse Practitioners, *Evidence-Based Nutrition Therapy Recommendations for the Management of Adults With Type 1 and Type 2 Diabetes*, annual conference, MI, '15
- Dietitian Central.com, *E.M.A. Tools for Behavior Change: Empowerment, Motivational Interviewing and Adult Learning Strategies*, 2 hr webinar, '15

- Metagenics FirstLine Therapy® Program, Training Program for Healthcare Professionals on FLT Program for the Treatment of Physician Office Patients with Metabolic Syndrome, *Health Care Insurance Billing and Coding for the Metagenics FirstLine Therapy® Program*, FL, '15
- Healthways, Inc., webinar, *DSMES Programs: Evolving and Adapting to Ensure Sustainability*, '15
- Metagenics FirstLine Therapy® Program, Training Program for Healthcare Professionals on FLT Program for the Treatment of Physician Office Patients with Metabolic Syndrome, *Health Care Insurance Billing and Coding for the Metagenics FirstLine Therapy® Program*, TX, '14
- Illinois Network for Education and Training (Continuing Education Programs for Healthcare Providers), 2 part webinar series, *E.M.A. Tools for Behavior Change: Empowerment, Motivational Interviewing and Adult Learning Strategies*, '14
- Johnson and Johnson Diabetes Institute, *Tools for Successful Behavior Change*, Cigna Health Insurance Case Managers, PA, '14
- Metagenics FirstLine Therapy® Program, Training Program for Healthcare Professionals on FLT Program for the Treatment of Physician Office Patients with Metabolic Syndrome, *Health Care Insurance Billing and Coding for the Metagenics FirstLine Therapy® Program*, NYC and Brooklyn College, '14
- Academy of Nutrition and Dietetics, annual Food and Nutrition Conference and Exhibition, *Reducing the Burden of Chronic Kidney Disease through the Affordable Care Act*, '14
- Annual Workshop for Six Illinois Dietetic Internships of the Academy of Nutrition and Dietetics, *Patient Empowerment Tools and Motivational Interviewing for Changing Patients' Behavior and Medicare Reimbursement for MNT*, '14
- Missouri Coordinating Body of the American Association of Diabetes Educators Annual Conference, *Affordable Care Act, RDs & CDEs: Learn the Language and Laws and Leap Into the Land of Health Care Reform!*, MO, '14
- Certified Diabetes Outpatient Educators (C-DOE) Annual Meeting, *Money Matters in Diabetes Self-Management Education and Medical Nutrition Therapy*, RI, '14
- PreviMedica, webinar, *Summary of Current Adult Weight Management Evidence-Based Guidelines: Academy of Nutrition and Dietetics and The 2013 Guideline for the Management of Overweight and Obesity in Adults, Part 2*, Sept., 2014
- American Association of Diabetes Educators, webinar, *Reimbursement in Diabetes Education: Maximize Yours Now*, '14
- PreviMedica, webinar, *Summary of Current Adult Weight Management Evidence-Based Guidelines: Academy of Nutrition and Dietetics and The 2013 Guideline for the Management of Overweight and Obesity in Adults, Part I*, '14
- American Association of Diabetes Educators, Annual Meeting and Exhibition, *Money Matters in Diabetes Self-Management Education, Medical Nutrition Therapy and Shared Medical Appointments: Increase Your Reimbursement NOW*, FL, '14
- Illinois Network for Education and Training (Continuing Education Programs for Healthcare Providers), webinar, *Reimbursement for Medicare Intensive Behavior Therapy for Obesity Benefit*, '14
- Metagenics FirstLine Therapy® Program, Training Program for Healthcare Professionals on FLT Program for the Treatment of Physician Office Patients with Metabolic Syndrome, *Health Care Insurance Billing and Coding for the Metagenics FirstLine Therapy® Program*, FL, '14
- Gulf Coast Health Educators, *Medicare Reimbursement for Diabetes Self-Management Education, Medical Nutrition Therapy, Obesity Benefit, Continuous Glucose Monitoring and Insulin Pump Training*, , MS, '14
- PreviMedica, webinar, *E.M.A. Tools for Behavior Change: Empowerment, Motivational Interviewing and Adult Learning Strategies*, '14
- Midwestern University College of Pharmacy, Annual Diabetes Update, *E.M.A. Tools for Behavior Change: Empowerment, Motivational Interviewing and Adult Learning Strategies*, '14, IL

- Metagenics FirstLine Therapy® Program, webinar, *Part 2 of Health Care Insurance Billing and Coding for the Metagenics FirstLine Therapy® Program*, May, '14
- Minnesota Coordinating Body of AADE, Spring Conference, *Affordable Care Act, RDs and Diabetes Educators: Learn the Language and Laws and Leap into the Land of Healthcare Reform!* and *Medicare Reimbursement for Diabetes Self-Management Education and the Medicare Obesity Benefit*, May, '14
- Massachusetts Academy of Nutrition and Dietetics annual meeting, *Reimbursement Update for RD's in Preventive Care and Nutrition Therapy*, April, '14
- Nebraska Academy of Nutrition and Dietetics annual meeting, *Affordable Care Act, RDs and Diabetes Educators: Learn the Language and Laws and Leap into the Land of Healthcare Reform!*, April, '14
- Today's Dietitian Magazine, webinar, *Part 1: ACA, RDs and Diabetes Educators: Learn the Language and Laws and Leap into the Land of Healthcare Reform!*, April, '14
- Today's Dietitian Magazine, webinar, *Part 2: How To Write an Effective and Successful DSMES/MNT Program Business Plan*, April, '14
- Metagenics FirstLine Therapy® Program, webinar, *Part 2 of Health Care Insurance Billing and Coding for the Metagenics FirstLine Therapy® Program*, April, '14
- Metagenics FirstLine Therapy® Program, webinar, *Part 1 of Health Care Insurance Billing and Coding for the Metagenics FirstLine Therapy® Program*, April, '14
- Louisiana Academy of Nutrition and Dietetics annual meeting, *Evidence-Based Nutrition Therapy Recommendations for the Management of Adults With Type 1 and Type 2 Diabetes*, LA, '14
- Case Management Society of America (CMSA) Chapter Meeting, Johnson and Johnson Diabetes Institute presentation for case managers on: *Make Patients A.D.O.P.T.E.E.S.: Ready-To-Go Easy Patient Empowerment-Motivational Interviewing Tools*, CT, '14
- Emblem Healthcare, Johnson and Johnson Diabetes Institute remote program for case managers, NY, '14
- Metagenics FirstLine Therapy® Program, Training Program for Healthcare Professionals on FLT Program for the Treatment of Physician Office Patients with Metabolic Syndrome, *Health Care Insurance Billing and Coding for the Metagenics FirstLine Therapy® Program*, FL, '14
- Diabetes Prevention and Control Program of Mississippi and Mississippi Affiliate of American Association of Diabetes Educators, Conference on The Business of Diabetes, *DSMES and MNT Reimbursement and Promoting DSMES and MNT Programs to Increase Patient Attendance and Sustainability*, MS, '14
- *2<sup>nd</sup> International Obesity Conference, Medicare's Intensive Behavioral Counseling for Obesity Benefit: Coverage, Coding and Conditions for Reimbursement*, NV, '13
- Illinois Regional Annual Dietetic Internship Workshop, Academy of Nutrition and Dietetics, *Money Matters in MNT and DSMES: Increase Your Reimbursement Now!*, and *E.M.A. Tools for Behavior Change: Empowerment, Motivational Interviewing and Adult Learning Strategies*, IL, '13, 6 hrs
- Kentucky Diabetes Symposium, *E.M.A. Tools for Behavior Change: Empowerment, Motivational Interviewing and Adult Learning Strategies, Evidence-Based Nutrition Practice Guidelines for Diabetes and Money Matters in MNT and DSMES: Increase Your Reimbursement Now!*, '13
- American Association of Diabetes Educators (AADE), *Affordable Care Act and Diabetes Educators and RDs: Learn the Language and Laws and Leap into the Land of Healthcare Reform!*, '13 webinar
- Sweet Success Diabetes and Pregnancy National Research Conference, *Workshop on Increasing Reimbursement Success for DSMES, MNT and Related Services in Pregnancy Complicated by Diabetes*, CA, '13
- Michigan Diabetes Prevention and Control Program, Making the Case—Michigan Diabetes Prevention Conference, 2 presentation: *Laying the Foundation for Prevention—PPACA and Beyond and Medicare's Intensive Behavioral Counseling for Obesity Benefit: Get Reimbursed Now!*, '13
- DietitianCentral.com, *PPACA, Diabetes Educators and RDs: Learn the Language and Laws and Leap into the Land of Healthcare Reform!*, webinar, '13



- Wyoming Coordinating Body of AADE, Fall Conference, *E.M.A. Tools for Behavior Change: Empowerment, Motivational Interviewing and Adult Learning Strategies* and ***Money Matters in MNT and DSMES: Increase Your Reimbursement Now!***, '13
- Quality Insights Renal Conference, *Evidence-Based Nutrition Practice Guidelines for Diabetes* and *E.M.A. Tools for Behavior Change: Empowerment, Motivational Interviewing and Adult Learning Strategies*, NJ, '13
- Michigan Coordinating Body of AADE, Fall Conference, *Diabetes Evidence-Based Nutrition Practice Guidelines* '13
- Cincinnati, OH Local Networking Group of AADE, 8 hr interactive workshop--4 modules: *Make Patients A.D.O.P.T.E.E.S.: Ready-To-Go Easy Patient Empowerment-Motivational Interviewing Tools; ACA and Diabetes Educators: Learn the Language and Laws and Leap into the Land of Healthcare Reform; Components of Comprehensive DSMES Business Plan: Think Like a Business and Act Like a Business to Insure Success; Promoting DSMES/MNT Programs to Increase Patient Attendance & Sustainability*, '13
- American Association of Diabetes Educators (AADE) Annual Conference and Exhibition, ***Money Matters in MNT, DSMES and Shared Medical Appointments: Get Reimbursed NOW!*** and poster session "M.O.T.I.V.A.T.E., Don't Dictate: 33 Easy Motivational Interviewing and Adult Learning Patient Counseling Tools for Diabetes Professionals, PA, '13
- Chicago Area Local Networking Group of AADE, *Make Patients A.D.O.P.T.E.E.S.: Ready-To-Go Easy Patient Empowerment-Motivational Interviewing Tools*, '13
- Chicago Area Local Networking Group of AADE, ***Money Matters in MNT, DSMES and Shared Medical Appointments*** '13
- Johnson and Johnson Diabetes Institute, faculty, train-the-trainer program, ***Implementing Shared Medical Appointments and Reimbursement, Coding and Coverage for Diabetes Services***, CA, '13
- Delmarva Foundation for Medical Care, Inc. (CMS Quality Improvement Organization), ***Medicare Reimbursement for Diabetes Self-Management Education and the Medicare Obesity Benefit***, Webinar, '13
- Michigan Coordinating Body of AADE, Spring Meeting, ***Medicare's Intensive Behavioral Counseling for Obesity Benefit: Coverage, Coding and Conditions for Reimbursement and Shared Medical Appointments***, and *Make Patients A.D.O.P.T.E.E.S.: Ready-To-Go Easy Patient Empowerment-Motivational Interviewing Tools*, MI, '13
- DietitianCentral.com, ***Medicare's New Intensive Behavior Counseling for Obesity Benefit***, Webinar, '13
- New York State Dietetic Association Annual Meeting, *Evidence-Based Nutrition Practice Guidelines for Diabetes, Hypertension and Hyperlipidemia*, NY, '13
- Dietitian Central.com, ***Increasing Reimbursement Success for DSMES and MNT***, 2 hr Webinar, '13
- Arkansas Dietetic Associations' Annual Meeting, *Evidence-Based Nutrition Practice Guidelines for Diabetes, Hypertension and Hyperlipidemia*, AR, '13
- Weight Management Dietetic Practice Group of Academy of Nutrition and Dietetics Annual Meeting, ***Medicare's Intensive Behavioral Counseling for Obesity Benefit: Coverage, Coding and Conditions for Reimbursement and Shared Medical Appointments***, NY, '13
- MINK Dietetic Associations' Annual Meeting (Missouri, Iowa, Nebraska, Kansas), *Evidence-Based Nutrition Practice Guidelines for Diabetes, Hypertension and Hyperlipidemia*, KS, '13
- Alabama Dietetic Association Annual Meeting, ***Medicare's Intensive Behavioral Counseling for Obesity Benefit: Coverage, Coding and Conditions for Reimbursement***, AL, '13
- American Association of Diabetes Educators, Local Networking Group, Chicago-land Area, *Make Patients A.D.O.P.T.E.E.S.: Ready-To-Go Easy Patient Empowerment-Motivational Interviewing Tools*, '13
- American Association of Diabetes Educators, Local Networking Group, Chicago-land Area, ***Increasing Reimbursement Success for DSMES, MNT and Shared Medical Appointments***, '13
- DietitianCentral.com, *E.M.A. Tools for Successful Behavior Change: Empowerment, Motivational Interviewing and Adult Learning Principles*, 2 hr Webinar, '13

- Alabama Dietetic Association Annual Meeting, *Medicare's Intensive Behavioral Counseling for Obesity Benefit: Coverage, Coding and Conditions for Reimbursement*, '13
- Johnson and Johnson Diabetes Institute, *Promoting DSMES Programs to Increase Referrals and Repeat Visits (Including Shared Medical Appointments)*, 2 hr Webinar, '13
- Voice of Diabetes Radio Show, Saturday morning series on *Motivation to Change Behavior: Ask Yourself the B.I.G.G.E.S.T. Questions to Persuade Yourself To Change*, '13
- DietitianCentral.com, *E.M.A. Tools for Successful Behavior Change: Empowerment, Motivational Interviewing and Adult Learning*, 2 hr Webinar, '13
- Johnson and Johnson Diabetes Institute, faculty, train-the-trainer program, *Implementing Shared Medical Appointments and Reimbursement, Coding and Coverage for Diabetes Services*, CA, '12
- Pesi Healthcare, Inc., 3, 8 hr CEU workshops, *Evidence-Based Nutrition Practice Guidelines for Diabetes and Motivational Interviewing Tools for Successful Patient Behavior Change*, NJ, '12
- Pesi Healthcare, Inc., 2 hr CEU webinar, *Make Patients A.D.O.P.T.E.E.S.: Ready-To-Go Easy Patient Empowerment-Motivational Interviewing Tools*, '12
- Diabetes Prevention and Control Programs, Emory Centers for Training and Technical Assistance at the Rollins School of Public Health, Emory University, *9 Multi-Faceted Strategies to Improve DSMT Program Attendance, Access and Referrals*, 1 hr Webinar, '12
- Academy of Nutrition and Dietetics, Annual Food and Nutrition Conference and Exhibition, *Making Sense of MNT and DSMES Telehealth*, '12
- Pesi Healthcare Webinar, *Increasing Reimbursement Success for MNT*, '12
- American Association of Diabetes Educators, Annual Meeting, *Increasing Reimbursement Success for DSMES, MNT and Shared Medical Appointments* and *Make Patients A.D.O.P.T.E.E.S.: Ready-To-Go Easy Patient Empowerment-Motivational Interviewing Tools*, IN, '12
- Pesi Healthcare, Inc., 3, 8 hr CEU workshops, *Evidence-Based Nutrition Practice Guidelines for Diabetes and Motivational Interviewing Tools for Successful Patient Behavior Change*, KY, OH, IN, '12
- Illinois Critical Access Hospital Network, training symposium, *Patient Empowerment Tools and Motivational Interviewing for Changing Patients' Behavior*, '12
- Kansas Dietetic Association annual meeting, *Diabetes Medical Nutrition Therapy: Summary of Evidence-Based 2012 Nutrition Practice Guidelines*, '12
- Washington State Coordinating Body of AADE, annual meeting, '12, *12 Keys to Financially Sustaining DSMES and Other Patient Education Programs: 5 F's and 7 P's and DSMT and MNT Reimbursement*
- Johnson and Johnson Diabetes Institute, faculty, train-the-trainer program, *Implementing Shared Medical Appointments and Reimbursement, Coding and Coverage for Diabetes Services*, CA, '12
- Renal Nutrition Symposium, *Patient Empowerment Tools and Motivational Interviewing for Changing Patients' Behavior*, NY, '12
- Pesi Healthcare Webinar, *Changing Patients' Behavior with Motivational Interviewing and Patient Empowerment*, '12
- Illinois Regional Annual Meeting of American Dietetic Association Dietetic Internships, IL, '11 *Patient Empowerment Tools and Motivational Interviewing for Changing Patients' Behavior and Medicare Reimbursement for MNT*
- Baylor University Diabetes Health and Wellness Institute, onsite/local Johnson and Johnson Diabetes Institute, Johnson and Johnson Diabetes, train-the-trainer program, *Implementing Shared Medical Appointments and Reimbursement, Coding and Coverage for Diabetes Services*, TX, '11
- Johnson and Johnson Diabetes Institute, faculty, train-the-trainer program, *Implementing Shared Medical Appointments and Reimbursement, Coding and Coverage for Diabetes Services*, pediatric clinicians, VA, '11
- National Community Pharmacy Association and American Association of Diabetes Educators "Diabetes Accreditation Standards-Practical Applications" 3 day train-the-trainer program, Nashville, TN, '11

- Johnson and Johnson Diabetes Institute, faculty, train-the-trainer program, *Implementing Shared Medical Appointments and Reimbursement, Coding and Coverage for Diabetes Services*, pediatrics, CA, '11
- Pesi Healthcare, Webinar, *DSMES Reimbursement and Implementing Shared Medical Appointments* '11
- Balancing Life's Issues, employee lunch 'n learns, IL, '11
- Pesi Healthcare, Inc., 3, 8 hr CEU workshops, 3 city tour, *Evidence-Based Nutrition Practice Guidelines for Diabetes, Hyperlipidemia, Hypertension*, PA, '11
- Balancing Life's Issues, employee lunch 'n learns, IL '11
- National Community Pharmacy Association and American Association of Diabetes Educators "*Diabetes Accreditation Standards-Practical Applications*" 3 day train-the-trainer program, NY, '11
- New York State Dietetic Association Annual Meeting, *Changing Diabetes Behavior with Motivational Interviewing and Patient Empowerment*, '11
- Pesi Healthcare, Inc., 8 hr catered workshop, *Evidence-Based Nutrition Practice Guidelines for Diabetes, Hyperlipidemia, Hypertension*, FL, '11
- Johnson and Johnson Diabetes Institute, faculty, train-the-trainer program, **Implementing Shared Medical Appointments and Reimbursement, Coding and Coverage for Diabetes Services**, pediatrics, CA, '11
- Arkansas Dietetic Association Annual Meeting, *Evidence-Based Nutrition Practice Guidelines for Diabetes*, AR, '11
- Pesi Healthcare, Inc., 3, 8 hr CEU workshops, 3 city tour, *Evidence-Based Nutrition Practice Guidelines for Diabetes, Hyperlipidemia, Hypertension*, NY, '11
- South Suburban Chapter of Illinois Dietetic Association, *Evidence-Based Nutrition Practice Guidelines for Diabetes*, IL, '11
- Pesi Healthcare, Inc., 3, 8 hr CEU workshops, 3 city tour, *Evidence-Based Nutrition Practice Guidelines for Diabetes, Hyperlipidemia, Hypertension*, TN and NC, '11
- National Community Pharmacy Association and American Association of Diabetes Educators "*Diabetes Accreditation Standards-Practical Applications*" 3 day train-the-trainer program, TX, '11
- Rock River, IL Chapter of AADE, *Changing Diabetes Behavior with Motivational Interviewing and Patient Empowerment*, IL, '11
- Johnson and Johnson Diabetes Institute, faculty, train-the-trainer program, *Implementing Shared Medical Appointments and Reimbursement, Coding and Coverage for Diabetes Services*, CA, '11
- Pesi Healthcare, Inc., 3, 8 hr CEU workshops, 3 city tour, *Evidence-Based Nutrition Practice Guidelines for Diabetes, Hyperlipidemia, Hypertension*, TX, '11
- DiabetesInsight website, audio online interview on *Shared Medical Appointments*, '11
- Pesi Healthcare, Inc., 3, 8 hr CEU workshops, 3 city tour, *Evidence-Based Nutrition Practice Guidelines for Diabetes, Hyperlipidemia, Hypertension*, IL, '11
- Johnson and Johnson Diabetes Institute, faculty, train-the-trainer program, *Implementing Shared Medical Appointments and Reimbursement, Coding and Coverage for Diabetes Services*, CA, '11
- OptumHealth Education, Inc., seminar, *Innovations in Wellness and Disease Management, Financial Resources for Diabetes Patients*, FL, '11
- Pesi Healthcare, Inc., 3, 8 hr CEU workshops, 3 city tour, *Evidence-Based Nutrition Practice Guidelines for Diabetes and Patient Empowerment/Motivational Interviewing for Behavior Change*, MO, '11
- Pesi Healthcare, Inc., 3, 8 hr CEU workshops, 3 city tour, *Evidence-Based Nutrition Practice Guidelines for Diabetes, Hyperlipidemia, Hypertension*, TX--NM, '11
- National Community Pharmacy Association and American Association of Diabetes Educators "*Diabetes Accreditation Standards-Practical Applications*" 3 day train-the-trainer program, CA, '11
- Johnson and Johnson Diabetes Institute's Pharmacists' Train-the-Trainer Diabetes Education Program (*Medicare Reimbursement for Diabetes Testing Supplies, MNT and DSMES*), IA, '10
- Health Maintenance Institute, Joint Commission on Accreditation of Hospitals, Inc., Employee On-Site HbA1c Screening, IL, '10

- National Community Pharmacy Association and American Association of Diabetes Educators "*Diabetes Accreditation Standards-Practical Applications*" 3 day train-the-trainer program, PA, '10
- Pesi Healthcare, Inc., Annual Diabetes Essentials Conference, 2 presentations: *Evidence-Based Nutrition Practice Guidelines for Diabetes & Motivational Interviewing for Behavior Change*, NV, '10
- California Central Coast of AADE, ***Shared Medical Appointments: Improving Care and Maximizing Revenue***, '10
- *Healthy Nutrition for Kids and Importance of Sleep* at "Take Your Kids To Work Day" event for employees at GE Finance Distribution Co., Hoffman Estates, IL, (contracted by Balancing Life's Issues, Inc), '10
- Pesi Healthcare, Inc., 3, 8 hr CEU workshops, 3 city tour, *Evidence-Based Nutrition Practice Guidelines for Diabetes, Hyperlipidemia and Hypertension* MNT, CA, '10
- American Diabetes Association's 70<sup>th</sup> Scientific Sessions, ***Billing Considerations for Shared Medical Appointments***, FL, '10
- National Community Pharmacy Association and American Association of Diabetes Educators "*Diabetes Accreditation Standards-Practical Applications*" 3 day train-the-trainer program, Branson, MO, June, '10
- Pesi Healthcare, Inc., 3 hr CEU webinar, *Patient Empowerment Tools and Motivational Interviewing for Changing Patients' Behavior*, '10
- ***Pesi Healthcare, 1.5 hr CEU webinar, Increasing Medicare MNT Reimbursement Success***, '10
- Wisconsin Dietetic Association Annual Meeting, *Changing Diabetes Behavior with Motivational Interviewing and Patient Empowerment and Step-By-Step Guide To Making a Nutrition Diagnosis*, '10
- Children's Hospital of Atlanta, *Changing Diabetes Behavior with Motivational Interviewing and Patient Empowerment and The Nutrition Care Process and Model: A Practical Guide to Improving Pediatric Quality Care and Patient Outcomes*, '10
- Rock River Chapter of American Association of Diabetes Educators, ***DSMES & MNT Reimbursement***, '10
- Pesi Healthcare, Inc., 3, 8 hr CEU workshops, 3 city tour, *Evidence-Based Nutrition Practice Guidelines for Diabetes, Hyperlipidemia and Hypertension* MNT, NJ and PA, '10
- Pesi Healthcare, Inc., 2 hr CEU webinar, *Patient Empowerment Tools and Motivational Interviewing for Changing Patients' Behavior*, '09
- Pesi Healthcare, Inc., 3, 8 hr CEU workshops, 3 city tour, TX, *Evidence-Based Nutrition Practice Guidelines for Diabetes, Hyperlipidemia and Hypertension* MNT, '09
- Health Maintenance Institute, American College of Clinical Pathologists, Employee Health Seminar, IL, *Preventing Diabetes: Small Steps Leads to Big Rewards*, '09
- California American Association of Diabetes Educators Annual Conference, ***Navigating DSMES and MNT Reimbursement***, '09
- Health Maintenance Institute, Accenture, Inc., Employee On-Site Health Screening, IL, '09
- Illinois Regional Annual Meeting of American Dietetic Association Dietetic Internships, IL, '09. *Patient Empowerment Tools and Motivational Interviewing for Changing Diabetes Behavior, How to Write a Business Plan for a Nutrition Private Practice or MNT Program and Medicare Reimbursement for MNT*
- Pesi Healthcare, Inc., 3, 8 hr CEU workshops, 3 city tour, Washington State, *Patient Empowerment Tools and Motivational Interviewing for Changing Diabetes Behavior*, '09
- Florida Dietetic Association annual meeting, ***Money Matters in MNT and DSMT: Increase Your Medicare Dollars Now!*** '09
- California Dietetic Association annual meeting, ***Why Provide Medicare MNT and DSMES and Seek Insurance Payment?*** '09
- Massachusetts Dietetic Association annual meeting, ***Newest Updates to Medicare MNT and DSMES Reimbursement and Shared Medical Appointments*** and *Successfully Marketing RD Private Practice*, '09
- Tennessee Dietetic Association annual meeting, *Changing Chronic Care Patients' Behavior: Make Your Patient Your A.D.O.P.T.E.E.*, '09
- Illinois Regional Annual Meeting of American Dietetic Assoc Dietetic Internships, IL, '08. *How to Write a Business Plan for Nutrition Private Practice/MNT Program and Medicare Reimbursement for MNT*

- Pesi Healthcare, Inc., 3, 8 hr CEU workshops, 3 city tour, Pennsylvania, *Nutrition Care Process and the Evidence-Based Nutrition Practice Guidelines for Diabetes, Hyperlipidemia and Hypertension*, '08
- American Diabetes Association, Oregon Chapter Annual Meeting, *"Empowering Patients with Diabetes to Eat Healthy for L.I.F.E."* and *"Update on Medicare Reimbursement for Diabetes Self-Management Education and Medical Nutrition Therapy"*, '08
- Pesi Healthcare Inc., 3, 8 hr CEU workshops, 3 city tour, NJ, *Nutrition Care Process and the Evidence-Based Nutrition Practice Guidelines for Diabetes, Hyperlipidemia and Hypertension*, '08
- American Dietetic Association's annual Food & Nutrition Conference & Exhibition, IL, '08 *"Marketing 101 for RDs Providing Nutrition Services"*
- **American Dietetic Association's annual Food & Nutrition Conference & Exhibition, Oct., '08, Chicago**
- Rocky Mountain Nutrition Systems, Annual Conference, '08, CO, *Implementing 2008 Diabetes Standards of Care in Nursing Home Facilities: Dual Training and Education Approach for Staff and Residents* (CDEs, RDs, RNs, social workers, case managers, etc.)
- **Michigan Organization of Diabetes Educators, Annual Conference**, MI, '08
- Illinois Dept. of Health and Human Services and National Kidney Foundation of IL, satellite teleconference for health educators (CDEs, RDs, RNs, social workers, case managers, etc.) titled *"Risk and Prevention: Diabetes and Kidney Disease"*; '08
- Illinois Regional Annual Meeting of American Dietetic Assoc Dietetic Internships, IL, '08. *How to Write a Business Plan for a Nutrition Private Practice or MNT Program; Budget Preparation; Proposal Writing to Get the Gig and Medicare Reimbursement for MNT and DSMT*
- *Critical Connections to Advance Your Career and Your Profession: Performance, Advocacy, Competency and Expertise Sharing*, West Suburban Dietetic Association of IL, '08
- *Nutrition Diagnosis: 2<sup>nd</sup> Step in Nutrition Care Process*, South Suburban Dietetic Assoc. of IL, '08
- *Empowering and Motivating Your Patients Toward Positive Behavior Change!*, NY Association of Diabetes Educators (invitation to speak by Professional Education Services Group, Inc.), NY, '08
- **9 Newest Medicare Provisions Impacting Diabetes and Renal MNT and DSMES Referrals, Utilization and Reimbursement**, Maine Association of Diabetes Educators, '07
- *Empowering and Motivating Your Patients Toward Positive Behavior Change!* Intermountain Health Care Nutrition Update for Dietitians, UT, '07
- **9 Newest Medicare Provisions Impacting MNT and DSMES Referrals, Utilization and Reimbursement**, Annual Meeting of American Association of Diabetes Educators, '07
- *Empowering and Motivating Your Patients Toward Positive Behavior Change!*, MI Annual Pharmacists Conference of the Kroger Company (invitation to speak by Professional Education Services Group, Inc.), '07
- *Novel Ideas for Patient Education: Easy-to-Use ACRONYMS and Simple VISUALS To Make Learning Fun and Teaching Easy*, Annual Meeting of American Association of Diabetes Educators, MO, '07
- *Marketing Plan for Private Practice Dietitians*, Teleconference of Nutrition Entrepreneurs Dietetic Practice Group of the American Dietetic Association, '07
- *Finally! A Super Easy, Step-By-Step Guide for Making a Nutrition Diagnosis and Using the Nutrition Care Process*, Clinical Nutrition Managers Conference (Practice Group of American Dietetic Assoc.), FL, '07,
- *T.A.P. into Personal and Professional Potential: A 15 Point Make-Over of Your Traits, Attitudes and Practices Leading to Extraordinary Success*, Clinical Nutrition Managers Conference (Practice Group of American Dietetic Assoc.), FL, '07
- Illinois Regional Annual Meeting of American Dietetic Assoc Dietetic Internships, '07, Illinois *Dietitian's Business Plan for Developing MNT Program, Simplifying and Summarizing MNT Evidence Based Guides for Practice and New Medicare Venues Increasing Utilization of MNT*
- Diabetes Prevention Community Events, Palos Health & Fitness Center, IL, '06
- *Kids Living Well on Dialysis--Parent Seminar*, National Kidney Foundation of IL, '06
- **Clinical Nutrition Managers Conference (Practice Group of American Dietetic Assoc.)**, '06

- ***Annual Meeting of California Dietetic Association***, plus: Simplifying and Summarizing ADA's Evidence-Based Guides for Practice + New Medicare Venues Impacting MNT, '06
- Diabetes Education Events, Lifescan Company (Johnson & Johnson, Inc.), '05 – '06
- ***Heart Healthy Eating***, Community Program, Palos Community Hospital, IL, '06
- ***Diabetes 2005 Update Physician Program***, Palos Community Hospital, IL, '05
- ***Living Well with Diabetes***, Community Program, Palos Community Hospital, IL, '05
- ***Kids and Osteodystrophy***, Patient Seminar, National Kidney Foundation of IL, '05
- ***Managing Kidney Disease***, National Kidney Foundation of IL (speaker for video shown regularly to consumers in NKF's new 'Kidney Mobile' that travels across U.S.), '05
- ***Webinar, American Society of Healthcare Food Service Administrators***, '05
- ***Illinois Regional Annual Meeting of American Dietetic Assoc Dietetic Internships***, '05, IL  
***MNT/DSMES Reimbursement, Nutrition Care Process, MNT Evidence-Based Guides for Practice, and Business Plan for MNT Program***
- ***Reimbursement for Diabetes Education & Supplies, Roche Diagnostics***, '04 – '05, IL
- Annual Food and Nutrition Conference and Exhibition, American Dietetic Association, ***Using the Nutrition Care Process and Developing a MNT Outcomes Management System: It's Easier & More Essential than You Think!***, '04
- Annual Renal Professional Conference, National Kidney Foundation of IL, '04: ***Patient Empowerment and How to Enhance Effectiveness and Efficiency of Chronic Care Teams***
- ***Living Well on Dialysis--Patient Seminar***, National Kidney Foundation of IL, '04
- ***Annual Meeting of American Society of Healthcare Food Service Administrators***, '04
- ***Primary Biliary Cirrhosis--Patient Program***, American Liver Foundation, '04, IL
- ***Clinical Nutrition Managers Conference (Practice Group of American Dietetic Assoc.)***, '04
- ***Annual Meeting of Arkansas Dietetic Association***, '04
- ***Living Well with Kidney Disease--Transplant Patient Seminar***, National Kidney Foundation of IL, '04
- ***Living Well on Dialysis--Patient Seminar***, National Kidney Foundation of IL, '04
- ***Illinois Regional Annual Meeting of American Dietetic Assoc Dietetic Internships***, '04  
***MNT/DSMES Reimbursement, Nutrition Care Process, MNT Evidence-Based Guides for Practice, and Business Plan for MNT Program***
- Regional Rally, TOPS of IL (Take Off Pounds Sensibly®), '04
- ***Professional Educational Event sponsored by Novo-Nordisk Pharmaceuticals, Inc.***, '04
- ***Annual Meeting of Florida Dietetic Association***, '03
- ***Professional Educational Event sponsored by Roche Diagnostics, Inc.***, '03
- Seminar for Community People with Diabetes, National Kidney Foundation of IL, '03
- ***Illinois Regional Annual Meeting of American Dietetic Assoc Dietetic Internships, MNT/DSMES Reimbursement, Nutrition Care Process, MNT Evidence-Based Guides for Practice, and Business Plan for MNT Program***, '03
- ***Northeastern Chapter Regional Meeting of American Assoc of Diabetes Educators***, '03
- ***Regional Meeting of American Diabetes Association***, '03
- TOPS (Take Off Pounds Sensibly®) Regional Rally, IL, '02
- ***Annual Meeting of Alabama Dietetic Association***, '02
- Save Our Seniors MNT Outcome Study, Dept. of Social Services, Senior Nutrition Program, NC, '02
- ***Annual Meeting of American Association of Diabetes Educators***, '02
- ***Annual Meeting of American Society of Healthcare Food Service Administrators***, '02
- ***Annual Meeting of Kansas Dietetic Association***, '02
- ***Annual Meeting of South Dakota Dietetic Association***, '02
- ***Annual Meeting of Georgia Dietetic Association***, '02
- ***Annual Meeting of Indiana Dietetic Association***, '02
- ***Annual Meeting of Nebraska Dietetic Association***, '02
- ***Annual Meeting of Alabama Dietetic Association***, '02

- *Annual Meeting of Illinois Regional American Dietetic Assoc Dietetic Internships*, '02
- *Annual Meeting of Greater Cincinnati Dietetic Association*, OH, '02
- *Annual Meeting of American Dietetic Assoc Food & Nutrition Conference & Exhibition*, '01
- *Annual Meeting of Kentucky Dietetic Association*, '01
- *Regional Dietitians' Nutrition Forums (x3), ServiceMaster, Inc.*, AZ, FL, IL, '01
- *Annual Meeting of New Mexico Dietetic Association*, '01
- *Annual Meeting of Michigan Dietetic Association*, '01
- *Annual Meeting of Kansas Dietetic Association*, '01
- *Annual Meeting of American Society of Healthcare Food Service Administrators*, '01
- *Audio Internet Educational Conference on Outpatient MNT Reimbursement, American Society of Healthcare Food Service Administrators*, '01
- *Annual Nutrition Forum, University of Medicine and Dentistry of New Jersey*, '01
- *Annual Reimbursement Workshop of American Dietetic Association*, '01
- *Annual Meeting of University Health Systems Consortium, Nutrition Practice Group*, '00
- *Annual Meeting of Illinois Dietetic Association*, '99, '00, '01
- *Government Affairs Workshops, Illinois Dietetic Association*, '98, '99, '00
- *Continuing Education Meeting, Illinois South Suburban Dietetic Association*, '99
- *Healthy Nutrition, Medicare + Choice Enrollees, Advocate Health Care, IL*, '99
- *Healthy Nutrition, American Society on Aging, Local Illinois Chapter*, '99
- *Senior Talks on Nutrition, Senior Health Care Centers, Bridgeview, IL*, '99 – '00
- *Senior Meetings, Healthy Nutrition, Local Recreation Departments*, '99 – '00

## AUTHOR

- 1) Article, *Optimize Your Health Insurance Coverage to Optimize Your Diabetes Management*, *Diabetes Self-Management Magazine*, '17
- 2) Toolkit for the Academy of Nutrition and Dietetics, *Intensive Behavioral Therapy for Obesity: Putting It Into Practice*, co-author, '17
- 3) Article, *Beach Picnics and Barbeques: The Scoop on Portion Control for Better Blood Sugar*, *Diabetes Self-Management Magazine*, '16
- 4) Toolkit for the Quality Improvement Programs of the Centers for Medicare and Medicaid Services): *Checklist of Components for Establishing and Sustaining an AADE-Accredited or ADA-Recognized Diabetes Self-Management Training (DSMT) Program*, '16
- 5) Toolkit for the Quality Improvement Programs of the Centers for Medicare and Medicaid Services (CMS): *Business Plan Guide for Diabetes Self-Management Education and Support (DSMES) Programs*, '16
- 6) Article, *Diabetes Educators in Accountable Care Organizations: Meeting Quality Measures Through Diabetes Self-Management Education & Care Coordination*, *American Journal of Managed Care*, Dec., '16
- 7) Article, *Overcoming Hurdles of ICD-10 Coding*, *Endocrine Today* magazine, July, '16
- 8) *DSMES Program Management*, 6 hour online CE course for the AADE with voice over teaching and downloadable PowerPoint of 5 components of professional business plan for a DSMES program, '14
  - Updated in January, '17
- 9) *Meeting the Need for Obesity Treatment: A Toolkit for the RD/PCP Partnership (AND publication on Medicare Intensive Behavior Therapy for Obesity Benefit)*, '13 (co-author)
- 10) *Dialoguing with Patients with Diabetes to Help Optimize Insulin Therapy and Glycemic Control*, audio CE lecture for website for Present Diabetes e-Learning Systems, Inc., '12
- 11) *Reimbursement for MNT and DSMES for the RD in a Multidisciplinary Medical Practice*, *On the Cutting Edge Newsletter on the Diabetes Care and Education Practice Group of the Academy of Nutrition and Dietetics*, Spring Issue, '12
- 12) *Marketing Tips for RDs Who Wish to Attain and Maintain Position in a Multidisciplinary Medical Practice*, *On the Cutting Edge Newsletter on the Diabetes Care and Education Practice Group of the Academy of Nutrition and Dietetics*, Spring Issue, '12
- 13) *Elements of Ethical Billing*, *Journal of the Academy of Nutrition and Dietetics*, 1<sup>st</sup> quarter issue, '12

- 14) Shared Medical Appointments Offer Financial Benefits, Family Practice News, '10
- 15) Decision Support for Dietary Supplements and the ABCs of Diabetes, AADE in Practice issue, '09
- 16) Comparison of Empowerment Model to Compliance Model for Patient Behavior Change, AADE in Practice issue, '08
- 17) Using the Chronic Care Model to Enhance the Quality of DSMES Teams and Improve Patient Outcomes, AADE in Practice issue, '07
- 15) Patient education slick titled *Meal Replacements for People with Diabetes*, Novartis Nutrition
- 16) Administration on Aging in U.S. Department of Health and Human Services, '06: *How to Manual for Providing Medicare MNT and Therapeutic Diet Meals to Homebound Seniors in Federally-Sponsored Elderly Nutrition Programs*, '05 – '06
- 17) Topics in Clinical Nutrition Journal: *Medical Nutrition Therapy Reimbursement Update*: '06
- 18) Select modules for AADE's online *Reimbursement Guide for Diabetes Educators*, '06, '07
- 19) Today's Dietitian (trade magazine): several articles in '05 – '07:
  - o *Medical Nutrition Therapy for Gestational Diabetes Mellitus*
  - o *The Recommended Nutrition and Lifestyle Interventions to Normalize Blood Lipids in Persons with Diabetes*
  - o *Meal Replacement Products for People with Diabetes*
  - o *Medicare MNT Reimbursement Update*
  - o *Women and Diabetes*
  - o *Alzheimer's Alert: Is There a Diabetes-Brain Connection?*
- 20) American Dietetic Association, Illinois Dietetic Association and ADA Dietetic Practice Groups: several articles for their newsletters and websites, '04 – '08
- 21) *A Quick Guide to Medicare MNT and DSMES*: published by the AADE, '04

## **BOARD OF DIRECTORS, CHAIR, ADVISORY and EDITORIAL BOARDS**

- 1) CDC DSMES Toolkit Advisory Committee, 2018
- 2) Advisory Board, University of North Carolina's Center for Health Promotion and Disease Prevention and the Population Health Improvement Partnership, '16 – '17
- 3) Chair, AADE Advanced Practice Community of Interest, '16
- 4) Board of Directors, American Association of Diabetes Educators, '13 to '15
- 5) Super-Reviewer for *On the Cutting Edge*, themed newsletter for the Diabetes Care and Education Practice Group of the Academy of Nutrition and Dietetics, '15
- 6) University of Illinois' External Advisory Board for:
  - Dept. of Food Science and Human Nutrition, '06 – '09
  - Dept. of Dietetics in College of Agriculture, Consumer and Environmental Sciences, '06 –'11
- 4) Editorial Board of AADE in Practice, newsletter publication for AADE members, '07, '08
- 5) Illinois Dietetic Association board of directors, '02 -- '05
- 6) Johnson and Johnson Pharmaceutical Services, Inc., Advisory Committee for PRO-T2-DM (diabetes medication), '09

## **SELF-PUBLISHER, TWITTER CHAT and BLOG CONTRIBUTOR**

- 1) Complete package of *Turn Key Written Materials to Achieve American Association of Diabetes Educators Accreditation or American Diabetes Association Recognition for a DSMES Program* (one of which is required for reimbursement of Medicare's Diabetes Self-Management Training (DSMT) benefit
  - a. Includes DSMES Program Policy and Procedure Manual (consistent with 2017 National Standards of DSMES) and patient, provider and diabetes educator forms and templates (clinical, operational, marketing, financial and quality management)
  - b. To date, 12 clients who have purchased materials have achieved AADE accreditation with no edits required by AADE
- 2) Omni Media Channel, member of its Diabetes Influencers (to do Twitter Chats and consumer articles on



- diabetes self-management), '15 to present
- 3) *"Navigating the Maze in Community-Based Pharmacy Programs: Overcoming the Obstacles to Reimbursement for DSMES"*, booklet published by the American Association of Diabetes Educators
  - 4) *Money Matters in Medical Nutrition Therapy and Diabetes Self-Management Education: Increasing Reimbursement Success in All Practice Settings, The Complete Guide*" © 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> ed. (original '99)
  - 5) *EZ Forms for the Busy RD* © (CD-r)
  - 6) *3-D DSMES/MNT Teaching Aids 'How-To' Kit*
    - a. *Kit of 20 monographs describing each of Mary Ann's 20 separate 3-D teaching aids.*
    - b. *Each monograph contains: actual photo of 3-D teaching aid, what to purchase for making it, assembly instructions, fun teaching points, current evidence-based guidelines and references.*
  - 7) *Establishing a Successful Outpatient MNT Clinic in Any Practice Setting, the Complete Guide*" © 1<sup>st</sup>, 2<sup>nd</sup> editions (original copyright, '99)
  - 8) Short-Term, Cost-Savings MNT Outcomes Collection Project, by Illinois Dietetic Association's Reimbursement Committee
  - 9) Designer of the "Complete Private Practice Tool Kit" for the 'Nutrition Entrepreneurs' Dietetic Practice Group of the American Dietetic Association
  - 10) Your Step-By-Step Guide for Establishing a Hospital-Based Outpatient MNT Clinic
  - 11) Heart Healthy Eating and Lifestyle Plan
  - 12) Just for Women: 5 Star Healthy Eating Plan
  - 13) Nutrition and Aging: Take Care of Yourself, The Best is Yet to Come
  - 14) Healthy Nutrition for the Alzheimer's Patient—A Caregiver's Guide

### **PROFESSIONAL MEMBERSHIPS, POSITIONS and HONORS**

- American Association of Diabetes Educators (AADE)
- Academy of Nutrition and Dietetics (AND)
- Nominated for Award in Excellence by Academy of Nutrition and Dietetics Weight Management Dietetic Practice Group, '16
- Appointed by President of AND to:
  - *Legislative and Public Policy Committee*, 3 year term ('07 - '09)
  - *Medical Nutrition Therapy Coding and Coverage Committee*, 3 year term ('07 - '09)
- Appointed into "Cambridge Who's Who Among Executives and Professionals", '07
- Illinois Academy of Nutrition and Dietetics (Reimbursement Chair, '02 – '12)
- Clinical Nutrition Managers (CNM), Dietetic Practice Group, ADA and Reimbursement Coordinator, '06 – '07
- Nutrition Entrepreneurs (NE), Dietetic Practice Group, ADA and Reimbursement Chair, '01 – '07
- Diabetes Care and Education (DCE), Dietetic Practice Group, AND
- Dietitians in Business and Communications, Dietetic Practice Group, AND
- American Diabetes Association
- Wellness Council of America

### **TASK FORCES, WORK GROUPS, EXPERT PANELS and ADVOCACY**

- Expert panel for the Academy of Nutrition and Dietetics: writing of AND's official comments to the Administrator of the Centers for Medicare and Medicaid Services, Department of Health and Human Services on the Diabetes Prevention Program proposed rules, '17
- Expert panel for the Academy of Nutrition and Dietetics: Survey and Recommendations for the Work Relative Value Units (RVUs) for the Diabetes Self-Management Training HCPCS Codes (for the AMA/Specialty Society RVS Update Process), '17

- AADE Advocacy Action Center, '16
- AADE Public Policy Forum, Washington, DC. Training for and face-to-face visits with own state Senators and Congressmen to advocate for bill "Access to Quality Diabetes Self-Management Education", '13, '14, '15
- Development of table summarizing "Elements of Ethical Billing for Nutrition Professionals", requested by the CEO of the American Dietetic Association in Aug., '11, for publication in the Journal of the American Dietetic Association
- Development of universal referral form for MNT/DSMES (members of American Dietetic Association, American Diabetes Association and American Association of Diabetes Educators), '04 – '05
- Save Our Seniors MNT Diabetes and Hypercholesterolemia Research Study (Dept. of Social Services, Senior Nutrition Program, Charlotte, NC), '04
- Medicare MNT Instructional Document Project (members of American Dietetic Association, American Diabetes Association and American Association of Diabetes Educators), '01
- Medicare MNT Task Force of American Dietetic Association, '99 – '01

### **PREVIOUS SALARIED EMPLOYMENT (Non-Consultant)**

#### **Certified Diabetes Educator and Nutrition Therapist, Outpatient Diabetes Education Program and Nutrition Clinic, November, '05 – March, '08 (0.5 FTE), Palos Community Hospital, Palos Heights, IL**

- Educated patients in American Diabetes Association recognized Diabetes Self-Management Education Program.
- Furnished Medical Nutrition Therapy in various disease states and for wellness to patients referred by physicians (am a Medicare provider for MNT).
- Educated patients in multi-session weight management program and cholesterol lowering counseling program.
- Developed and gave presentations to staff physicians and community (consumers) on wellness, diabetes, nutrition and MNT for various disease states.

#### **Certified Diabetes Educator and DSMT Program Coordinator, Outpatient Diabetes Center, January, '03 – November, '05 (0.5 FTE), Little Company of Mary Hospital & Healthcare Centers, Evergreen Park, IL**

- In 2002, appointed to President-chartered Committee to design new **Diabetes Center**, impetus for which was the successful ten hour Diabetes Self-Management Education Program I developed and taught for three years prior. Diabetes Center opened January, 2003. In first year, my achievements were:
  - Obtained American Diabetes Association Education Program Recognition of DSMES program (Medicare reimbursement requirement)
  - Developed group and individual Medicare MNT program, protocols of which are compliant to American Dietetic Association's "*MNT Evidence-Based Guides for Practice for Diabetes*" (Medicare reimbursement requirement)
    - Collaborated with IT Dept. to develop customized software for data collection and analysis
    - Wrote policies and procedures
  - Created all clinical, educational and billing forms
    - Developed marketing materials with Public Relations and Marketing Dept.
    - Developed charge description master with Finance Dept., billing procedures and reimbursement report

#### **Manager and Nutrition Therapist, Outpatient Medical Nutrition Therapy Clinic, April, '87 – December, '02 (0.5 FTE) Little Company of Mary Hospital & Healthcare Centers, Evergreen Park, IL**

- As a 0.5 FTE, designed new **MNT Clinic** in Food and Nutrition Services Dept.; developed and taught:
  - Diabetes Self-Management Education Program (ten hours, individual and group).
  - Diabetes, renal and cardiovascular MNT programs (multiple sessions, individual and group).
  - Weight Management - Behavior Modification Program (seven sessions, individual and group).
- Collaborated with IT Dept. to develop customized software for data collection and analysis.
- Worked with Finance Department to establish systems for successful insurance reimbursement:
  - Average annual insurance revenue: \$30,000 (0.5 FTE). Over 90% of MNT third party claims paid by end of second year of operations (60-75% reimbursement rate on individual claims).
- Worked with Marketing Dept. on creation of MNT Clinic's marketing plan.
- Collaborated with medical staff (referral source) on clinical and medical issues for MNT Clinic.

- Furnished Medical Nutrition Therapy in various disease states and for wellness to patients referred by physicians.
- Educated patients in multi-session weight management program and cholesterol lowering counseling program.
- Gave presentations to staff physicians and community (consumers) on diabetes and MNT for various disease states.

**Assistant Food and Nutrition Services Director, '84--'87 (Full-Time), Little Company of Mary Hospital & Healthcare Centers, Evergreen Park, IL**

- Responsible for 5 kitchen supervisors and 2 department secretaries
- Responsible for inpatient food service operations, which included employee supervision, scheduling, tray line, budgeting, sanitation, employee in-service education and management information systems.

**Chief Clinical Dietitian, '80--'84 (Full-Time), Little Company of Mary Hospital & Healthcare Centers, Evergreen Park, IL**

- Supervised approximately 10 registered dietitians and 22 dietitian assistants each year
- Responsible for comprehensive nutrition therapy and nutrition counseling of 400 inpatients, according to protocols by the American Dietetic Association and Joint Commission of Accreditation of Hospitals
- Converted all manual diet office operations to customized electronic system in conjunction with IT Dept.
- Responsible for inpatient menu development; converted paper menu system to electronic
- Designed and completed Cost-Benefit Study of Step I American Heart Association Diet Provided by Registered Dietitians at Little Company of Mary Hospital and Health Care Centers
  - Required excellent skill in: personnel supervision; written and oral communication with employees, medical staff and hospital administration; policy and procedure development; management information technology; intra-department work/systems flow between food service and clinical nutrition staff

**American Dietetic Association Dietetic Traineeship Director and Education Dietitian, '76—'80 (Full-Time), Little Company of Mary Hospital & Healthcare Centers, Evergreen Park, IL**

- Responsible for trainee application and selection process; program curriculum, testing and quarterly trainee evaluations; budget; trainee rotation in divisions of Food and Nutrition Services Dept.; and American Dietetic Association program certification compliance. Two trainees/each 12 month program; 4 programs completed.

**PRIOR to LITTLE COMPANY OF MARY HOSPITAL & HEALTHCARE CENTERS:**

- Inpatient Clinical Dietitian, Gottlieb Hospital, Melrose Park, IL, ARA Food Service Company, '74—'76 (Full-Time)

**Current References:**

Name, Title and Affiliation	Contact Information
April B. Reese, MPH <ul style="list-style-type: none"> <li>• Public Health Consultant   Diabetes Team</li> <li>• National Association of Chronic Disease Directors</li> </ul>	<ul style="list-style-type: none"> <li>• (919) 771-3178</li> <li>• areese@chronicdisease.org</li> </ul>
Amparo Gonzalez, MPH, RN, CDE, FAADE <ul style="list-style-type: none"> <li>• Senior Director, Global Professional Education and Professional Relations</li> <li>• LifeScan Diabetes Institute</li> </ul>	<ul style="list-style-type: none"> <li>• agonza58@ITS.JNJ.com</li> <li>• 408-582-8555</li> </ul>
Riana Buford, MSA, MCHES <ul style="list-style-type: none"> <li>• Public Health Analyst, Chronic Disease Division, Community Health Administration</li> <li>• District of Columbia Dept. of Health and Human Services</li> </ul>	<ul style="list-style-type: none"> <li>• 202-442-5910</li> <li>• riana.buford@dc.gov</li> </ul>
Sue Vaeth <ul style="list-style-type: none"> <li>• Diabetes Program Coordinator</li> <li>• Maryland Dept. of Health and Human Service</li> <li>• Center for Chronic Disease Prevention and Control</li> <li>• DHMH Prevention and Health Promotion Administration</li> </ul>	<ul style="list-style-type: none"> <li>• 410-767-8783</li> <li>• sue.vaeth@maryland.gov</li> </ul>
Meredith Koob <ul style="list-style-type: none"> <li>• Senior Quality Improvement Facilitator</li> </ul>	<ul style="list-style-type: none"> <li>• 303.260.9346</li> <li>• mkoob@telligen.com</li> </ul>

<ul style="list-style-type: none"> <li>• Telligen (CMS Quality Improvement Network...QIN)</li> <li>• Colorado territory</li> </ul>	
<p>Hope Warshaw, MMSc, RDN, CDE, BC-ADM</p> <ul style="list-style-type: none"> <li>• Owner, Hope Warshaw Associates, LLC</li> <li>• Past President, American Association of Diabetes Educators</li> </ul>	<ul style="list-style-type: none"> <li>• 703-780-7207</li> <li>• hope@hopewarshaw.com</li> </ul>
<p>Marci Butcher, RDN, CDE</p> <ul style="list-style-type: none"> <li>• Montana Dept. of Health and Human Services</li> <li>• Montana Diabetes Program</li> </ul>	<ul style="list-style-type: none"> <li>• 406-535-4797</li> <li>• mbutcher@midrivers.com</li> </ul>
<p>Karen Ten Cate, MA, RDN, CDE</p> <ul style="list-style-type: none"> <li>• Senior Quality Improvement Facilitator</li> <li>• Quality Innovation Network National Coordinating Center (QIN NCC) <ul style="list-style-type: none"> <li>○ Supports national network of 14 QIN-QIOs work of implementing the national quality initiatives of CMS' Quality Improvement Organization (QIO) Program.</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• 317-864-0277</li> <li>• Karen.TenCate@area-G.hcqis.org</li> </ul>
<p>Kayla Abel, MS, RDN, LMNT</p> <ul style="list-style-type: none"> <li>• Nutrition Coordinator</li> <li>• Nebraska Department of Health and Human Services</li> </ul>	<ul style="list-style-type: none"> <li>• 402-471-3442</li> <li>• Kayla.abel@nebraska.gov</li> </ul>
<p>Abby Radcliffe</p> <ul style="list-style-type: none"> <li>• Director, Small and Rural Hospital Constituency Section</li> <li>• Membership &amp; Education</li> <li>• Illinois Health and Hospital Association</li> </ul>	<ul style="list-style-type: none"> <li>• 217.541.1178</li> <li>• aradcliffe@team-iha.org</li> </ul>
<p>Randi Belhumeur, MS RDN, CDOE</p> <ul style="list-style-type: none"> <li>• Program Administrator, Diabetes, Heart Disease and Stroke Program, Division of Community, Health and Equity</li> <li>• Rhode Island Department of Health</li> </ul>	<ul style="list-style-type: none"> <li>• 401.222.3667</li> <li>• Randi.Belhumeur@health.ri.gov</li> </ul>
<p>Joyce Lopez, RN MS</p> <ul style="list-style-type: none"> <li>• Program Manager</li> <li>• Prevention Center for Advancement of Wellness</li> <li>• Oklahoma State Dept. of Health</li> </ul>	<ul style="list-style-type: none"> <li>• (405) 271.4072</li> <li>• JoyceL@health.ok.gov</li> </ul>
<p>Kim Lombard, MS, RDN, CDE</p> <ul style="list-style-type: none"> <li>• DSMT Certification Program Coordinator, Diabetes and Kidney Unit</li> <li>• Michigan Department of Health and Human Services</li> </ul>	<ul style="list-style-type: none"> <li>• 517.373.2818</li> <li>• Lombardk@michigan.gov</li> </ul>
<p>Martha Bradley, MS</p> <ul style="list-style-type: none"> <li>• Senior Consultant</li> <li>• Community Health Institute, New Hampshire's Public Health Institute</li> <li>• Parent organization: JSI Research and Training Institute, Inc</li> </ul>	<ul style="list-style-type: none"> <li>• 603.573.3318</li> <li>• mbradley@jsi.com</li> </ul>
<p>Marsha Schofield MS, RD, LD, FAND</p> <ul style="list-style-type: none"> <li>• Director, Nutrition Services Coverage</li> <li>• Academy of Nutrition and Dietetics, Chicago office</li> </ul>	<ul style="list-style-type: none"> <li>• 800-877-1600 ext. 4787</li> <li>• mschofield@eatright.org</li> </ul>
<p>Laura Edwards</p> <ul style="list-style-type: none"> <li>• President and CEO</li> <li>• Collaborative Health Solutions</li> </ul>	<ul style="list-style-type: none"> <li>• 919-802-6611</li> <li>• laura.edwards@collaborativehealthsolutions.org</li> </ul>