

CAGE-AID (Adapted to Include Drugs)

Instructions: Answer *Yes* or *No* to each of the following questions.

1. Have you ever felt you ought to *cut* down on your drinking or drug use?
 Yes (1)
 No (0)
2. Have people *annoyed* you by criticizing your drinking or drug use?
 Yes (1)
 No (0)
3. Have you ever felt bad or *guilty* about your drinking or drug use?
 Yes (1)
 No (0)
4. Have you ever had a drink or used drugs first thing in the morning to steady your nerves or get rid of a hangover (*eye-opener*)?
 Yes (1)
 No (0)

For the total score, add the numerical value of each answer.

TOTAL SCORE: _____

A score of 2 or more may indicate clinically significant alcohol or drug problems.

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