



DES MOINES
UNIVERSITY

Student Education Center Auditorium
3300 Grand Avenue, Des Moines, Iowa



April 27-28,
2012

PURPOSE

The symposium will cover a broad spectrum of foot and ankle surgery topics. Each topic will thoroughly review the literature, demonstrate new techniques, and discuss risk, benefits and complications of various foot and ankle procedures.

TARGET AUDIENCE

Foot and ankle surgeons, podiatric residents and podiatric students in the Midwest region.

OBJECTIVES

Upon completion of this symposium, participants will be able to:

- Identify foot and ankle conditions commonly seen in the athlete and develop appropriate skills in the treatment of competitive athletes.
- Read EMG results, identify and diagnosis neurogenic pathology, and develop appropriate treatment plans for nerve conditions of the foot and ankle.
- Identify, diagnose, and develop treatment plans for typical foot and ankle office injuries.
- Discuss up-to-date evidence based medicine, specifically the EBM of various foot and ankle conditions.
- Discuss and recognize various complicated conditions of the first ray, leading to more appropriate treatment and surgical techniques.

FOURTH ANNUAL DES MOINES UNIVERSITY

Foot & Ankle Surgery Symposium

Program Chair – Michael Lee, D.P.M., FACFAS

Program Co-Chair – R. Tim Yoho, D.P.M., FACFAS

Faculty include:

Donna Bahls, M.D., West Des Moines, IA

Eric Barp, D.P.M., FACFAS, West Des Moines, IA

Don Buddecke, D.P.M., FACFAS, Bellevue, NE

Michelle Butterworth, D.P.M., FACFAS, Kingstree, SC

D. Martin Chaney, D.P.M., M.S., FACFAS, San Antonio, TX

Jill Frerichs, D.P.M., FACFAS, West Des Moines, IA

Katherine Frush, D.P.M., AACFAS, Des Moines, IA

Michael Lee, D.P.M., FACFAS, West Des Moines, IA

James Mahoney, D.P.M., FACFAS, Des Moines, IA

Christopher Reeves, D.P.M., FACFAS, Orlando, FL

Thomas Roukis, D.P.M., Ph.D., FACFAS, La Crosse, WI

Continuing Education Credits

CPME: Des Moines University Continuing Medical Education is approved by the Council of Podiatric Medical Education as a sponsor of continuing education in podiatric medicine. This activity has been reviewed and approved for a maximum of 12.0 continuing education contact hours.

Other: Attendees will be given a certificate of participation for a maximum of 12.0 continuing education hours.

Commercial Support

Educational grants are not being accepted for this activity.

To register, please visit www.dmu.edu/fa2012 or contact Vanessa at 515-271-1541 or cme@dmu.edu.

There is a fee of \$125 (\$25 for students), which includes course materials, Saturday box lunch, and refreshments.

Cancellations will be accepted until April 23, 2012.

Foot & Ankle Surgery Symposium

DES MOINES UNIVERSITY • APRIL 27-28, 2012

AGENDA

Friday, April 27, 2012

12:55 p.m. Welcome
Michael Lee, D.P.M., FACFAS

Sports Medicine

1:00 p.m. Peroneal Tendon Repair
D. Martin Chaney, D.P.M., M.S., FACFAS

1:20 p.m. Should the Achilles be Fixed?
Christopher Reeves, D.P.M., FACFAS

1:40 p.m. In-Step Plantar Fasciectomy
Michelle Butterworth, D.P.M., FACFAS

2:00 p.m. Lateral Ankle Stabilizations
Eric Barp, D.P.M., FACFAS

2:20 p.m. Arthroscopic Assisted Ankle Fractures
Michael Lee, D.P.M., FACFAS

2:40 p.m. Question and Panel Discussion

3:00 p.m. Break

Trauma 8 to 5 (Office Trauma)

3:15 p.m. 5th Metatarsal Base Fractures
Christopher Reeves, D.P.M., FACFAS

3:35 p.m. Puncture Wounds
Michelle Butterworth, D.P.M., FACFAS

3:55 p.m. LisFranc Fractures
Michael Lee, D.P.M., FACFAS

4:15 p.m. Stress Fractures in the Female Athlete
Jill Frerichs, D.P.M., FACFAS

4:35 p.m. Dealing with Other Office Emergencies
Eric Barp, D.P.M., FACFAS

4:55 p.m. Question and Panel Discussion

5:15 p.m. Adjourn

Saturday, April 28, 2012

7:30 a.m. Breakfast

Decisions in Nerve Surgery

8:00 a.m. Understanding EMGS
Donna Bahls, M.D.

8:20 a.m. Neuroma Surgery
Michelle Butterworth, D.P.M., FACFAS

8:40 a.m. Tarsal Tunnel Surgery
D. Martin Chaney, D.P.M., M.S., FACFAS

9:00 a.m. Nerve Entrapments of the Foot
Don Buddecke, D.P.M., FACFAS

9:20 a.m. Painful Diabetic Neuropathy
Thomas Roukis, D.P.M., Ph.D., FACFAS

9:40 a.m. Question and Panel Discussion

10:00 a.m. Break

EBM – What We Know About Foot Surgery

10:15 a.m. Number Needed to Treat and Odds Ratios for Dummies
James Mahoney, D.P.M., FACFAS

10:35 a.m. Hallex Rigidus
Thomas Roukis, D.P.M., Ph.D., FACFAS

10:55 a.m. DVT Prophylaxis: What We Know, or Don't Know
Michelle Butterworth, D.P.M., FACFAS

11:15 a.m. Ankle Fractures
Eric Barp, D.P.M., FACFAS

11:35 a.m. Tissue Grafts: Fact or Fiction
Michael Lee, D.P.M., FACFAS

11:55 a.m. Question and Panel Discussion

12:15 p.m. Lunch

The Complicated First Ray

1:15 p.m. Implant v. Fusion
Katherine Frush, D.P.M., AACFAS

1:35 p.m. Opening Base Wedge Osteotomy
D. Martin Chaney, D.P.M., M.S., FACFAS

1:55 p.m. Nonunion After Bunion Surgery
Christopher Reeves, D.P.M., FACFAS

2:15 p.m. Recurrent Hallux Valgus
Michael Lee, D.P.M., FACFAS

2:35 p.m. Complication of Bunion Surgery
Don Buddecke, D.P.M., FACFAS

2:55 p.m. Question and Panel Discussion

3:15 p.m. Break

Controversies in the Hindfoot

3:30 p.m. TTC Fusions with IM Nails
Thomas Roukis, D.P.M., Ph.D., FACFAS

3:50 p.m. The Subtle Cavus Algorithm
Christopher Reeves, D.P.M., FACFAS

4:10 p.m. 4th/5th Cuboid DJD
D. Martin Chaney, D.P.M., M.S., FACFAS

4:30 p.m. Role of the Medial Column in Flatfoot
Don Buddecke, D.P.M., FACFAS

4:50 p.m. Subtalar Arthroeresis in Adults
Jill Frerichs, D.P.M., FACFAS

5:10 p.m. Question and Panel Discussion

5:30 p.m. Adjourn