


OSTEOCHONDRAL LESIONS OF THE TALUS

OVERVIEW

Registration

There isn't a cost to participate in this online course. The estimated time to complete this course is 30 minutes. Learners will be asked to complete an activity post-assessment with a pass score of 75%. 

You must **login** or **create an account** before enrolling in this educational activity.

Once you register for the course, you will have 30 days from the date of enrollment to complete the course. The exact date that your access expires will be indicated within the Course Summary box on this webpage.

TARGET AUDIENCE

Foot and ankle providers (DPM, DO, MD, NP, PA, PT).

EDUCATIONAL NEED

Osteochondral lesions of the talus (OLTs) are a difficult pathologic entity to treat. Lesion size, location, chronicity, and characteristics such as displacement and the presence of subchondral cysts help dictate the appropriate treatment required to achieve a satisfactory result. In general, operative treatment is reserved for patients with displaced OLTs or for patients who have failed nonoperative treatment for 3 to 6 months. Operative treatments can be broken down into cartilage repair, replacement, and regenerative strategies. There are many promising treatment options, and research is needed to elucidate which are superior to minimize the morbidity from OLTs.

OBJECTIVES



- Diagnosis osteochondral lesion of the talus.
 - List two surgical techniques for bone marrow stimulation surgery for the treatment of osteochondral lesions of the talus.
 - Review post-operative recovery protocol.
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SPEAKER(S)



Sean T. Grambart, DPM, FACFAS

*Assistant Professor, College of Podiatric Medicine and Surgery, Des Moines University
Past-President, American College of Foot and Ankle Surgeons*


Dr. Grambart joined the Des Moines University Foot and Ankle Clinic and College of Podiatric Medicine and Surgery in Fall 2019 after practicing with the Urbana, IL-based Carle Physician Group and Carle Foundation Hospital's surgery department since 2004.

He is a Diplomat and board-certified physician in foot surgery and ankle/rearfoot surgery by the American Board of Foot and Ankle Surgery. He also is a past president and current Fellow of the American College of Foot and Ankle Surgeons.

A frequent presenter at podiatric medical conferences with numerous published articles and textbook chapters, Dr. Grambart completed a surgical residency with the Northwest Podiatric Surgical Program at the Swedish Medical Center-Providence campus in Seattle and a trauma

and reconstruction fellowship in Dresden, Germany. He was the 2014 CPMS Alumnus of the Year.

[Full biography.](#)

Relevant to the content of this educational activity, Dr. Grambart indicates he is on the design team for Orthosolutions. Dr. Grambart does not intend to discuss off-label uses of a commercial product(s)/device(s). 

CE CREDITS

ACCREDITATION STATEMENTS

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- **MD:** This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Iowa Medical Society (IMS). Des Moines University (DMU) is accredited by the IMS to provide continuing medical education for physicians. DMU designates this enduring materials activity for a maximum of 0.5 *AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity. 
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EDUCATIONAL GRANTS

No commercial interest company provided financial support for this continuing education activity.

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